# Elwyn's Philadelphia Resource List for Autism and Special Needs



This listing in compiled by a network of Philadelphia professionals and families. The purpose of this guide is to share information about resources and in no manner whatsoever supports, profits or takes responsibility for the agencies, services, and individuals noted herein. This listing is updated annually by Karen Krivit and Missy Modesti, at Philadelphia Elwyn.

Please submit new or updated information to <u>krivitk@elwyn.org</u>, call 215-460-7725, or mail: 4025 Chestnut Street, 2<sup>nd floor</sup>, Philadelphia PA 19104.

If you are looking for information or resources and you can't find it in here please contact us.

This listing was last updated on 3/15/13

This document is available on line at http://www.cap4kids.org/philadelphia/ under Resource

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1Anna Baumgaertel, developmental pediatrician 31 N. Narberth Ave 484-439-126619072Insurance: private pay, sliding scale. Info: Kids under 5 and up, evaluates for autism, e medications, no wrap around.2Bethanna 1212 Wood St 215-568-2435Insurance: MA Only (Dr. Marueen Fee, Develop consults weekly). Info: Kids under 5 and up, eval evaluate for medication, provide wrap around.3Eric Berger, developmental pediatrician 1740 South Street 215-735-560019146Insurance: private insurance and occasionally ac MA. Must also use his pediatrics practice: Center qualify for evaluation. Info: Kids under 5 and up, evaluates for Autism, e	
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31 N. Narberth Ave       31 N. Narberth Ave         484-439-1266       Insurance: MA Only (Dr. Marueen Fee, Developmental pediatrician 1740 South         1212 Wood St       Insurance: MA Only (Dr. Marueen Fee, Developmental pediatrician 1740 South         13       Eric Berger, developmental pediatrician 1740 South	nental Pediatrician
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3       Eric Berger, developmental pediatrician 1740 South       19146       Insurance: private insurance and occasionally ac MA. Must also use his pediatrics practice: Center qualify for evaluation.	
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pediatrician 1740 South qualify for evaluation.	
	City Pediatrics to
Stroot 215 725 5600	
	evaluates for
medications, no wrap-around	
4 Melissa Brand, Child 19102 Insurance: Private Pay (also see's children at NE	T who have MA). Info:
Psychologist. Children under 5 and up, evaluates for autism, d	oes not evaluate for
1601 Walnut St. medication, no wrap around.	
215-514-4610	
5 Center for Autism 19131 Insurance: MA, Blue Cross, Personal Choice, Key	stone HP East .
3905 Ford Rd All evaluations at Ford Rd location. Info: Childre	
215-878-3400 evaluate for autism, evaluate for medication, no	•
Comprehensive day and afterschool programs.	
2801 Grant Ave 19114	
215-220-2163	
6 Chestnut Hill College 19031 Insurance: Private Pay and Sliding Fee. Info: Kid	ls 6 and up, evaluate for
1107 Bethlehem Pike autism, does not evaluate for medication, no wr	-
Flourtown, PA	
215-242-7726	
7 Child Guidance Resource 19153 Insurance: MA Only. Info: Kids under 5 and up,	evaluate for autism,
<b>Center/Kencrest</b> evaluate for medication, provide wrap around.	
Autsim Center of Comprehensive autism evaluations, assessment	and treatment,
Excellence including case management, after school progra	
2901 Island Ave parent support, PRT and Hanen.	-,
8 Child Guidance Resource 19083 Insurance: MA, Aetna, Better Health. Info: Kids	s under 5. evaluate for
<b>Center</b> autism, evaluate for medication, provide wrap a	
200 Old West Chester bus from 69 <sup>th</sup> Street.	
Pike, Havertown, PA	
610-565-6000	
9 CHOP CAR (Center for 19104 FREE diagnostic evaluation if qualified for resear	ch program. Info:
Autism Research) Children under 5 and up, evaluate for autism, ev	
3535 Market St no wrap around.	
866-570-6524 Provide research opportunities for children birth	-12.
10         CHOP Regional Autism         19104         Insurance:         MA, BC/BS.         Info:         Children birth-12,	
<b>Center</b> (Sector Regional Autism) 19104 Insurance. MA, BC/BS. Info. Clinicel Bitti-12, evaluate for medication, no wrap around	
,	
215-590-7500	
11 James Coplan, 19010 Insurance: private pay only	waluatas far
developmental Info: Kids under 5 and up, evaluates for autism, e	evaluates for
pediatrician medications, no wrap-around	
919 Conestoga Road,	
Rosemont 610-520-2130	
12         Einstein Developmental         19141         Insurance: MA and all private insurance. Info: 0	
Pediatrics up, evaluate for autism, evaluate for medication	
5501 Old York Rd Dr. Godbole, neurodevelopmental pediatrician a	nd Yahaira Marquez,
215-456-6786 child psychologist.	
Spanish Speaking Staff	

13 14 15	Elwyn AUTISM ONLY Wrap Around 3300 Henry Ave 215-254-2093 Manely Ghaffari, child psychiatrist 129 N. 4 <sup>th</sup> Street 267-702-0543 Steven Glazier, Psychologist	19129 19106 19131	Insurance: MA Only – Not part of early intervention. Info: Children under 5 and up, evaluate for autism, evaluate for medication, provide wrap around Insurance: Private pay. Children under 5 and up, evaluates for Autism, evaluates for medication, no wrap around. Dr. Ghaffari also sees children at Northeast Treatment Center(NET), one of the Autism Centers of Excellence. Insurance: MA, sliding scale, Penn Behavioral Health, MHNet, Info: Children under 5 and up, evaluates for autism, does not evaluate
	3900 City Ave 215-782-3160		for medication, no wrap around. Specializes in Floortime/DIR
16	<b>Ilona Naroditskiy</b> , Licensed Counselor 267-270-5527	Northeast Phila.	Insurance: Private pay and sliding scale fee. Info: Children under 5 and up, supports and guides families regarding evaluations for autism, does not evaluate for medication, no wrap around. DIR/Floortime. <b>Russian</b> Speaking
17	Northeast Treatment Center (NET) Philadelphia Autism Center of Excellence with SPIN 499 Spring Garden St 215-408-4944 (general) 855-ASD-PACE (autism program)	19123	Insurance: MA Only. Info: Children under 5 and up, evaluation for autism, evaluates for medication, provides wrap around. Comprehensive autism evaluations, assessment and treatment, including case management, after school programs, summer camps, parent support, Dr. Manely Ghaffari is also on staff here!
18	Wendy Ross, Developmental Pediatrician, Center for Pediatric Development 1084 E. Lancaster Ave. Bryn Mawr, PA 610-952-6601	19010	Insurance: Private Pay Only. Info: Children under 5 and up, evaluates for autism, evaluates for medication, no wrap around.
19	SPIN Behavioral & Developmental Services SPIN-NET Philadelphia Autism Center of Excellence (with NET) 10541 Drummond Rd 855-ASD-PACE/215-612- 7625	19154	Insurance: MA, Magellan, Aetna, BCBS. Info: Children under 5 and up, evaluates for autism, evaluates for medication, provides wrap around. Autism Center of Excellence: comprehensive care ages 0-21, case management, after school programs, ABA, parent support, summer Camp. <b>Spanish</b> speaking
20	<b>St. Christopher's Hospital</b> Erie Ave @ Front St 215-427-5531	19134	Insurance: MA and all insurances. Info: Children under 5 and up, evaluates for autism, evaluates for medication, no wrap around. Dr. Maureen Fee and Beth Parish, Developmental Pediatricians. 8 month waiting list. (Dr. Fee is available at Bethanna).
21	Arlene Wallace, Ed.D 215-407-3442 <u>Mylene78@verizon.net</u>	City Wide	Insurance: MA. Info: Children over 5, evaluates for autism, evaluates for medication, no wrap around. Community, school and home based Autism behavior consulting only
22	Alternate Choices 219 Vine St 215-592-1333	19106	Insurance: Accept some insurances and offer sliding scale. Info: Children under 5 and up, evaluate for autism, no evaluations for medication, no wrap around. Dr. Robert Naseef and Dr. Cindy Ariel – Psychologists.

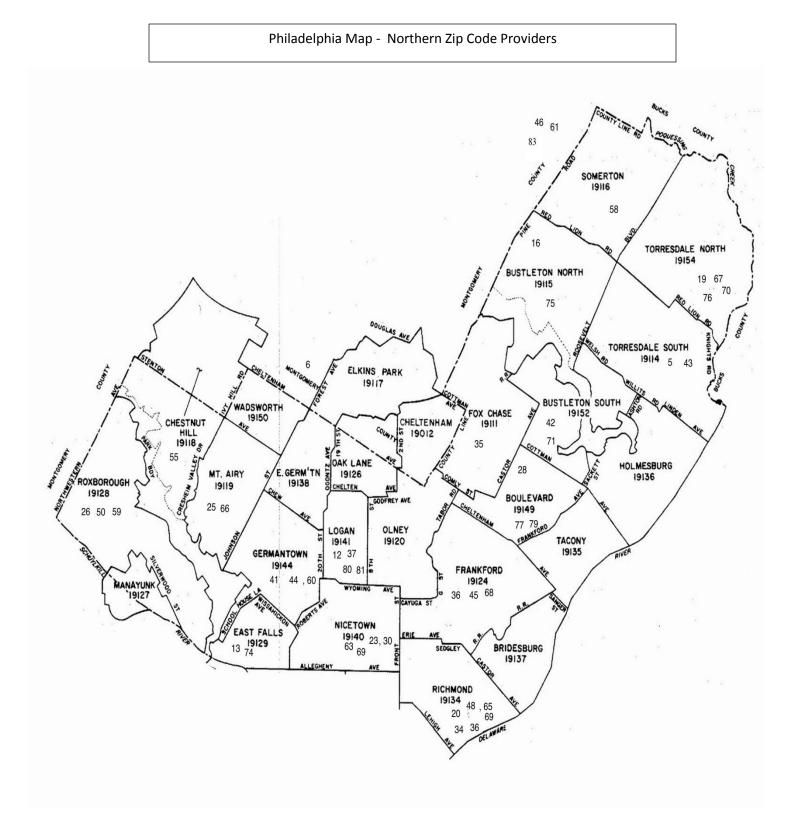
	<b>APM</b> 4301 Rising Sun Ave 267-297-7220	19140	Insurance: MA, Aetna, Keystone, United, Better Health, Coventry Care Info: Kids 5 and up, evaluate for autism, evaluate for medication, no wrap around services, <b>Spanish</b> Speaking Staff.		
	3263 N. Front St 215-426-1077	19122			
24	ATA 1225 Vine St 215-405-2100	19107	Insurance: MA, Aetna, Blue Gross, Delco Magellan Info: Kids under 5 and up, evaluate for autism, evaluate for medications, provide wrap around, sub specialize in sexual abuse cases. <b>Spanish</b> Speaking Staff		
25	Carson Valley/Children's Aid 7500 Germantown Ave 215-753-8111	19119	Insurance: MA Only. Info: Kids under 5 and up, evaluate for autism, evaluate for medication, provide wrap around.		
26	Children's Outreach/RHD Children's Services 90 Rochelle Ave 215-508-3300	19128	Insurance: MA Only. Info: Kids under 5 and up, evaluate for autism, evaluate for medication, provide wrap around.		
27	Children's Services Inc. 1315 Walnut St 215-670-5952	19107	Insurance: MA Only. Info: Kids 6 and up, evaluate for autism, evaluate for medication, provide wrap around.		
28	Center for Families and Relationships 1600 Magee Ave 215-537-5367	19149	Insurance: MA and private pay. Info: Children over 6, do not evaluate for autism, do not evaluate for medication, no wrap around. Specialize in working with families on anger management and parenting support		
29	CHOP Outpatient Psychiatry 3440 Market St 215-590-7555	19104	Insurance: Private Pay and some private insurance (NO MA, NO BC/BS). Info: Children under 5 and up, evaluate for autism, evaluate for medication, no wrap around		
30	Cognitive Behavioral Services 3255 N. 6 <sup>th</sup> St 215-634-3976	19140	Insurance: MA, Aetna, Info: Children over 5, evaluate for autism, evaluate for medication, no wrap around <b>Spanish</b> Speaking Staff		
31	<b>Consortium</b> 26 S 40 <sup>th</sup> St 215-596-8300	19104	Insurance: MA, CHIP, all private insurances. Info: Children over 5, do not diagnose for autism, do evaluate for medication, no wrap around.		
32	<b>Community Council</b> 4900 Wyalusing Ave 267-295-8850	19131	Insurance: MA, CHIP, all private insurances. Info: Children over 5, do evaluate for autism, do evaluate for medication, do provide wrap around.		
33	CCTC (Children's Crisis Treatment Center) 1080 N. Delaware Ave. 215-496-0707	19125	Insurance: MA Only. Info: Children under 5 and up, evaluate for autism, evaluate for medication, provide wrap around. <b>Spanish</b> Speaking Staff. TAMAA Program for <b>African immigrant</b> families		
34	City Wide Counseling Services 537 E. Allegheny Ave 215-291-9500	19134	Insurance: MA, Aetna. Info: Children under 5 and up, evaluate for autism, evaluate for medication, no wrap around <b>Russian, Mandarin, Cambodian</b> Speaking Staff and Music Therapy Offered		
35	<b>CORA Services</b> 8540 Veree Rd 215-342-7660	19111	Insurance: Aetna, Keystone, Personal Choice, no MA . Info: Children under 5 and up, evaluate for autism, do not evaluate for medication, no wrap around		
36	<b>COMHAR</b> 3825 Whittaker Ave 215-425-9212	19124	Insurance: MA Only. Children over 5, evaluate for autism, evaluate for medication, provide wrap around.		
	166 W. Lehigh Ave 215-739-2453 2055 E. Allegheny Ave 267-861-3482	19133 19134			

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578-3101 owerment Resource ciates Spring Garden St 564-0680	19130	Insurance: MA, Keystone HP East. Info: Children under 5 and up, evaluate for autism, evaluate for medication, no wrap around. Family
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<b>ciates</b> Spring Garden St 564-0680		evaluate for autism, evaluate for medication, no wrap around. Family
564-0680		hased therapy
		based therapy
ly Practice and		
•	19123	Insurance: MA and all private insurance. Info: Children over 5, do not
eling Network		evaluate for autism, do not evaluate for medication, do not provide wrap around.
		Primarily outpatient counseling center integrated with health clinics.
769-1100		
	19144	
343-2580		
Woodland Ave	19142	
350-5170		
• •	19152	Insurance: MA Only. Info: Children under 5 and up, evaluate for
-		autism, evaluate for medication, provide wrap around.
	19114	Insurance: MA and private pay. Info: Children under 5 and up, do not
	-	evaluate for autism, do not evaluate for medication, no wrap around.
	19103	Speaks <b>Russian</b> .
	101//	Insurance: MA Only. Info: Children under 5 and up, evaluates for
	13144	autism, does not evaluate for medication, provides wrap around.
		<b>Spanish</b> Speaking Staff. No outpatient services. Not connected with the
		school.
ter Philadelphia	19147	Insurance: MA, Bravo. Info: Children over 5, do not evaluate for
	1	autism, does evaluate for medication, does not provide wrap around.
th Action		
th Action S. 4 <sup>th</sup> St		
	19124	
S. 4 <sup>th</sup> St	19124	
S. 4 <sup>th</sup> St Frankford Ave 331-9882 <b>/th Opportunities</b>	19124	Insurance: No MA, accepts most private insurances. Info: Children
S. 4 <sup>th</sup> St Frankford Ave 331-9882 <b>/th Opportunities</b> er		under 5 and up, evaluates for autism, evaluates for medication, no wrat
S. 4 <sup>th</sup> St Frankford Ave 331-9882 <b>rth Opportunities</b> er ington	19124 18954	under 5 and up, evaluates for autism, evaluates for medication, no wrag around.
S. 4 <sup>th</sup> St Frankford Ave 331-9882 <b>rth Opportunities</b> er ington y/Southampton	18954	under 5 and up, evaluates for autism, evaluates for medication, no wrat
S. 4 <sup>th</sup> St Frankford Ave 331-9882 <b>Arth Opportunities</b> er ington y/Southampton nd	18954 18966	under 5 and up, evaluates for autism, evaluates for medication, no wrag around.
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	kel Family Health ces) N 11 <sup>th</sup> St 769-1100 Wissahickon Ave 843-2580 Woodland Ave 350-5170 dations (Smiley s Buidling) Rhawn St 340-1500 Feigin, Psychologist Woodword St Walnut St 969-2420 ntree Services N. Schoolhouse Lane 346-7253 ter Philadelphia	ces) N 11th St 769-110019144Wissahickon Ave 843-258019144Woodland Ave 8350-517019142dations (Smiley s Buidling) Rhawn St 340-150019152Feigin, Psychologist Woodword St19114Woodword St19103Walnut St 969-242019144N. Schoolhouse Lane 346-725319144

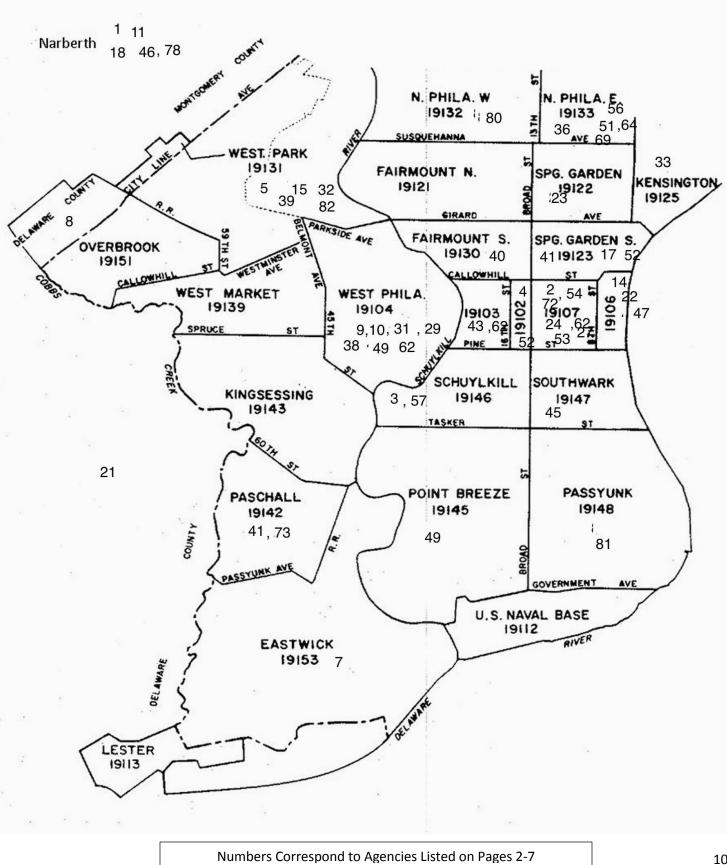
48	Hispanic Community Counseling Services 3160 Kensington Ave 215-291-8151	19134	Insurance: MA, Bravo. Info: Children over 5, evaluate for autism, evaluate for medication, no wrap around. <b>Spanish</b> Speaking Staff.
49	Intercultural Family Service 4254 Chestnut St	19104	Insurance: MA, Delco Magellen. Info: Children over 5, does not evaluate for autism, does evaluate for medication, no wrap around.
	215-386-8490 2317 S 23 <sup>rd</sup> St. 215-468-4673	19145	
50	INTERAC 6122 Ridge Ave 215-487-1330	19128	Insurance: MA, CHIP, Keystone, BCBS, Aetna, Better Health, United. Info: Children under 5 and up, evaluates for autism, evaluates for medication, no wrap around.
51	<b>Juniata Community MHC</b> 2254 N. 3 <sup>rd</sup> St 215-291-0804	19133	Insurance: MA Only. Info: Children over 5, does not evaluate for autism, does evaluate for medication, no wrap around.
52	JFK Community MHC 112 N. Broad St 215-560-0860	19102	Insurance: MA, Better Health, Keystone, Coventry, Aetna. Info: Children over 5, does not evaluate for autism ,does evaluate for medication, no wrap around.
	321 W. Girard Ave 215-235-6250	19123	
53	Jefferson Hospital (aka Nemours Pediatrics at Jefferson) 833 Chestnut St	19107	Insurance: All insurances accepted. Info: Children under 5 and up, evaluates for autism, does not evaluate for medication, no wrap around.
	800-416-4441 or 215-861- 8800		Lori Romano, PhD, child psychologist – will diagnose but does not provide continued care.
54	Jefferson Hospital Outpatient Psych 833 Chestnut St	19107	Insurance: MA, Aetna. Info: Children under 5 and up, does not evaluate for autism, does evaluate for medication, no wrap around.
	215-955-8420		Outpatient child psychiatrists – not specialized in autism.
55	Shelia McManus, Psychologist 7600 Stenton Ave 215-260-2367	19118	Insurance: MA and private pay, sliding scale. Info: Children under 5 and up, no evaluations for autism, no evaluation for medication, no wrap around.
	215-247-2127		Counseling and therapy services provided.
56	<b>Pan American Counseling</b> 4519 N. 5 <sup>th</sup> St 215-457-1620	19133	Insurance: MA. Info: Children over 5, no evaluations for autism, provides evaluation for medication, no wrap around. <b>Spanish, Arabic, French, Creole</b> speaking staff.
-	Tracy Jones, Child	19146	Insurance: MA and all Insurances. Info: Children over 5, evaluates for
57	Psychiatrist 1511 Carpenter St 215-923-2690		autism, evaluates for medication, no wrap around.
58	Natan Nemirovsky, Psychiatrist 1500 Bustleton Ave 215-856-7140	19116	Insurance: MA, Keystone, BCBS, Coventry, Aetna. Info: Children over 5, no evaluations for autism, evaluates for medication, no wrap around. Russian Speaking Staff.
59	Northern Home for Children 5301 Ridge Ave 215-482-1423	19128	Insurance: MA, Keystone. Info: Children under 5 and up, evaluate for autism, evaluate for medication, provides wrap around.
60	Juvenile Justice Center 100 West Coulter St 215-849-2112	19144	Insurance: MA Only. Info: Children under 5 and up, evaluate for autism, evaluates for medication, provides wrap around.
61	<b>Clarity Services Group</b> Southampton, PA 215-322-8860	18966	Insurance: MA and some private insurance. Info: Children under 5 and up, evaluates for autism, does not evaluate for medication, provides wrap around city-wide, specializing in Autism. Spanish, Korean, and ASL staff available. ABA supervised staff.

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	Penn Council for		Insurance: Private insurance and sliding scale fee. Info: Children under
62	Relationships		5 and up, does not evaluate for autism, does not evaluate for
	4025 Chestnut St	19104	medication, no wrap around.
	1880 JFK Blvd	19103	
	207 N. Broad St	19107	
	215-382-6680 (both sites)		
62	Multicultural Wellness	19140	Insurance: MA. Info: Children over 5, evaluates for autism, evaluates
63	Center 120 W. Wyoming Ave.		for medication, no wrap around. Spanish speaking
	215-324-8190/8192		Sharing
	Centro de Services para	19133	Insurances: MA. Info: Children over 5, no evaluation for autism,
64	Hispanos		evaluates for medication no wrap around. Spanish speaking staff
	2742 N. 5 <sup>th</sup> St		
	215-427-3400 NHS Lehigh (Children's	19135	Insurance: MA. Info: Children over 5, evaluates for autism, evaluates
65	Reach)	19199	for medication, no wrap around.
	256 E. Lehigh Ave		
	215-427-5900		Spanish Speaking Staff.
66	Northwest Human Services MHC	19119	Insurance: MA Only. Info: Children under 5 and up, evaluates for autism, evaluates for medication, no wrap around.
00	27 E. Mt Airy Ave		autish, evaluates for medication, no wrap around.
	215-248-6700		
	Northwestern Human	19154	Insurance: MA, Keystone, Coventry, United, Aetna, Better. Info:
67	Services – Physicians		Children over 5, evaluates for autism, evaluates for medication, no wrap
	<b>Group</b> 11082 Knights Rd		around.
	215-632-9040		
	Northeast Community	19122	Insurances: MA Only. Info: Children over 3, no evaluations for autism,
68	MHC		evaluations for medication, no wrap around.
	Roosevelt and Adams at Friends Hospital Campus	19124	
	215-831-2863		
	Nueva Vida		Insurance: MA. Info: Children under 5 and up, evaluates for autism,
69	113 E Allegheny Ave	19140	evaluates for medication, no wrap around.
	215-291-5400		Spanish Speaking Staff.
	3169 N. 5 <sup>th</sup> St	19133	spanish speaking stan.
	215-426-9680		
	616 W. Lehigh Ave 215-291-2917	19134	
70	PA Mentor	19154	Insurance: MA Only. Info: Children under 5 and up, evaluates for
70	10601 Decatur Rd 2115-612-8200		autism, evaluates for medication, provides wrap around. Primarily a wrap around provider.
	PATH		Insurance: MA Only. Info: Children over 5, does not evaluate for autism,
71	8220 Castor Ave	19152	evaluates for medications, no wrap –around.
-	215-632-4565		
	Philadelphia MH Center	19107	Insurance: MA. Info: Children over 3, evaluates for autism, evaluates
72	1235 Pine St		for medication, provides wrap around.
	215-735-7068/9379		After school programs in NE for ages 7-12 with autism. <b>Spanish</b> Speaking Staff.
	Presbyterian Children's	19142	Insurance: MA. Info: Children under 5 and up, evaluates for autism,
73	Village		evaluates for medication, no wrap around.
	6512 Chester Ave		
	610-525-5400 Progressions		Dr. Jutta Vogt, child psychiatrist consulting Insurance: MA. Info: Children under 5 and up, evaluates for autism,
74	3300 Henry Ave	19129	evaluates for medication, provides wrap around.
	215-364-3299		
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	4610 Street Rd, Trevose, PA 215-924-0684		
75	<b>Michael Schuman,</b> Psychologist 1730 Welsh Rd 215-552-8101	19115	Insurance: MA, Aetna, Keystone, BC/BS. Info: Children under 5 and up, evaluates for autism, no evaluations for medication, no wrap around.
76	SPIN Behavioral and Developmental Services SPIN-NET Philadelphia Autism Center for Excellence 10541 Drummond Road 215-612-7625	19154	Insurances: Accepts most private insurances and Medical Assistance. Info: Comprehensive services and supports for children and adults with developmental disabilities throughout the lifespan including behavior assessment, community support and employment training.
77	SRI Psychological Services 2824 Cottman Ave 215-885-3337	19149	Insurance: CHIP, Aetna, Keystone (No MA). Info: Children under 5 and up, evaluates for autism, evaluates for medication, no wrap around.
78	Annie Steinberg, child psychiatrist 21 N. Narberth Ave 610-639-2667	19072	Insurance: MA and private pay. Info: Children under 5 and up, evaluates for autism, evaluates for medication, no wrap around.
79	<b>Tree of Life</b> 7040 Castor Ave 215-533-5433	19149	Insurance: MA. Info: Children under 5 and up, no evaluation for autism, evaluation for medication, no wrap around. <b>Spanish, Portuguese, Arabic</b> , and <b>Russian</b> Speaking Staff.
80	Warren E. Smith 1315 Windrim Ave 215-255-3900	19141 19132	Insurance: MA. Info: Children over 5, evaluates for autism, evaluates for medication, provides wrap around.
	2514 N. Broad St 215-299-8911	19132	Cambodian Case Manager and Vietnamese Therapist
81	Wedge 4913 N. Broad St 215-329-3200	19141	Insurance: MA. Info: Children under 5 and up, evaluates for autism, no evaluation for medication, no wrap around.
	1939 S. Juniper St 215-271-5822	19148	
82	<b>Wordsworth Services</b> 3905 Ford Rd 215-643-5400	19131	Insurance: MA. Info: Children over 5, evaluates for autism, no evaluation for medication, provides wrap around.
83	MCC 800 Clarmont Ave 267-525-7000	19020	Insurance: MA Only. Info: Children under 5 and up, evaluate for autism, no medication, providers wrap around.
			Primarily a wraparound agency that specializes in serving the autism and hearing impaired community.



#### Numbers Correspond to Agencies Listed on Pages 2-7



## **Education/Therapy/Early Intervention**

There are three agencies that provide free special education and therapy services for children in the city of Philadelphia, they are organized by the ages they serve. (for children outside of Philadelphia call CONNECT at 1-800-692-7288)

*Childlink: Ages 0-3 years* 260 South Broad Street, 18<sup>th</sup> floor 19102 215-685-4646 Developmental assessment, coordination and services for children ages 0-3years old

Elwyn SEEDS : Ages 2.6-5 years www.elwyn.org/program/seeds/

Developmental assessment, coordination and services for children 2.6-5 years old.

Intake and new referrals: 4025 Chestnut Street: 215-222-8054

<u>Service coordination</u>: 4040 Market Street: 215-921-7164. Visit the website to find a completed listing of the service coordination staff.

<u>Parent Partners</u> 215-222-4181 : parents who have children in the Elwyn system who can provide guidance and support to other parents.

\*Elwyn evaluation teams do not determine medical or developmental diagnoses. They asses all areas of development and make recommendations for special education supports ONLY. If you are seeking a diagnostic assessment please see pages \*\*\*\*\*\*

#### Philadelphia School District: Ages 5-21 years http://www.phila.k12.pa.us/

440 N. Broad Street Philadelphia, PA 19130, 215-400-4000

Every neighborhood school has a Special Education Director that will work with you when you enter the school district of Philadelphia. Call 215-400-4170 to determine your school and special education director. Charter Schools Michael Andrews: 215-400- 6086.

#### Philadelphia Interagency Coordinating Council (PICC) for families with children ages 0-5

A collaborative partnership between families Childlink, Elwyn and their provider agencies offering support, information, trainings special events and advocacy for the families of children 0-5 years old. 215-731-2464 philadelphiaicc.org or philadelphiaicc@yahoo.com (to get on mailing list)

## The Philadelphia Right to Education Task Force for families with children 5-21

This is a parent-led association focused on providing appropriate special education services and programs to students with disabilities (eg: Autism) <u>http://www.philak12.pa.us/parents/getinvolved.html</u>

## The Parent/Family Resource Centers and Parent University

6 centers located throughout the city designed to address such things as: student placement, wrap-around, after school programs, supports for multilingual families, information and referrals for mental health supports, and emergency family needs, all services are free. Contact Natalie Dye at 215-400-4180.

## CBH: STS (School Therapeutic Services)

School-based behavioral supports for children in elementary and middle school. Contact the Special Education Director in your child's school to find out more about this service.

## Additional Educational /Behavioral Resources/Trainings

The Center for Autismwww.thecenterforautism.org/ info@thecenterforautism.org215-878-3400Full-Day and Half-DayPreschool:2-5 yrs. and After School Social Competency Program for children 6-15 yrs. Child must<br/>have Medical Assistance and linked with CBH. Two locations: 3905 Ford Road, 19131 and 2801 Grant Avenue,19114.

<u>PATTAN (Pennsylvania Training and Technical Assistance Network)</u> www.pattan.net 800-441-3215 Offers free training and resources related to children with Special Needs, open to parents and professionals. Ages 0-5 contact Julia Slater at <u>islater@pattan.net</u>. Ages 5 and up contact Donna Salkin dsalkin@pattan.net

## Pennsylvania's Initiative on Assistive Technology (PIAT)

PIAT provides information, assessment and trainings for individuals with disabilities who would benefit from Assistive Technology (AT) and have device demonstrations. PIAT operates Pennsylvania's AT Lending Library, a free program that loans AT devices. This program allows you to try a device for a limited time to be sure it meets your needs. PIAT also operates the Recycled and Exchanged Equipment Partnership (REEP) which is a network of programs offering ways for people to obtain, donate, or sell AT equipment such as IPads and SmartPhones. Visit <u>http://disabilities.temple.edu/tech/</u> or email to ATinfo@temple.edu.

## ABOARD Autism Connection of PA www.autism-support.org 800-827-9385

The is a statewide agency that offers wonderful information on their website including iPhone, IPad apps for children with special needs as well as an Autism glossary to better understand abbreviations.

<u>Pennsylvania's Education for All Coalition</u> <u>www.paedforall.org</u> Diane Perry: 267-232-0570 Free consultation for schools, programs and families related to supporting inclusion options for children with disabilities.

*Variety Autism Ambassadors* www.varietyphila.org/serve/autism-initiative/programs-and-services/ A school based peer mentoring program. Nicole Simon at 215-735-0803/autism@varietyphila.org

## FAST (Families and Schools Together) of Turning Points for Children

Free school based workshops to increase parents effectiveness with their children in collaboration with 30 elementary and charter schools in Philadelphia. Kim Jones kjones@turningpointsforchildren.org 215-875-4943

## Social Signals https://socialsignalsed.com

A resource developed to help families, educators and clinicians learn how to teach adolescents with ASD about appropriately developing and managing relationships; including sexuality and internet issues. Created by Nancy Nowell (215-836-1111/<u>nknowell@gmail.com</u>) who also does trainings for schools and has a private practice focusing on relationship concerns

## Autism Expressed www.autismexpressed.com/

Teaching digital skills for students with ASD to become effective members of our communities-created by Philadelphia School District's own: Michele McKeone. Great tool for teachers too!

**Stepping Stones** 

An inpatient psychiatric day program for 6-11 year olds. No Autism. 215-849-4300.

#### Philadelphia Autism Network http://www.elwyn.org/program/seeds

Free monthly trainings on practical issues such as behavior, toileting and language development, free childcare, no registration. Contact Karen Krivit 215-460-7725 or krivitk@elwyn.org

## Websites for free educational and therapy tools:

www.jacobslessions.com - ABA tools

http://trainland.tripod.com/pecs.htm - Links you to free picture cards.

<u>www.speakingofspeech.com</u> - Free downloads for communication books, social skills, social stories and IEP goals.

## Websites Continued:

<u>http://sensorysmarts.com</u> - Ideas on how to develop sensory routines/activities within your household without buying things. Also good info on haircuts, winter weather activities, etc. <u>www.thewatsoninstitute.org/resources.jsp</u> - Free social stories and other good teaching things.

www.do2learn.com Free picture schedules and activity ideas for all disabilities.

<u>www.cindysautisticsupport.com</u> - Tons of free stuff to download for both clinicians and families. The website of an over the top amazing AS teacher that has become a bounty of constant great info for many of us

<u>www.specialed.us/autism/assist/asst10.htm</u> - Great site to help develop free low tech communication supports and visual strategies. Great for teachers!

<u>http://jillkuzma:wordpress.com/</u> - Jill Kuzma's (SLP) - Social-emotional skills sharing site. Tons of great free resources for language, social skills and behavior including great YouTube reference sites.

<u>www.triangle.org.uk/howitis</u> - An image vocabulary tool to teach children about feelings, rights, safety, personal care and sexuality...65 pages, free, *caution: very graphic*.

Wonderful apps to support a child's communication:

Touch Chat HD Talking Tom Choiceworks (\$5-great help for picture schedules) Words on Wheels Go Talk Sentence Magic

## **After School Programs**

## The Center for Autism www.thecenterforautism.org MA ONLY

Social Competency Program for children 6-15 yrs. old (M-Th, 5-7pm). After school programs offered at both CFA sites. Call 215-878-3400 or emailinfo@thecenterforautism.org.

#### Philadelphia Mental Health Center (PMHC) MA ONLY www.pmhc.org

For children ages 6-12 with Autism - 3:1 child to adult ratio, sports including swimming. Serenity After School Autism Located at JCC/10100 Jamison Ave, 19116. Call 215-677-4314 :Anthony Russo, ext: 103 or Damaris Torres, ext 100.

#### The Variety Club www.varietyclub.org

For children with disabilities ages 6-21 from 3-6 p.m. Located at sites throughout the city. Contact Kiana Berry 215-735-0803 ext. 19 for information. Visit <u>www.varietyclub.org</u> (after school programs).

The Kinney Center of St. Joseph's University kinneyautism@sju.edu or 610-660-2170

http://kinneyautism.sju.edu/services/social\_skills.html

Afterschool Social Skills Program – Class time and days vary by age (ages 3-22). Cost is \$325.

YMCA http://www.philaymca.org/ has after school programs at the following locations:

Columbia North:1400 N. Broad St. 19121, 215-235-6440

Roxborough:7201 Ridge Ave 19128215-482-3900

Christian St:1724 Christian St. 19146, 215-735-5800

West Philly:5120 Chestnut St. 19139, 215-476-2700

The programs offered at all locations are for children of any age, depending on the programs they are interested in. This includes sports, daycare/childcare, after school programs, and summer camps. Insurance may cover costs!

## **Out of School Time**

Community based agencies that provide after school, weekend and summer activities for children in the community. Contact Debbie McGurk at 215-825-8203 or visit <u>www.phmc.org</u> and click on: Programs/intermediacy services/out of school time.

*Child Guidance Resource Center/Kencrest Philadelphia Autism Center of Excellence* 855-ASD-PACE 2901 Island Ave. 19153. Call for program details.

<u>SPIN-NET Philadelphia Autism Center of Excellence</u> 855-ASD-PACE 10541 Drummond Rd 19154 (SPIN) /5<sup>th</sup> Spring Garden St. 19123 (NET). Call for program details.

## West Phila. Parents of Autistic Children

New After School Programs! Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or rbell11@verizon.net (that's three 'L's and the # 1!

## In addition, please call CCIS for referrals to after school programs at 888-461-KIDS

## **Information/Resources**

(Elwyn does not endorse any of the groups or agencies listed herein. The purpose of this listing is to provide information about resources in the community only)

#### FIRST SIGNS www.firstsigns.org/screening/index.htm

Not sure if your child has Autism? Many of the diagnostic tools that professionals use are right here. This organization will also guide you about what to do next for your child

#### Autism Speaks www.autismspeaks.org

"<u>First 100 Days Kit</u>" a generic guide for families who have a child with Autism. Families of children who are diagnosed under age 5 can call 1888-AUTISM2 (1888-288-4762) and receive a free "Toolkit" sent to their home. Available in SPANISH as well! Want to see what autism looks like at different ages and stages? Visit the autism video glossary!

#### Autism Society of America/ Greater Philadelphia Chapter ASA

www.asaphilly.org asa-info@comcast.net asaphilly.org/index.php

This is a great website for all information about Autism both nationally and locally. A resource for local events as well as a 24 hour information and support phone line: 610-358-5256 (National Info Line: 800-328-8476).

#### ASCEND www.ascendgroup.org

Support, information, resources, and advocacy for Asperger's Syndrome.

#### OASIS@MAAP http://aspergersyndrome.org/Home.aspx

The Online Asperger's Syndrome Information and Support Center

<u>CDC</u> <u>www.cdc.gov/NCBDDD/video/actearlycurriculum/index.html</u>

Offers case by case videos of children with and without autism and gives information about diagnosis and treatment.

## <u>ABOARDS</u> (Advisory Board on Autism and Related Disorders) aboard.web.officelive.com/default.aspx

ALSO: <u>Autism Connection of PA</u> http://autismsupport.org Statewide support information and resources - great information on applying for Medical Assistance and great resource for techniques on behavior and communication. Free downloads of visual schedules. 800-827-9385

#### Next Steps Trainings from CHOP

Low cost 1 day workshop for families with a newly diagnosed child. There is also a workshop for families with a child with Autism who is approaching adolescence and also for professionals who work with families and children with Autism. Contact: Gail Stein at 267-426-4910 or steing1@email.chop.edu.

La Salle University LADDER program (LaSalle Autism and Developmental Disabilities Educational Resources)

http://www.lasalle.edu/autismladdercenter/

Workshops and support coordination for families and also college and graduate students wanting to specialize in Autism therapies. Located at: 1900 West Olney Ave 19141. Call 215-951-1042 for more information.

#### Autism Sharing and Parenting List-serve

List-serve compiled by Cathy Roccia-Meier - crocmeill@gmail.com - gives weekly up- to- date info on local and state Autism events. Sign up so you don't miss anything! Also has a Facebook Group!

#### <u>Special Families Guide List-serve</u> <u>http://alternativechoices.com</u>

This list serve offers monthly bulletins that are very helpful to families coping with a child with any special need. Email Dr. Robert Naseef at RNaseef@alternativechoices.com <u>http://alternativechoices.com</u>

#### Bureau of Autism Services, PA Department of Public Welfare www.autisminpa.org

Excellent website re: benefits and legal issues related to Autism in the state such as information about ACT 62, annual Mini Grants, the Adult Waiver program. 1-866-497-6898

<u>ASERT - PA Autism Services Education, Resource and Training</u> www.paautism.org Statewide resource and referral hotline – 877-231-4244 - Monday-Friday, 8am-5pm.

#### Variety Club's Autism Initiative

Help in finding and connecting families to various resources, receive updates regarding workshops, events, etc. for autism. Email autism@varietyphila.org or call Nicole Simon at 215-735-0803.

#### Raising Children Network ~ The Australian Parenting Website

http://raisingchildren.net.au/children\_with\_autism\_videos.html

Australian parents website features diverse families (including Dads!) sharing their stories about autism. Short videos such as "Telling Others About the Diagnosis"; "What About the Sibling?", "Finding and Starting Early Intervention", "Coping with Emotions".

## Autism and Asperger's Digest Magazine http://autismdigest.com/

\$30/year for 12 issues with great family friendly articles, also they have a wonderful free blog that has a lot of great and practical articles for professionals and families alike!

## Autism Inclusion Resources www.autismir.com

Created by Dr. Wendy Ross and others, earning national recognition in developing this resource directed at helping families with children with special needs have greater access to positive experiences, like air travel, for example. AutismIR.com also provides trainings for companies and clinicians.

www.sopitnow.org Information and guidance about what children's age-appropriate sexual behaviors and what are warnings signs for concerning behaviors. Information for all ages of development.

## <u>Special Needs Philly</u> <u>www.specialneedsphilly.org/sni/</u>

Free online data base of providers that currently serve the Greater Philadelphia Jewish and secular special needs community **Warmline: 1.800.859.7674** 

## OAR(Organization for Autism Research) www.researchautism.org/

Resources for families and professionals about Autism and Asperger's throughout the lifespan including information for families in the Military. Many items available in Spanish!

## CAP4KIDS www.cap4kids.org/philadelphia

Local resources for families including camps, childcare and dentists. Also offers copies of a screening tool for Autism called the MCHAT. The information on this website can is available in many languages

## Jefferson Teaching Collaborative http://jeffline.jefferson.edu/cfsrp/tlc/

A local resource for Philadelphia teachers, therapists and families. Focused on educating those who work in the early childhood field.

## One Place For Special Needs www.oneplaceforspecialneeds.com

Large website developed by Dawn Villarreal, mother of two children with special needs based in Illinois. Not great for local resources but excellent place to find advice, links for all aspects of family life related to a variety of special needs (from ADHD to limb loss), parenting and toilet training, homework, vacation, and even haircuts! Signing on is required, but otherwise FREE.

## **Research/Treatment**

There are hundreds of theories and techniques regarding Autism. The following sites may be helpful in exploring the best treatment options for your child. There are many things on the Internet - it's important to learn how to tell if something is evidence based and to work closely with board certified clinicians as your advisors. The following sites can help guide you through making informed decisions about your child's treatments and therapies.

#### Autism Speaks Video Glossary

#### http://www.autismspeaks.org/what-autism/video-glossary

New to Autism and not sure what all these treatments mean? Here are videos of many types of therapies in action so you can actually SEE what they LOOK like! This website also had amazing videos of children at various ages and skill level who demonstrate some of the signs of Autism. Free but log in is required (very easy!!).

#### Association for the Science of Autism Treatment www.asatonline.org

Describes every type of autism treatment methods and the research and evidence behind it. Great vaccination info!

<u>http://www.cdc.gov/ncbddd/actearly/act/class.html</u> ~ Videos and training materials for both professionals and parents to learn effective ways to help recognize and treat Autism as early as possible

www.autism-watch.org ~ A website that helps explain the risks and benefits of many treatments and therapies for Autism

<u>www.autism-society.org</u> ~ The website from the Autism Society of America, reviews many questions families have about the causes and treatments of Autism. Offers information in Spanish.

www.researchautism.org ~ Organization for Autism Research offering a comprehensive database of autism treatment

<u>www.nccam.nih.gov</u> ~ National Center for Complimentary and Alternative Medicines (Not Autism Specific)

www.nimh.nih.gov ~ A national database for autism research.

<u>www.autismsciencefoundation.org</u> ~ Find out the real science behind any theory or treatment related to Autism on this website. They also have a helpful research "glossary" which explains what different words mean.

<u>Drexel Autism Institute</u> <u>www.drexel.edu/autisminstitute</u> <u>New this year</u>! Families can explore opportunities to participate in local research projects 215-255-7373

## First Words Project of Florida State University http://firstwords.fsu.edu

Provides an early diagnosis tool called the Infant Toddler Checklist. Available for free in Spanish, Slovenian, Chinese, German and Swedish!

*The Official MCHAT Website*: http://www2.gsu.edu/~psydlr/DianaLRobins/Official\_M-CHAT\_Website.html

The MCHAT is a diagnostic tool many clinicians use to diagnose autism. This website (from Georgia State University) offers the MCHAT in over 30 languages for children as young as 6 months.

## Local opportunities for your child to participate in current research profect may be found by contacting:

## CAR: The Center for Autism Research at CHOP www.centerforautismresearch.com

CAR offers a free lecture series from prominent scientists. Many other resources can be found on their website. Autism Match is a program that can help families living with Autism to link to research that is related to their needs. Children in these studies also qualify for comprehensive developmental and psychological evaluations.

<u>University of Pennsylvania</u>: To find out about the latest research that U. Penn is doing go to : http://paautism.org/research.html or email <u>autism@mail.med.upenn.edu</u>.

## **Local Family Support/Groups**

#### Philadelphia Autism Network http://www.elwyn.org/program/seeds

Free monthly trainings on practical issues such as behavior, toileting and language development, free childcare, no registration. Contact Karen Krivit 215-460-7725 or krivitk@elwyn.org

#### West Phila. Parents of Autistic Children

Free parent support group - no registration required. Group will meet every fourth Wednesday of the month from 5-6:30. Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or rbell11@verizon.net (that's three 'L's and the # 1!

#### Surviving and Thriving After Diagnosis: www.survivingthriving.com Sonia Voynow 215-247-5832

Groups for parents and grandparents! Very low cost and accessible evening workshops for families who have newly diagnosed children.

#### SPEC (Special Parents of Exceptional Children) Jean McCoubry 215-248-5930 @ jfmccou@aol.com

For families of children with ALL disabilities. Monthly support group with a speaker on Saturdays at Chestnut Hill Library. Free, no need to register, light food

#### Autism Sharing and Parenting www.autismsharingandparenting.org/ 215-413-7106

Meets monthly and alternates evenings/weekends and locations (Saturdays 1-3 at Center for Autism and Wednesday evenings 6-8 at CBH). Each month there is a different topic/presentation. Free Childcare – MUST register. Sign up to receive updates about upcoming sessions and events by emailing <u>crocmeil1@gmail.com</u>. Light meal provided.

ASCEND www.ascendgroup.org 610-449-6776 info@ascendgroup.org

Support for families of children with Asperger's. *to* find out about meet –up groups that are ongoing parent run please log on to this website: <u>http://www.meetup.com/autism-414/</u>

#### CHOP Sibshops

Sibling support groups for all types of disabilities and diagnoses. Contact Sarah Dzeidzic 215-590-7840/Jessica Mono 267-426-2329

#### Kinney Center Sibshops at SJU

Sibling support groups - autism specific. Contact Theresa Gill 610-660-2183. Fee\*

#### Jewish Family and Children's Services -

Parent and Grandparent Support groups, open to the whole community regardless of religion. Located at 101125 Verree Road, 19116. Contact: Lisa Ney <u>lney@jfcsphilly.org</u> (267)256-2269

#### ASCEND

Families and individuals hold many meet up groups throughout the year, you can sign up for them at this site: <u>www.meetup.com/autism-414/</u> For more information call 610-449-6776 or email <u>info@ascendgroup.org</u>.

#### Frankie's World

Medically Fragile Daycare/Pre-K offering parent support groups every 6 weeks. Contact Crystal Bailey 215-869-9688.

#### SPIN-NET PACE (Northeast Philadelphia)

Autism Caregiver Support Group meeting 1-2 times each month covering different topics. Contact Barbara Livengood-Dickson at 215-612-7518.

#### <u>NEFFAS (Northeast Families For Autistic Support)</u>

Parent support group in Northeast Philadelphia for families with children of all ages with autism. Meets monthly (one Saturday per month) at the Northeast Regional Library. Email <u>summermoon713@gmail.com</u> or call 215-407-3027. www.facebook.com/groups/neffas/

## **Family and Sibling Supports**

## Parent to Parent www.parenttoparent.org 1888-727-2700 / Special Kids Network (800-986-4550)

Connecting parents who have children with similar disabilities within their community, a great resource for families who feel alone and can't get out. Services available in Spanish and Chinese!!!

#### *Elwyn Parent Partners* <u>www.elwyn.org/program/seeds</u> 215-222-4181 :

Parents who have children in the Childlink or Elwyn system (0-5 years old) who provide guidance and supports and resources to others.

#### Alternative Choices www.alternativechoices.com 215-592-1333

Special Families Resource Center: guidance on navigating the system, treatment options, and managing family issues while raising a child with special needs. Drs. Cindy Ariel and Robert Naseef. Located at 319 Vine Street, 19106.

www.AutismSiblings.org -- Offers wonderful on- line support and information for kids and families

#### Sibling support Project <u>http://www.siblingsupport.org</u>

Workshops, online support for youth and adult siblings of all disabilities, includes mentor matching program, resources, and a dynamic website (National Website)!

## Jewish Family and Children's Service www.jfcsphilly.org

Supportive Services for the general community regardless of religion including: <u>Intensive case management</u> and <u>Care coordination and consultation</u> to assist families to navigate the complex system of special needs. Contact Lisa Ney, <u>Iney@jfcsphilly.org</u>/267-256-2269. Located at 10125 Veree Rd 19116.

## Grand Central, Inc. Kinship Care Resource Center 215-557-1554

FREE! Support and case management for any relative caring for another's child, Specializing in grandparents. Also has a fantastic support group meeting twice a month! Located at 1211 Chestnut Street, Suite 200, PA 19107.

## Grand Family Resource Center at SOWN(Supportive Older Women's Network) www.sown.org/GFRC.html

Provides Educational, health-related, counseling, information/referral, and supportive services to grandparents raising families (group and 1-on-1 counseling available). 215-487-3000. Located at 4100 Main St., 19127.

## Turning Points for Children: Kinship Care Program ("Kids n Kin") 215-875-8200

Support and case management for relatives caring for children with special needs.

**STOMP: Specialized Training of Military Parents** (information and support for military families with children with special needs) <u>http://stompproject.org</u> 1800-5-PARENT

## Child Guidance Resource Center/Kencrest Philadelphia Autism Center of Excellence 855-ASD-PACE

2901 Island Ave. 19153. Call for program details.

## **SPIN-NET (PACE) Philadelphia Autism Center of Excellence** 855-ASD-PACE

10521 Drummond Rd 19154/5<sup>th</sup> Spring Garden St. 19123. Call for program details.

## Private Pay Parent Training Programs are available through:

**University of Penn/Hall Mercer Child and Parent Center** 245 South 8<sup>th</sup> Street 215-829-55550ffers workshops related to parenting a child with Special Needs http://www.med.upenn.edu/hallmercer/center\_description.shtml

## **Special Family Supports**

#### HIP Health Intervention Program

**FREE**! Three agencies (Health Promotion Council, Congresso and LaSalle School of Nursing) provide home visiting support to families with children who have special health care needs. HIP teams include nurses, social workers and parent professionals. Services include: advocacy and referral, service system negotiation, case management and counseling. (FAMILIES CAN NOT HAVE AN OPEN CASE WITH DHS) www.phila.gov/health/MCFH/HIPFamilies.html

Resources for Children's Health - Jane Prusso – 267-765-2307 Concgresso de Latinos Unidos - Melanie Ficke – 215-763-8870 ext 1909

LaSalle Neighborhood Nursing Center - Sharon Star - 215-951-5034

#### Home based support programs (also called "FES" ~ Family Empowerment Services )

Provides short term, intensive, in-home social services for a variety of family needs. (FAMILIES CAN NOT HAVE AN OPEN CASE WITH DHS) <u>Contact Michele Preston at 215-683-5751</u> or refer to the direct providers listed below:
United Community Services: 215-468-1645 (Lauren Fein)
Women's Christian Alliance: 215-236-9911 (Gloria Rosado)
Presbyterian Children's Village: 215-730-2240 (Bosede Ogunleye)
Congresso: 215-471-3251 (Ivon Falk)
Family Support Services: 215-438-9890 (Michelle McCoy-Griffen)
YSI (Youth Services, Inc.): 215-848-6200 (Leslie Rinehart)
Turning Points for Children: 215-875-3400 (Carla Neal)
Intercultural Family Services: 215-386-1298 (Jennell Tillman)
Lutheran Child and Family Services: 215-456-5700 (Kelli Gottermollier)

<u>PA Elks</u> http://www.paelkshomeservice.org/

FREE home based case management support for people of any age with a disability living at home. (Families below Erie Ave: Tracy Johnston 610-990-6381; Families above Erie Avenue: Maureen Fitzpatrick 215-333-4605)

#### Parenting Collaborative

Offers FREE community based parent support and education groups including programs for parents with special needs. Many groups are offered in Spanish and there IS a group for parents with children with Autism. Many programs provide tokens, snacks and free childcare. Please call or email the Parenting Collaborative at <u>pcreferrals@phmc.org</u> or 215-825-8259 to find out what's near you!

#### "Nurturing The Child With Autism"

A 12 week intensive parent training for families who have a child with autism. Includes tokens, snacks and childcare. Provided through CAPE, and the SPIN-NET Centers for Autism Excellence. Call 215-451-7176.

## "Parenting Plus!"

Parenting class for parents who have a mental health diagnosis at the Mental Health Association of Southeastern PA. Contact Gina Caruso at gcaruso@mhasp.org 267-507-5872

<u>TAMAA: Support for African Immigrant Families (of CCTC)</u> Contact Mr. Lanfia Waritay, Team Leader 215-496-0707, ext 1500 or <u>lanfia.waritay@cctckids.org</u>

<u>Center for Grieving Children</u> 3300 Henry Avenue, 19129 267-437-3123 <u>info@grievingchildren.org</u> A safe and caring place where young people and their families who are grieving a death can find help to grow through the healing process, free.

*Philadelphia Anti Violence Partnership*, 2000 Hamilton Street, 19130 <u>avpphila.org</u> 215-567-6776 AVP offers free, professional counseling to adult and child co-victims of homicide and victims who have been traumatized by other forms of violence. AVP's licensed counselors have specialized training and experience in assisting co-victims of homicide and victims of crime.

## **Supports for Latino Families**

#### HUNE (Hispanos Unidos Para Ninos Excepcionals) www.huneinc.org

Provides advocacy and support for Latino families with children with disabilities. 215-425-6203/2200 N. 2nd St, PA 19133

*PIN of PA: Support for Families of Children with Behavior Problems* Becky Español: 267-507-3868/ bespanol@mhasp.org

#### Abriendo Caminos A Los Latinos Con Familias Excepcionales

Support group for any family member or friend of a person with a disability. Contact Ana Pacheco: 215-744-5014/email apacheco@visionforequality.org or contact Ana Padilla 267-237-4580.

#### Spanish Language Parent Support and Education:

<u>Casa del Carmen:</u> 4400 N. Reese Street 19140/215- 329-5660 <u>Concilio</u>: 705-09 N. Franklin Street 19123/215-627-3100 <u>http://concilio.net/</u> <u>APM:</u> 445-47 West Luray Street 19144/ 215-329-9580 <u>Congresso:</u> 216 West Somerset 19133/215-763-8870

Monarch House/ Casa Monarca http://casamonarca.org/ 215-253-3033

1448 S. 17th. Street, 19148 Advocacy for Latino families as well as playgroups for children and their parents

<u>La Puerta Abierta</u> 2646 Kensington Ave, 19125 610-745-1952 <u>icfamwell@gmail.com</u> Free family counseling for undocumented and uninsured Spanish families.

<u>Amparo de la Niñez, Inc. – Children's Safe Harbor, Inc.</u>	www.amparodln.org	215-324-2919

Multicultural educational program (4 to 12 years) Music program (7 to 12 yrs. – bilingual) Computer program / Training workshops Fine Arts (drama, dance, poetry, chorus) Integral Counseling (children and families) 107-109 E. Luray St. 19120

## **Supports for Asian Families**

#### SEAMAAC: Southeast Asian Mutual Assistant Associations Coalition www.seamaac.org

Multi service center offering social supports and activities for many Asian families. Contact Amy Jones (social worker) at215-467-0690. Located at 1711 South Broad St. 19148

#### Intercultural Family Services ifsi@ifsinc.org

Home based and community based cases management (in many languages through their FES program ) and outpatient mental health services. Located at 4225 Chestnut Street 19104, (215)-386-1298 and also 2317 South 23rd Street 19145, (215)-468-4673.

#### Warren E. Smith Outpatient Mental Health

Vietnamese case manger and family therapist who sees adults or families (does not diagnose or see children separately). Cambodian case manager in the Wrap-Around Department. Located at: 2514 North Broad Street, 215-599-8911

## Hall Mercer Outpatient Mental Health

Chinese (Mandarin/Cantonese) child psychiatrist, Dr. Zheya ("Jenny") Yu - 215-829-5554. Also Helen Wu, social worker sees adults in the outpatient program as well and coordinates with a Mandarin speaking adult psychiatrist, 215-829-5529. Located at 8<sup>th</sup> and Spruce St, 19107.

#### **Boat People SOS (Vietnamese) Services Center**

Case management for families. Located at 600 Washington Ave, 19147. Call 215-334-1500.

#### CBH Asian Language Liaisons

Louis Truong (louis.truong@phila.gov) and Ratha McCleary (ratha.mccleary@phila.gov) will assist families in connecting to a Mental Health provider that speaks their language or they will support the family to obtain translation. Email or call them at 215-413-3100.

## Lutheran Childrens' Services

Philadelphia Refugee Mental Health Collaborative coordinator: Melissa Fogg 215-747-7500 melissaf@lfcsinpa.org

#### Cambodian Association of Greater Philadelphia cagp.org/programs.html

Offers supports, resources, case management, after school, summer camp and parent enrichment programs. Two locations: 2416 South 7th Street 19148. Phone: 215-389-0748 5412 North 5th Street, 19120. Phone: 215-324-4070 ~ Email rorng@cagp.org for more information.

#### Jaisohn Center www.jaisohn.org

Multiservice center for Korean families offering medical and family support. Located at: 6705 Old York Rd 19126 Call 215-224-2000 or contact social work directly at 215-224-9528/emails inquiries can be sent to Jane.song3@verizon.net.

Parent Friendly Handouts on behavior, autism and toileting are available at www.elwyn.org/program/seeds in a variety of languages including Chinese and Spanish.

## **Advocacy**

<u>Families First</u> Cathy Roccia-Meier ~ Training Coordinator 215-204-1772 cathyrm@temple.edu FREE community based empowerment training for families with children who receive Early Intervention Services from Childlink or Elwyn in Philadelphia. Workshops cover the basics of Early Intervention, rules, regulations, transitioning to Kindergarten, resources, networking and more. Available in English and Spanish.

## Parents Involved Network (PIN) 1211 Chestnut St. 19107 267-507-3860

Organization that assists parents or caregivers of children and adolescents with emotional and behavioral needs. PIN provides information, resources support services and advocacy they have a great website of helpful information.

## Parents Exchange pex.tripod.com 610-962-0337

An information, referral, and advocacy service for parents and caregivers of children with disabilities and professionals who work with them.

<u>The Arc of Philadelphia</u> 2350 W. Westmoreland St., 19140 215-229-4550 <u>www.arcpddc.org</u> Advocacy organization that provides training, information and referral support to people with disabilities and their families, services available in any language!

Vision For Equality, Inc718 Arch St. 6N 19106215-923-3349www.visionforequality.orgAdvocacy and mentorship for families of children with disabilities also provide trainings on a multitude of topics related to<br/>disabilities. Services also available in SPANISH!!

## Pennsylvania's Education for All Coalition www.paedforall.org/

Free consultation and advocacy for schools, programs and families related to supporting inclusion options for children with disabilities. Contact Jennifer Schrad at 267-232-0570.

## Parents Organized on Education

Guidance, support, advocacy for families with Special Needs Children ~ Contact: Roberta Bellamy 267-231-4120.

Disabilities Rights Network of PA 1315 Walnut St., 19107 215-238-8070 www.drnpa.org/

*Pennsylvania Health Law Project* 123 Chestnut St. 19106 1-800-274-3258 215- 625-3663 www.phlp.org \*\*Spanish staff available!!

<u>PA Education Law Center</u> 1315 Walnut Street 19107 1-800-692-7443 <u>www.elc-pa.org</u> (Disabilities Rights Network) Information only—For special education info please call Disability Rights Network)

## Safety (including Car Seats)

#### Autism Safety Toolkit http://www.nationalautismassociation.org/safetytoolkit

This is a comprehensive guide to help families and caregivers understand how to adapt your child's environment and community to assure they are safe. Also covered are issues of bullying, restraints and suicide prevention for this special population.

## Safety Net https://safetynetbylojack.com/

A sophisticated tracking system specially designed for people who wander and may be non verbal. See the website or call 877-434-6384. There is a fee\*

#### Autism Safety Project www.autismspeaks.org/family-services/autism-safety-project

This program (through Autism Speaks) reviews a number of issues related to the safety of people with Autism including sexual abuse. Please refer to this website:

## Autism Risk Management www.autismriskmanagement.com

This website, of Dennis Debbaudt, is the leading global voice on autism training for law enforcement and emergency responders.

## The Children's Hospital of Philadelphia's - Community Car Seat Program @ the Kohl's Safety Center

http://www.chop.edu/service/injury-prevention-program/kohls-safety-center/ Located at 34<sup>th</sup> & Civic Center Boulevard. Contact the safety center at 267-426-5000 for more information.

## Car Seat Loan Program of Pennsylvania www.pakidstravelsafe.org

Visit this website for information about the PA car seal loan program – and gather information about all transportation safety awareness and PA sponsored programs.

## *E-Z On Vest* <u>http://www.ezonpro.com/index.shtml</u>

This company offers a large variety of safety products, see their website for more information. Call 1-800-323-6598 for more information about safely vests and all other safety products

## **Spirituality**

## Archdiocese of Philadelphia: Pastoral Care for Persons with Disabilities

www.archphila.org jlavende@adphila.org

222 N. 17th Street, 19103 - Sr. Kathleen Schipani srschipa@adphila.org

The Department for Pastoral Care for Persons with Disabilities provides pastoral resources to parishes and families. The department can assist families with children with Autism and other disabilities including hearing loss/deaf supports. to access religious education and integration into their Catholic Parish. The department provides training and resources to parish staffs.

## <u>Special Needs CCD Classes</u>

St Matthews Church 3000 Cottman Avenue, Philadelphia PA 19149. (every Sunday from 11-12) Deacon Bob Burns at 215-333-0585/3142

*Jewish Family and Children's Services* www.jfcsphilly.org 10125 Verree Road,19116 Gam Yahad celebrate Jewish holidays together in a synagogue setting! Lisa Ney <u>lney@jfcsphilly.org</u> (267)256-2269

## Auerbach Central Agency for Jewish Education

Supports, education and trainings for Jewish preschools and synagogues throughout the 5 county area specific to facilitating inclusion of special needs persons of all ages. Debbie Gettes, dgettes@acaje.org 215-635-8940

## **Childcare/ Preschool**

(Elwyn does not endorse any of the groups or agencies listed herein. The purpose of this listing is to provide information about resources in the community only)

<u>Child Care Information Services (CCIS)</u> www.philadelphiachildcare.org 1-888-461-KIDS 1080 North Delaware Ave 19125, This agency helps families locate preschools, camp and childcare in their community as well as assisting with obtaining subsidized childcare .

Prekindergarten Head Start 215-400-4270 (3-5 year olds)

http://www.phila.k12.pa.us/offices/earlychild/PrekHeadStart/PrekindHeadStart.html

Preschool for 3-4 years old.; free to eligible low-income families. Special Needs Coordinators assist with the educational needs of disabled children in this setting.

#### Approved Private Head Start programs (3-5 year olds)

Acelero, Inc (two sites: St. Elizabeth's 1801 N. 23<sup>rd</sup> St. 19121 215-235-3198/3196 and Marshall Street Center 961 North Marshall Street, 19123 267-639-3240 APM Head Start 2318 N. Marshall Street 19133 215-763-1040 CDI Head Start 2515 Germantown Ave 19133 267-687-4344 (serves 19122,23, 33) Learning Tree Head Start, 846 South 57<sup>th</sup> Street 19143 215-471-9782: 14 sites in South and West Phila Norris Square Civic Association Children's Center 2011 N. Mascher Street, 19122, 215-634-2251 \*Please note – changes are likely. Please call 215-400-4270 for the latest updates.

#### Bright Futures Preschools 215-400-4270 (3-5 year olds)

#### http://www.phila.k12.pa.us/offices/earlychild/FocusonFour/FocusonFours.html

Bright Futures PreK's follow the school day and school year schedule and provide education to those children who are three or four years old by September 1st. There are 38 programs held in community elementary schools. Not limited to low-income families.

*Frankie's World* www.frankiesworlddaycare.com 215-763-0151 1011 Poplar Street 19123 Child care, pre-k/headstart for medically fragile children who have skilled nursing needs 7 days a week from 7 a.m.-7 p.m.

<u>Lauren's House</u> www.laurenshouse.com 1318 West Clearfield St., 19132 (888) 340-9430 Child care for medically or developmentally complicated children up to age 8

<u>Pediatria</u> <u>www.pediatriakids.com</u> 215-376-6801 8101 Washington Lane Wyncote PA 19095 Childcare for medically fragile children (ages 0-21) needing skilled nursing care. Transportation provided.

#### Early Head Start (0-3 year olds)

<u>CDI</u> - 2515 Germantown Ave 19133 267-687-4344 (serves 19122,23, 33) <u>The Health Federation of Philadelphia</u> - 1228 N. Franklin Street 215-223-5200 (serves 19120,21,22,24,26,32,33,40,41) <u>Maternity Care Coalition</u> - 2000 Mifflin Street 19145 215-551-6330(serves all of south Phila) <u>CHOP Kirkbride Center</u> - 111 N. 49<sup>th</sup> St., 215-590-7270, (serves 19104 and 19139)

#### Therapeutic Preschool Programs

<u>Childrens Crisis Treatment Center (CCTC)</u> - 215-496-0707 (Ages 2 ½-5 with significant social/emotional behavioral challenges) <u>Community Council Therapeutic Preschool</u> - 215-473-7033 (Ages 2.9 -5 with significant social/emotional and behavioral needs) <u>Hall Mercer Therapeutic</u> Preschool - 215-829-5557 (Ages 3-5 with behavioral disorders and emotional and social difficulties) <u>Northwestern Human Services (NHS/Parent and Children Together (PACT)/Children's Reach</u> - 215-427-1500

## **Respite**

#### Youth Service, Inc. (YSI) - Respite for Preschoolers

Free 24 hour emergency care for children ages 0-5 in family style centers (see below). These centers offer a warm, loving home environment with trained and seasoned staff. Care can be for a few hours or a few days or overnight. Telephone intake process includes proof of your child's immunizations. Free at following locations:

The Sally Watson Center: 5128 Wayne Avenue (Germantown) (215)844-6931

Baring House:, 3401 Baring Street (West Philly) (215) 386-0251

#### The Variety Club: Weekend Retreats www.varietyphila.org

Ages 7 to 21 at the Variety Camp & Developmental Center in Norriton, PA.. An interview is scheduled to determine if the resources at Variety meet your child's needs. A non-refundable fee of \$100.00 is due upon acceptance to the program. Application and forms are available on the website or call 610-584-4366.

#### Family Friends Program Intergenerational Center at Temple University www.templeigc.org/Family-Friends

215-204-6970/-3199/-3105 Family Friends, a nationally renowned program matching older adult volunteers who provide in-home companionship and respite to children with special needs. This is a part time program that provides breaks for families via respite trips or volunteers who are matched with families through a program staff member. Call for availability of matched volunteer program. Matching is on a waiting list. Free services

#### St. Joseph's University Kinney Center for Autism www.kinneyautism.sju.edu

"Kids Night Out", one Friday/month, \$35.00 for three hours. Fun activities in a safe and structured environment. Located at: 5600 City Avenue, 19131. Call 610-660-2170.

#### The Friendship Circle www.phillyfriendship.com

Weekly in- home respite by teen volunteers who are matched with Jewish families with children with special needs . Parent must remain at home during the volunteer's time. FREE. Call 215-574-1765.

#### Philadelphia Department of Behavioral Health https://www.dbhids.org/respite/

Two different types of respite are available for children ages 6-15. **Requirements: must be receiving services from Dept of Behavioral Health/CBH and child must have Medical Assistance.** Call 215-685-4746 for more information: Saturday afternoon Respite

Boys and Girls Club Spring and Winter Break programs (\$300 minigrant for a trusted friend or relative who can provide respite).

#### Easter Seals of PA sepa.easterseals.com

Recreation and camps offered to children with special needs.

Saturday Respite Day: \*ALL ages\* \$75 from 9 a.m -9 p.m. (every 1st Saturday of the month)

Young Adult Social Groups: \*Ages 12 and up\* (every 1st and 3rd Friday from 6-9 p.m.) \$50 for 4 months

Saturday Night Out: \*Ages 18 and up\* Costs vary depending on activity every 2nd Saturday of the month) brochures on line

<u>Respite W eekend Adventures</u>: \*Ages 16 and up\* 3 times a year (\$550 includes meals, room and board, transportation and activities (every June is a trip to Wildwood, other trips vary)

For more information call 215-879-1000ext: 6088 or email <u>recreation@easterseals-sepa.org</u>. Find more information online at <u>sepa.easterseals.com</u> and search recreation services. Located at 3975 Conshohocken State Road, Philadelphia 19131.

#### Home Health Aides and Nursing Services

In exceptional cases where a child with autism has other medical issues or skilled nursing needs and the parent works, some families have been able to obtain home health aide services for their child from a home-nursing agency. Agencies listed below: <u>Bayada Nursing:</u> 215-988-9006 <u>Infinite Care</u>: 215-742-3247 <u>Rescare Homecare</u>: 215-643-1200 267-460-6234 ksauder@rescare.com <u>Visiting Nurse Group</u>: 215-829-8888 info@visitingnursegroup.com <u>Pediatria</u>: 215-376-6576

#### Jewish Family & Children's Service www.jfcsphilly.org

Direct Care Service – will assist with accompanying individuals to needed appointments and social events, driving to and from appointments and therapies, respite, companionship, errands, and socialization. Open to whole community regardless of religion. Ages 10 and up. \$24/hour. Contact Lisa Ney: <u>lney@jfcsphilly.org</u>/267-256-2269. Located at: 10125 Verree Road, Suite 304, Phila., PA 19116

## **Intellectual Disabilities Services**

(Formally Mental Retardation Services)

Supports Coordination Organizations offer a variety of outpatient services for children with either a diagnosis of Mental Retardation of a 50% delay in cognition. If a child qualifies, s/he is eligible for Family Driven
 Support Service (FDSS) Funds, which can be used for a variety of things such as respite and camp. A family must apply on behalf of their child through the Central Office intake number and if s/he qualifies, then the family can receive case management services through one of the four centers listed below.

## To Access IDS Services, contact:

(215) 685-4677 (intake and registration) (215) 685-5900 (main number)

Located at: 701 Market Street, Suite 5200, Philadelphia PA 19106

#### **Local Supports Coordination Offices:**

Partnership for Community Supports www.pfcsupports.org 9360 Ashton Road, Suite 102, Philadelphia, PA 19114, 267-350-4500

<u>Quality Progressions</u> <u>www.qualityprogressions.org</u> 125 S. 9th St, 4<sup>th</sup> Fl, Philadelphia, PA 19107 267-765-2000

<u>PHMC/PersonLink</u> <u>www.phmc.org</u> 260 S. Broad St, 8th floor Philadelphia, PA 19102 267-295-3800

The Consortiumwww.consortium-inc.org5828 B Market Street, Philadelphia, PA19139215-472-1707

<u>EPIC</u> 2449 Golf Road, Suite 17, Phila PA 19131 215-452-0300

If you are a parent or family member of a person receiving IDS in Philadelphia and looking to get support, resources, and information your area, please contact the following: **Vision for Equality** at 215-923-3349

## MEDICAL ASSISTANCE AND SSI

## MA for Children with a Disability – Known as PH95

• MA( Medical Assistance) is medical insurance that may cover things that your child's primary insurance does not cover. If your child is disabled you may want to explore obtaining MA benefits for him/her.

## What does MA pay for that my private insurance might not cover?

- o For a child, MA covers everything that is medically necessary. Among those services are:
  - Wrap-Around Services--Wrap-Around services provide some children with a mental health diagnosis home or school based behavioral supports and therapy. (see page 25-26)
  - Medical, Nursing and Home Health Aide Services-- MA can pay for medical or therapy equipment, co pays, deductibles, transportation to medical appointments, medical bills not covered by your insurance (from up to 3 months ago) and nursing services that are medically necessary (see page 20)
  - **The Diaper Program--** Diapers are paid for by MA when a child continues to need diapers after the age of 3 due to his/her special needs. (see page 24)

MA is a <u>medical insurance program</u>. It is state funded and administered through the PA Department of Public Welfare; HOWEVER, it is NOT WELFARE. Once your child receives MA you will need to recertify his/her case annually, either over the phone or through the mail. If you already have private insurance you can keep it and also obtain MA to supplement your child's coverage.

## Medical Assistance Special Needs Coordinators:

Americhoice: 877-844-8844 Health Partners: Leah French 215-991-4378/ (24 hour number: 4370) Keystone Mercy: Carolyn Macy: 215-937-8881 (24 hour number 800-573-4100 (see page 21 for Home health aide listings)

## Transportation to medical appointments

- o The Medical Assistance Transportation program can provide rides or reimbursement for public transportation or car use for a parent and a child going to or from a medical appointment
- o Call LogistiCare at 1-877-835-7412 or online go to http://www.dpw.state.pa.us/Resources/Documents/Pdf/MATP\_LongBrochure.pdf

## ...a word about SSI:

SSI, (Supplemental Security Income), is a federally funded program which provides a monthly check **and** Medical Assistance for people who qualify. To qualify you must have:

□ a disabling condition PLUS financial requirement of living below the poverty line.

To apply, call 800-772-1213, or log on to http://www.ssa.gov.

## How To Apply for Medical Assistance:

 Call 1-800-986-KIDS (5437) (This is the "Healthy Kids Help Line") OR 215-560-2900 to have a MA application sent to you (ask for application PA600P) OR YOU CAN DOWNLOAD YOUR OWN APPLICATION ON LINE AT: http://www.dpw.state.pa.us/ucmprd/groups/public/documents/form/s\_001562.pdf

2. Fill out the application. Make sure to write "**MA FOR DISABLED CHILD HANDBOOK SECTION 355.4**," across the top of the form. This will alert the caseworker to consider the child for eligibility because of their disability.

3. DOCUMENTATION!!!! You will need to provide proof of everything you are saying about your child by providing copies. For example: proof of citizenship (a birth certificate), proof of identity (such as a government issued photo ID (school-issued ID card,) address (a utility bill),

disability (medical or psychological evaluation written by a licensed clinician within the last 3 months.), proof of any income in the household, including income received in the child's name, and copies of any unpaid medical bills owed from the last 3 calendar months. -You will also be asked to show proof that you did apply for SSI or were rejected due to income. If you have not already applied for SSI you will be assisted to do this (see page 23"...a word about SSI")

4. Mail application to: (*Make copies for yourself of everything you are sending in case it gets lost.*)
Philadelphia County Assistance Office, 215-515-6400
Philadelphia State Office Building, Room 608
1400 Spring Garden Street, Philadelphia, PA 19130-4088

- 5. The application will be forwarded to your local County Assistance Office. You should hear from them in a letter within 30 days about the status of your application. This letter will contain the name and phone number of the caseworker assigned to your child's application. They may need more information. Keep in mind that the state rule says that you do not need to go to the office at all for an appointment, you can phone, fax or mail information.
- 6. OR you can call PCCY at 215-563-5848 X 17. PCCY 's Child Healthwatch Helpline will take your information on the phone, gather documents from you by mail or fax and send your application in for you.

If you have any problems you can contact:

- □ Philadelphia Citizens for Children and Youth at 215-563-5848.
- □ The Pennsylvania Health Law Project at 215-625-3663.
- Disabilities Rights Network of PA 215-238-8070/<u>http://www.drnpa.org/</u>.

To download a free copy of the Elwyn Family Guide to Medical Assistance (reader friendly), please visit <u>www.elwyn.org/SEEDS</u> and click on the MA Guide tab.

## **DIAPERS AND TOILETING RESOURCES**

## The Diaper Program (Only for children over 3)

If you child is three years of age or older and is using diapers still because of a developmental delay or medical reason he/she can receive a case of diapers and wipes delivered to your home on a monthly basis.

## For Child with Medical Assistance. here is what you can do:

Call your child's health provider (this is usually the number written on the back of your medical card).

1. Ask the insurance provider what <u>Durable Medical Equipment</u> Company they contract with in your area and get the name and phone number of that company.

2. Call the equipment company and explain that you want to get your child on the diaper

program. They will do an intake with you over the phone and then they will ask you to call your doctor and have the doctor fax a prescription for diapers and wipes to them. <u>Get the equipment company's fax number</u>.

- 3. Call your doctor's office and explain that you need to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis.
- 4. Soon you will begin to receive diapers each month. You will need to renew this process each year if your child continues to need them.
- 5. If you do not receive the diapers and wipes please call the Medical Equipment Company to check in with them.

## For children with Private Insurance in addition to Medical Assistance (i.e. from a parent's job).

- Submit the diaper prescription to the private health plan for payment to the durable medical equipment company.
   The private health plan will deny the payment ~ ask for the denial in writing.
- 3. Resubmit the claim to the medical assistance plan provider with the written denial from the private health plan.4. The durable medical equipment companies can guide you through the rest of the process.

## El Programa de Pañal (This is the same information as above but in Spanish)

Si su niño tiene tardanzas del desarrollo y tiene más de 3 años, él o ella pueden recibir pañales gratis por la asistencia médica.

Siga estos pasos:

- 1. Llame el 1-800 número de teléfono al dorso de la tarjeta médica de su niño para averiguar a quién su "Equipo Médico Duradero local" abastecedor es.
- 2. Llame aquel abastecedor, y hable con ellos sobre "el programa de pañal". Ellos le dirán que usted tendrá que conseguir una prescripción del doctor de su niño y ellos le darán el número de fax mandar por fax la prescripción.
- 3. Llame la oficina de doctor de su niño y dígales que su niño necesita al doctor para mandar por fax una prescripción para pañales a la compañía. La prescripción debería declarar el diagnóstico de su niño y debería solicitar un suministro de un 3 mes de pañales con recambios. ¡Asegúrese que el doctor escribe el tamaño de pañal de su niño la prescripción también!
- 4. La farmacia que proporciona estos pañales dispensará automáticamente pañales genéricos a menos que el doctor declare una razón médica de una marca de nombre.
- 5. Usted puede ser aprobado para limpia también.

## Resources

- Maria Wheeler book: Toilet Training for Individuals with Autism and Related Disorders
- www.clothdiaper.com/PRODUCTS/DIAPER-COERS/Gerber-Waterproof-Pants.html
- www.visualaidsforlearning.com/toilettraining-pack-learning.htm
- www.childrenwithspecialneeds.com/index.php/downloads.html
- <u>www.llmedico.com/g/plastic-pants/</u>
- <u>http://www.niu.edu/ccc/resources/ToiletTraining2.pdf</u>
- <u>http://www.autismspeaks.org/docs/sciencedocs/atn/atn\_air-p\_toilet\_training.pdf</u>
- <u>http://raisingchildren.net.au/articles/autism\_spectrum\_disorder</u>

## **Behavioral Supports**

## <u>Community Behavioral Health (CBH)</u> 801 Market Street, 7<sup>th</sup> Floor, 19107

1-888-545-2600, <u>www.phila-bhs.org</u>

- CBH is the mental health HMO for any resident of Philadelphia who has Medical Assistance. CBH oversees many programs that private insurances do not pay for such as therapeutic preschools, Wrap-Around services and home-based family therapy
- Families with private insurance can obtain Medical Assistance (in most cases) for their disabled child

Website: <u>http://philadelphia.pa.networkofcare.org/mh/home/index.cfm</u>. Offers a great deal of information about services and resources in Philadelphia. Special Needs Unit: 215-413-7663

## What is Wrap Around?

Wrap Around (aka: BHRS) is a behavioral health support service provided by a team that may consist of a Behavior Specialist Consultant (BSC), a Case Manger and a Therapeutic Support Staff (TSS) Worker. The Wrap Around team helps a child in the location where s/he needs support, for example at school or at home or both. Wrap-Around Services do take at least 2-6 months to begin. The child must have a psychiatric or psychological evaluation recommending Wrap Around that is written by an approved provider. If a child has private insurance, CBH is required to request that the psychological evaluation is done through the private insurance provider first. Services are reassessed every year, it is expected that families engage in team meetings every three months to assess their child's progress. Families who have MA can contact a wraparound service provider directly or apply through CBH directly. *\*This service is NOT provided through the Pennsylvania Department of Education or Elwyn SEEDS. \*Wrap Around staff are not childcare staff, they must work with a child when a "responsible adult" is present, they do not participate in personal hygiene care such as changing diapers* 

## FOR A LIST OF WRAP AROUND PROVIDERS, PLEASE REFER TO PAGES 2-10.

## **Behavioral Health Services and Act 62**

Children who are covered under certain private insurances are entitled to have certain behavioral services covered up to \$36,000/year. Only after this funding has been used would MA then begin to pay for Behavioral Health Services. It is therefore important for families who fall into this category to seek Behavioral Health Services from agencies that take both insurances so that their child's provider remains consistent. To qualify for Act 62 the private insurance must come from an agency that has 50 or more employees and is not "self-insured" or "ERISA".

PA Autism Insurance Act (Act 62) information can be found at the following website: www.dpw.state.pa.us/foradults/autismservices/paautisminsuranceact62/autisminsuranceactfactsheet/index.htm

## Parents Involved Network (PIN) 1211 Chestnut St. 19107 www.mhasp.org 267-507-3860

Organization that assists parents or caregivers of children and adolescents with emotional and behavioral needs. PIN provides information, resources support services and advocacy they have a great website of helpful information, especially about Wrap Around Services

## **Recreation/Arts/Community Activities**

(Elwyn does not endorse any of the groups or agencies listed herein. The purpose of this listing is to provide information about resources in the community only)

City of Philadelphia Recreation Department www.phila.gov/recreation

After school summer camp and weekend activities for children ages 5-13. Low cost/ fees vary 215-683-3600 (website available in multiple languages)

#### Philadelphia Airport Autism Access Program www.phl.org/ada.html

This Program provides opportunities for children with autism and their families to become familiar with traveling through PHL, and includes Social Stories by Carol Gray and a simulated airport experience. For more information contact accessibility@phl.org

#### HeARTS for AUTISM www.HeartsforAutism.org

A monthly workshop for families with children with Autism, to use art as means of expression. Located at the Norcom Center in Northeast Philadelphia with activities for caretakers and siblings as well. Pre-registration is required ~ workshop is FREE! For more information call 267-231-7585 or email <u>robin@heartsforautism.org</u>

Free Library of Philadelphia www.freelibrary.org

Many branches have FREE story and FREE craft hours for children, call 215-685-5322 or check the website for location/hours.

#### Kardon Institute for Music and Art Therapy www.kardoninstitute.org/contact/locations/

Provides music, dance, art therapy for children and adults w/ special needs, tailored to the individual covered by CBH/MA!!!!
Main Site: 10700 Knights Road, 19114. Contact: 215-637-2077
5 Regional Sites:
Mary Louise Curtis Branch: 416 Queen Street | Philadelphia, PA 19147
Jenkintown Music School Branch: 515 Meetinghouse Road | Jenkintown, PA 19146
West Philadelphia Branch: 4910 Wynnefield Avenue | Philadelphia, PA 19131
Germantown Branch: 6128 Germantown Avenue | Philadelphia, PA 19144
Camden Branch: 531-535 Market Street | Camden, NJ

#### Tops Soccer/Topsports www.MYTOPSPORTS.org

FREE sports and recreations opportunities for children with special needs. Call 215.579.2656 or email sa.milligan@verizon.net.

#### Holy Terror Stars http://holyterrorstars.webs.com

FREE athletic association for children with ANY kind of special need. ALL sports, every Friday night, no age limit. Required registration and parents take turns providing snacks or drinks. Opportunities for older typical kids as 1:1 mentors for the special needs athletes (preferably 14 years and up)! Lots of additional activities as well such as holiday parties and Phillies games. Location: Northeast Philadelphia at New Foundations Charter School (Rhawn and Torresdale) Contact: Cindy Hinchy at <u>215-331-9876/cyndistarts@verizon.net</u> or Aimee Boothman at 215-847-4422/<u>alrb1021@aol.com</u>.

#### Fox Chases Champions www.foxchasechampions.com

FREE Special needs sports organization including indoor/outdoor soccer, bowling and baseball in the Northeast. Contact Matt McDonald 215-745-2785 or email <u>info@foxchasechampions.com</u>.

#### MA Athletic Sports Mix

 $\label{eq:action} Athletic program for children with any type of developmental/physical disability and their siblings. \\ Shannon Pakstis - \underline{267-694-6367/johnsmom2008@yahoo.com} \\ Steve McLaughilin \underline{267-255-4660/smclaughlin@gmail.com} \\ Steve Mc$ 

<u>Special Olympics PA</u> Tuere Richoduop <u>215-888-6860/tuerenjie@gmail.com</u> Athletic program for children 2-7 with IDS. FREE! Saturday at Myers Rec Center (58<sup>th</sup> and Kingsessing – West Phlly)

#### <u>Smith Memorial Playground</u> www.smithkidsplayplace.org

FREE indoor playhouse located in Fairmount Park for children 5 and under, outdoor playground for children 10 and up with the famous "Giant Slide". Also have story hours and craft hours that are free. 215-765-4325

#### Norcom Community Center www.nccfun.org

Offers year-round recreational activities for children with special needs. Located at10980 Norcom Rd 19154 Contact Laura Fekete: 215-698-3060/ 215- 613-1070

#### Variety Club Autism Resource Center www.varietyphila.org/serve/autism-initiative/

Recreational events for the entire family including: Autism Day at Sesame Place, Please Touch Museum, and many other events all year long 215-735- 0803

#### Variety Club Camp Center

<u>Saturday Arts Program</u>: ages 6-21. an opportunity for participants to explore all mediums of art including visual art, dancing, music, and theater. Sessions take place every Saturday from 9AM-3PM for 10 weeks. Sessions take place in the Fall, Winter, and Spring.

<u>Teen Club</u>: a social skills program for teens diagnosed with Autism, Asperger's, PDD-NOS ages 12-16. Group meets one night per week for 1 ½ hours for 10-weeks. Sessions take place throughout the year. Space is limited and sessions fill up fast. Located at: 2950 Potshop Road, Worcester, PA 19490. Contact Jean Merkl at 610-584-4366.

#### Parent to Child www.parent2child.net

A parent and child therapy center offering art and music therapies to promote growth, development and social skills; parent training and sibling club. Sliding fee\*. Contact director Kathryn Snyder, ATR-BC, LPC: 215-450-5271 / <u>kathrynsnyder@comcast.net</u> Located at: 1722 Pine Street 19103

#### O'Doodles Toy Shop www.odoodles.com

Offers Autism specific events ~ see website for activity calendar. Call 215-247-7405 for more information. Located at: 8335 Germantown Avenue, 19119.

#### Quinn Developmental Services www.BehaviorExcellence.com

Offers gymnastics classes for special needs children as well as social skills group and camp. Located in Ambler, PA. Call 215-654-7577 for more information.

#### Kix & Giggles Children's Playland www.kixandgiggles.com

Indoor and outdoor play land for ages1-10 on Wednesdays. The entry fee is waived for children with disabilities. Located at: 9356 Old Bustleton Ave, 19115. Call 215-677-4140 for more information.

#### Horseback Riding

Pegasus Riding Academy Inc.: 8297 Bustleton Ave, 19152. 215-742-1500 www.pegasusridingacademy.com. One Step At a Time: P. O. Box 125, Bristol, PA 215-945-4499 Special Equestrians: 2800 Street Rd. PO Box 1001, Warrington, PA 18976. 215-918-1001 www.specialequestrians.org

<u>Chang's School of Martial Arts</u> <u>www.changsschoolofmartialarts.org</u> KAFA (Karate Adapted for Autism) located at 499 South Henderson Road , King of Prussia. Call 610-277-2919.

#### Jewish Family and Children's Services www.jfcsphilly.org

Social skills groups for children, teens and adults open to everyone regardless of religion. Located at: 10125 Verree Road, Philadelphia 19116. Contact Lisa Ney at <u>lney@jfcsphilly.org</u>/(267)256-2269

#### Easter Seals of PA sepa.easterseals.com

Recreation and camps offered to children with special needs.

Saturday Respite Day: \*ALL ages\* \$75 from 9 a.m -9 p.m. (every 1st Saturday of the month)

<u>Young Adult Social Groups</u>: \*Ages 12 and up\* (every 1st and 3rd Friday from 6-9 p.m.) \$50 for 4 months <u>Saturday Night Out</u>: \*Ages 18 and up\* Costs vary depending on activity every 2nd Saturday of the month) brochures on line <u>Respite Weekend Adventures</u>: \*Ages 16 and up\* 3 times a year (\$550 includes meals, room and board, transportation and activities (every June is a trip to Wildwood, other trips vary)

For more information call 215-879-1000ext: 6088 or email <u>recreation@easterseals-sepa.org</u>. Find more information online at <u>sepa.easterseals.com</u> and search recreation services. Located at 3975 Conshohocken State Road, Philadelphia 19131.

#### YMCA www.philaymca.org/

Programs are offered at all locations are for children of different ages with special needs. Programs and ages vary. This includes sports and recreation, swimming, daycare/childcare, after school programs, and summer camps. Fees do apply. Columbia North: 1400 N. Broad St.19121, 215-235-6440

Roxborough: 7201 Ridge Ave 19128, 215-482-3900

Christian St: 1724 Christian St. 19146 215-735-5800

West Philly: 5120 Chestnut Street 19139, 215-476-2700

The YMCA is now accepting some insurance to cover registration and monthly fee payments !!

## **Camps**

*The City of Philadelphia Summer Program Guide* The Recreation Department: 215-683-3600 Fairmount Park: 215-683-0200 Free Library of Philadelphia: 215-686-5372

 PA Mentor
 10601 Decatur Road, Suite 400, 19164
 215-612-8200
 www.pa-mentor.com

 Summer camp for children with ASD ages 5-15. Two sites in Northeast, one site in South Philly. Register EARLY, this camp fills up fast!
 FREE – Child must have MA!

<u>Norcom Community Center</u> 10980 Norcom Rd 19154 215- 613-1070 <u>www.nccfun.org</u> Integrated summer camp for special needs and typical children ages 5-18. Children's activities: Laura Fekete 215-698-3060.

*Variety Club Developmental Overnight Camp* 2950 Potshop Road, Worcester, PA 19490 610- 584-4366.

<u>Day Camp</u>: For children and youth with disabilities ages 5-21. Program runs Monday thru Friday throughout the summer. Activities include arts and crafts, swimming, music, sports, theater, nature, etc. 3:1 ratio of campers to staff. Transportation is available, but limited to a pick-up point in Northeast Philadelphia and Bucks County. Siblings are also welcome to attend. Before and aftercare available. FEE\*

Overnight Camp: (610) 584-4366.

For children and youth with disabilities ages 7-21. Participants stay overnight from Sunday to the next Saturday. Air-conditioned cabins with full bathrooms. Activities include arts and crafts, music, sports, theater, nature, and swimming.

*Vocational Program* Jean Merkl 610-584-4366 x1101.

For youth with disabilities ages 14 and up. Program takes place throughout the summer. Participants learn job skills as they participate in various work-related activities including landscaping, cooking, office duties, camp store, etc. Space is limited.

<u>Carousel House Special Needs Day Camp</u> www.carouselhousepa.com 215-685-0160/61/62 A 2-week camp for kids with disabilities ages 6-25. Located at Belmont Avenue and North Concourse in Fairmount Park.

<u>Madeline Moore Summer Camp Grant</u> <u>http://dbhids.org/summercamp</u> 215-685-4737 ONLY for children who are receiving services through CBH. Provides up to \$600/ year for camp available through CBH.

<u>Dragonfly Forest</u> <u>www.dragonflyforest.org</u> 610-298-1820 FREE!!!! Limited space-register early! Residential overnight Summer Camp for ages 7-14, in Wesstown, PA (Chester County).

<u>Easter Seals of PA</u> recreation@easterseals-sepa.org 215-879-1000ext: 6088 – Vist website for more information: http://sepa.easterseals.com/site/PageServer?pagename=PASE recreation programs

<u>YMCA</u> http://www.philaymca.org/ has after school programs at the following locations: Columbia North:1400 N. Broad St. 19121, 215-235-6440 Roxborough:7201 Ridge Ave 19128215-482-3900 Christian St:1724 Christian St. 19146, 215-735-5800 West Philly:5120 Chestnut St. 19139, 215-476-2700

St. Joseph's University Kinney Center for Autism 5600 City Avenue 19131 610-660-2170

A low cost summer camp for kids with Autism that fills up by January! You can get on their email list so you don't miss this opportunity.

Quinn Developmental Services (Ambler PA) 215-654-7577 www.BehaviorExcellence.com

#### West Phila. Parents of Autistic Children

New Summer Camp Programs! Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or rbell1@verizon.net (that's three 'L's and the # 1!)

## **Supports for Adults with Autism**

<u>Pennsylvania Department of Public Welfare Bureau of Autism Affairs</u> <u>http://www.dpw.state.pa.us/forchildren/autism/index.htm</u> Has a number of resources and programs for adults with Autism including the Adult Autism Waiver and the Adult Community Autism Program. 866-539-7689

#### ALAW-Autism Living and Working www.autismlivingworking.org 267-322-5800

ALAW's mission is to help adults with autism form and sustain households, hold jobs, and contribute to community life, through individual supports and accommodations.

#### ASAN The Autistic Self Advocacy Network www.autisticadvocacy.org

National organization, support, advocacy, focus on teens and education opportunities See website for local chapters.

<u>Easter Seals of PA</u> 3975 Conshohocken State Road,19131 <u>recreation@easterseals-sepa.org</u> 215-879-1000ext: 6088 <u>Saturday Night Out</u>, (18 and up) Costs vary depending on activity every  $2^{nd}$  Saturday of the month) brochures online <u>Respite Weekend Adventures</u> (16 and up) 3 times a year (\$550 includes meals, room and board, transportation and activities (every June is a trip to Wildwood, other trips vary)

#### Families Of Adults Autism-ASAphilly

This is a Yahoo group list serve for the Phila area for families of Adults (age 17 and up) with Autism Spectrum Disorder. This is an environment to learn about the needs of adults with Autism, and other related neurological disorders. To view the details of this listserv: <u>http://health.groups.yahoo.com/group/FamiliesOfAdultsAutism-ASAphilly/</u>

*Eastern University* www.eastern.edu/campus/academic\_support\_services/csp/application.html College Success Program for Students Living with Autism

<u>St. Joseph's University</u> <u>http://kinneyautism.sju.edu/services/index.html</u> Kinney Center offers two College bound programs

<u>Chestnut Hill College</u> <u>http://www.chc.edu/graduate/programs/autism\_spectrum\_disorders\_certificate/</u> Offers a graduate training certificate for people who are looking for more skills and expertise in working with people with Autism.

<u>GRASP Philadelphia (Global and Regional Asperger's Syndrome Partnership)</u> <u>http://www.grasp.org/</u>

Members range in age from 18 to 65 plus. Group meets monthly at the Easttown Library in Berwyn, PA from 2 to 4 PM on the second Saturday of each month. <u>http://health.groups.yahoo.com/group/GRASP\_Philadelphia\_PA/</u>

#### West Phila. Parents of Autistic Children

Teen and Adult Services! Located at 6050 Market St. Contact Roberta Bellamy 267-231-4120 or 215-472-2764 or rbell11@verizon.net (that's three 'L's and the # 1!

Jewish Family and Children's Services 10125 Verree Road, 19116 www.jfcsphilly.org

Lisa Ney <a href="https://www.lney.org">lney@jfcsphilly.org</a> (267)256-2269

<u>The Network:</u> monthly community-based culturally enriching outings for high functioning adults. <u>Healthy Relationships and Sexuality:</u> a series of workshops for adults with special needs to address these issues. Both of these programs are open the general community regardless of religion.

PAR Pennsylvania Association of Resources http://par.net 717-236-2374

Connecting people with Autism or Intellectual Disabilities with supports and services in their community.

<u>Transition to Adulthood/ Special Healthcare Needs Consultants</u> 877-986-4550 www.portal.state.pa.us/portal/server.pt/community/special\_kids\_network/14205/transition\_health\_care\_checklist/558090

<u>University of Penn Social Learning Disorders Program</u> 3535 Market Street, 2<sup>nd</sup> floor Philadelphia PA 19104 Phone: 215-573-1159, <u>www.med.upenn.edu/add</u> not particularly autism specific

www.wrongplanet.net : a online forum for adults, parents and professionals with Autism and ADHD

ASCEND Meet Ups http://www.meetup.com/autism-414/

Philadelphia Office of Intellectual Disabilities Service - <u>Emergency:</u> 215-829-5709 (this is the number for the Hall-Mercer 24 Hour Adult Unit, they take people ages 18 and up)

## **Grants and Financial Planning**

## Bureau of Autism Services, PA Department of Public Welfare

- <u>www.autisminpa.org</u> 1-866-497-6898
- Mini grants: Variety club annual memberships, project Lifesaver fees
- Act 62 (see website details)

## Madeline Moore Summer Camp Grant

provides up to \$600/ year for camp available through CBH, 215-685-4737 for children who are receiving services through CBH such as Wrap-Around

see this website: www.dbhmrs.org/children-s-services

## Children's Scholarship Fund Philadelphia www.csfphiladelphia.org 215-670-8411

Scholarships for 4 years for children K-8<sup>th</sup> grade to fund private, parochial and other tuition-based community schools. To apply you must: 1. meet low-income guidelines, 2. fill out an application found on the website, 3. complete a one page essay described in the application

Applications are due March 1, 2010 for the 2010-2011 school year

## SCHWALLIE FAMILY SCHOLARSHIP PROGRAM

## http://www.researchautism.org/news/otherevents/scholarship.asp

-Overseen by the Organization for Autism Research this scholarship provides \$3,000 for individuals with Autism towards payment for post secondary school.

## <u>Cradles To Crayons (C2C)</u> <u>www.cradlestocrayons.org/Philadelphia</u> 215-836-0958

Provides FREE clothing, school supplies, shoes, coats, bedding and other material goods for low- income and homeless children from birth to 12. <u>C2C does not work directly with families</u>; requests must go through social workers, health care workers, teachers, and people in similar positions, who place orders for children's items on behalf of families they support. Agencies must register with C2C. Register your agency today for free!

## Financial Planners

MetLife Center for Special Needs Planning, Patrick Bergmaier, 610-832.3759 • Cell: 215.317.4143 www.bwmg.net

Merrill Lynch Special Needs Financial Services Advisors 877-456-7526 See their website: wealthmanagement.ml.com/wm//pages/ArticleViewer.aspx?TITLE=specializedsupportthatprovidespieceofmind