| Sample Letter for "Age-Out Patients"   |
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| Date:  |
| Patient:   |
| Dear Parent,   |
| We are writing to you regarding your child whom we have together cared for and watched grow into a young adult. Your child will attain adult health care status at the twentieth birthday and will thereafter require a physician experienced and trained in providing care to adults.   |
| To help plan for this transition please call us at office phone number to schedule a final well examination. At this appointment we will address health maintenance, healthy lifestyle choices, immunizations, and perform a final physical examination. If your child has a chronic disease that requires medication, this will also be reviewed so that you will have medication until you establish care with a family doctor or internist at age 20. |
| If you have already established care with an adult care doctor, please complete the enclosed "Medical Release" and we will forward a copy of your child's records to the new physician.  |
| Sincerely,   |
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| Enter Pediatrician's office name   |