

Health Related Social Needs Resources

Here are some food, housing, utilities, and transportation resources that may be able to help you and your family!

Resources Related To COVID-19

- **CAP4Kids** website has updated COVID-19 resources to help with housing, food, unemployment, and more! CAP4Kids.org/Columbus/coronavirus
- For answers to questions like how to prepare and protect your family OR what to do if you think you are sick, visit Coronavirus.gov or Coronavirus.Ohio.gov.



Resources When You Need Help Right Away

- If currently **homeless** (no safe place to spend the night) - (614) 274-7000. If risk of future homelessness - dial 2-1-1
- **Emergency Food** - (614) 341-2282 (M-F; 8 a.m. to 4 p.m.), text “food” to (614) 702-7772, or dial 2-1-1



- **Utilities** (gas, electric, water) and **Transportation** - dial 2-1-1



Resources To Help At Other Times

- Visit the **CAP4Kids** website, choose your language, and search for “housing,” “food,” “transportation,” or “utilities” for help. CAP4Kids.org/Columbus
- Contact **Ohio Benefits System** to manage or apply for benefits such as food and healthcare. Benefits.Ohio.gov or call (844) 640-OHIO (6446) or (614) 233-2000



- **HandsOn Central Ohio** is a free call service that helps people find resources. HandsOnCentralOhio.org or dial 2-1-1 24- hours, 7 days a week
- Contact your insurance provider, who may help you get to and from medical appointments



Resources Outside of Franklin County or Ohio

- Find your local **Ohio Department of Jobs and Family Services** office. jfs.ohio.gov OR for other states, usa.gov/benefits
- Contact your local **United Way** to find resources. UnitedWay.org/find-your-united-way.
- Call your local **2-1-1** organization to find resources. 211.org

Other Community Agencies that May Link You To Help

Muslim Family Services of Ohio
(614) 470-2848 | help@mfsOhio.org

Ohio Hispanic Coalition
(614) 840-9934

Ethiopian Tewahedo Social Services (ETSS)
(614) 252-5362 | info@ethiotss.org

Bhutanese Nepali Community of Columbus (BNCC)
(614) 396-8965

Asian American Community Services (AACS)
(614) 220-4023

Somali Community Association of Ohio
(614) 262-4068

If you have other questions or concerns please ask your health care team.



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