# Elwyn's Philadelphia Resource List for Autism Services and Supports 2011

This listing in compiled by a network of Philadelphia professionals and families. The purpose of this listing is to share information about resources and in no manner whatsoever supports, profits or takes responsibility for the agencies, services, and individuals noted herein. This listing is updated annually by Karen Krivit, at Philadelphia Elwyn; please submit new or updated information to <u>krivitk@elwyn.org</u>, call 267-784-2009, or mail: 4040 Market Street, Suite 312, Philadelphia PA 19104. If you are looking for information or resources and you can't find it in here please contact us.

> This listing was last updated on 1/22/2011 This document is available on line at <u>http://www.cap4kids.org/philadelphia/</u> under Resources

# Table of Contents

•	Medical (Diagnosis, Evaluation and Treatment)	pages 3-6
•	Dental	page 6
•	Education/Therapy	page 7
•	Additional Educational Resources/Trainings	page 8
•	After School Program	page 9
•	Information/Resources	pages 10-11
•	Research/Treatment	page 12
•	Family Supports/Groups	page 13
•	Family and Sibling Supports	page 14
•	Supports for Asian Families	page 15
•	Supports for Latino Families	page 15
•	Special Family Supports	page 16
•	Advocacy	page 17
•	Safety (including Car Seats)	page 18
•	Childcare/Preschool	page 19
•	Respite	page 20
•	Mental Retardation Services	page 21
•	Medical Assistance and SSI	page 22
•	How to Apply for Medical Assistance	page 23
•	Diaper program(in English and Spanish)	page 24
•	Wraparound	pages 25-26
•	Recreation/Arts	pages 27-29
•	Camp	pages 30-31
•	Spirituality	page 31
•	Supports for Adults	page 32
•	Grants	page 33

#### Medical(Diagnosis, Evaluations and Treatment)

(Elwyn does not endorse any of the individuals and agencies listed here. Agencies provided here are for information only. Please be sure to ask all providers about fees and insurance coverage before hand as Elwyn does not assume any financial responsibility for the agencies.)

Developmental Pediatrics Teams that accept Medical Assistance

- Children's Hospital of Philadelphia Developmental Pediatrics
   3550 Market Street, Philadelphia 19104 Phone: 215-590-7500
   \*\*\* Accepts MA → over one year waiting list
- Einstein Hospital Multidisciplinary Assessment Program
  - Old York Rd, Philadelphia, PA 19141 215-456-6786
  - http://www.einstein.edu/yourhealth/autism/
  - \*\*\* Accepts MA → Spanish speaking staff (8 month waiting list) Dr. Wendy Ross, M.D. ,Yahaira Marquez PhD.(SPANISH SPEAKING!!!)
- St. Christopher's Hospital Erie Avenue at Front Street, Philadelphia, PA 19134 Phone: 215- 427-5531
   \*\*\*ACCEPTS MA → over one year waiting list Maureen Fee, M.D. and Beth Parrish, M.D.
- Dupont Hospital Department of Developmental Pediatrics 1600 Rockland Road Wilmington, DE 49803 Phone: 302-651-4511 Accepts Keystone Mercy MA

#### Child Psychiatry Programs, Psychiatrists, Psychologists and agencies that accept Medical Assistance

- The Center for Autism
   Headquarters: 3905 Ford Road, Suite 6 Philadelphia, PA 19131

   Northeast: 2801 Grant Avenue, Philadelphia, PA 19114
   Phone: 215-878-3400 <u>http://www.thecenterforautism.org/</u> E-mail: <u>info@thecenterforautism.org</u>
   Child psychiatrists (staff may rotate) and outpatient therapy \*\*\*Accepts MA
- CHOP Child Psychiatry and Behavioral Health 3440 Market Street, 2<sup>nd</sup> floor: 215-590-7555 \*\*\*Accepts MA
- Cognitive Behavioral Services —3255 N. 6<sup>th</sup> Street, Philadelphia PA 19140 (children 5 and up, SPANISH speaking staff) 215-634-3976 child psychiatrist and psychologists
- Childrens' Crisis Treatment Center-psychiatrists and psychologists(any age) 417 N. 8<sup>th</sup> Street, Philadelphia 19123 215-496-0707/0584
- Citywide Community Counseling Services-psychiatrist and psychologists (children 3 and up) 537 East Allegheny at B, Philadelphia 19134 215-291-9500
- Drexel Autism Center at Friends Phone: 215-831-4058 \*\*\* Accepts MA Scattergood Building, 4641 Roosevelt Boulevard Philadelphia, PA 19124 Richard Malone, M.D. and Dr. Manely Ghaffari (child psychiatrists) Susan Hyman-West, Ph.D, (psychologist), Maria Pitale-psychologist (SPANISH speaking!)
- Einstein Hospital Outpatient Child and Adolescent Psychiatry 1200 W. Tabor Road, Philadelphia Phone: 215-456-9850
   \*\*\*\* Accepts MA → Outpatient treatment, NOT diagnostic

For Childrens' Psychiatric Emergencies:

Einstein Crisis Response at Germantown Hospital (CRC)— Chew Rd and Olney Ave Philadelphia, PA 19144 215-951-8300 -24 hours, all insurance, city wide assessments of children in emergency psychiatric situations.

- Elwyn Outpatient Behavioral Health Services-psychiatrist and psychologist (children 5 and up) 4040 Market Street, 1<sup>st</sup> floor, Philadelphia 19104 215-895-5588
- Irene Feigin-psychologist 215-969-2420 (also speaks RUSSIAN!) 2375 Woodward Street, Suite 108 Philadelphia PA 19115 AND 1601 Walnut Street, Suite 1424, Philadelphia PA 19102
- Steven Glazier-psychologist (DIR Facilitator) (all ages)
   3900 City Avenue, Philadelphia Pa 19131 215-782-3160
- Greater Philadelphia Health Action psychologists (children 5 and up) 4510 Frankford Avenue, Philadelphia 19124 215-831-9882
- Hall Mercer/Pennsylvania Hospital
   245 South 8th Street Philadelphia, PA 19106 215-829-5554 psychiatrists and therapists \*\*\*Accepts MA(some regional limitations/catchment areas) Also have Chinese speaking staff!!!
- Intercultural Family Services—psychologist and psychiatrists 4256 Chestnut Street, Philadelphia 19104 215-386-1298
- INTERAC, Inc child psychiatrist and psychologists (children 3 and up) 6122 Ridge Avenue 19128 215-487-1330
- Juniata Community Mental Health Center- child psychiatrist and psychologist (children 6 and up) 2254 N. 3<sup>rd</sup> Street, 19133 215-291-0804
- Sheila Mcmanus-psychologist
   7600 Stenton Avenue, Philadelphia 19118 215-247-2127
- Natan Nemirovsk, M.D.i- psychiatrist (children 6 and up) 1500 Bustleton Avenue, Philadelphia 19116 215-856-71140
- Northwestern Human Services-Physician Group-psychiatrists and therapists (children 5 and up) 11082 Knights Road, Philadelphia 19154 215-632-9040
- Northwestern Human Services Child Development Center
   265 E. Lehigh Ave Philadelphia, PA 19135 Phone: 215-427-1500
   \*\*\*ACCEPTS MA → Child psychiatrists, and psychologists, Spanish speaking staff available!!!
- Tree of Life Behavioral Services \*\*\*ACCEPTS MA → Spanish speaking staff available 6404 Roosevelt Blvd., Philadelphia, PA 19149 Phone: 215-533-5433
   Child psychologists and psychiatrists on staff-outpatient community mental health center

Elwyn SEEDS (for children ages 2.5-5 years old who are in Elwyn SEEDS only)4025 Chestnut Street, 3rd floor Philadelphia PA 19104Michele McIntyre, Ph.D.Lisa Dissinger, Ph.D(provides one time FREE diagnostic evaluation, not continuous care)

#### The following clinicians do NOT take MA and have fees or accept private insurance for their services

- Anna Baumgaertel, M.D.- Developmental Pediatrician
   31 North Narberth Ave "The Bridge" Narberth, Pa 19072 Phone: 484-439-1266 <u>drbaumgaertel@gmail.com</u>
- Eric Berger, M.D. Developmental Pediatrician Accepts MA on a limited basis Center City Pediatrics 1740 South Street, Phone: 214-735-5600 Email: info@centercitypediatrics.com
- Thomas Casey M.D. —Developmental Pediatrician Phone: 610-527-0147 (only accepts Aetna) 937 E. Haverford Rd Suite 103, Bryn Mawr, PA 19010
- The Center for Neurological and Neurodevelopmental Health Voorhees, NJ <u>www.thecnnh.org</u> 856-346-0005
- Victoria Conn, M.D.-psychiatrist 205 Winsor Lane, Haverford PA 19041 610-642-1673
- James Coplan, M.D.- Developmental Pediatrician
- Neurodevelopmental Pediatrics of the Main Line 610-520-2130, <u>info@NDPeds.com</u> 919 Conestoga Road, Building 1, Suite 100, Rosemont, PA 19010
- Edward G. Daniels-psychologist <u>www.daniels-psych.com</u>
   530 South 2<sup>nd</sup> Street, Philadelphia 19147 609-922-4521 info@daniels-psych.com
- Joel Goldstein, M.D.-psychiatrist 860 West Lancaster Avenue, Bryn Mawr PA 19010 (610)527-1554(CHECK OUT!!!!!)
- Growth Opportunities Center/Rob Rosenthal, -- Psychologist 2910 Franks Road Huntingdon Valley, PA 19006 Phone: 215-947-8654, ext 254 rirpsych@gmail.com www.gocenter.net -also have psychiatric consultants, individual and family therapy, and social skills groups
- Naushad Jessani, M.D. child psychiatrist Main Line Clinical Associates 121 North Wayne Avenue, Suite 300, Wayne PA, 19087 (610)975-9435
- Bruce Levin, M.D. psychiatrist 111 West Germantown Pike, Plymouth Meeting, PA 19462 (610) 865-8501
- Amy Mcintyre, MD child psychiatrist 610-667-1781 111 Presidential Boulevard; Bala Cynwyd
- Eric Mitchell, --Psychologist
   6810 Emlen Street, Philadelphia, PA 19119 Phone: 215-844-6482 ericmpsyc@yahoo.com
- Robert Naseef and Cindy N. Ariel, --Psychologists (Specializing in working with families with children with disabilities! See their extremely helpful website!)
   319 Vine Street, Philadelphia 19106, Phone: 215-592-1333 www.alternativechoices.com
- Jeffery Naser, MD child psychiatrist 1137 Lancaster Ave. Berwyn, Pa. 610 647-3959
- Brad Norford, PhD child psychologist (610)525-4828 Norford Psychological Associates, 14 South Bryn Mawr Avenue, Bryn Mawr PA 19010

- Robin Pattin, MD Penn Foundation neuropsychiatrist—Mental Health, Mental Retardation and Early Intervention 807 Lawn Avenue P.O. Box 32 Sellersville, PA 18960 Tel: (215) 257-6551 (MH) Tel: (215) 257-1183
- SPIN Behavioral & Developmental Services Department
   SPIN Behavioral & Developmental Services Department
   Anne Marie Clarke, Ph.D, child psychologist, Vicki Morrow, M.D child psychiatrist and others
   10521 Drummond Road Philadelphia, PA 19154 <u>www.spininc.org</u> Phone: 215-612-7625
   Contact: Scott Sadowsky for appointments counseling, family therapy, behavioral consultation, diagnostic, medication consults
- Annie Steinberg, M.D.—Child Psychiatrist 31 North Narberth Avenue, Narberth, PA 19072 Phone: 610-639-2667 drannie@mail.med.upenn.edu
- Jutta Vogt, M.D.-Child Psychiatrist
   141 West Wayne Avenue, Wayne PA 19087
   Phone: 484-919-0050 www.mainlineautism.com juvogt@comcast.net
- West Chester University/SPARC (Southeastern Pennsylvania Autism Resource Center) Jennifer Dawson, PhD (formerly of Johns Hopkins University/Kennedy Krieger Institute specializing in feeding problems) 413 Mitchell Hall, Westchester University, West Chester, PA 19383 Phone: 610-430-5678 <u>http://www.wcupa.edu/SPARC</u> <u>sparc@wcupca.edu</u>
- **South Jersey** http://www.autismnj.org/ For diagnostic and developmental professionals in New Jersey please refer to the following:

### <u>Neurologists</u>

- Children's Hospital of Philadelphia (\*\*\*ACCEPTS MA) • Department of Neurology: 215-590-1719
- **Dupont at Jefferson (**\*\*\*ACCEPT SOME MA) Department of Child Neurology 833 Chestnut Street East Philadelphia, PA 215-955-6000, call 800-416-4441 Dr. Charles Brill Jefferson Hospital in partnership with DuPont (Nemours.org) Bryn Mawr Hospital: 610-581-7570, Newtown Square 610-557-4800 A.I. DuPont Hospital for Children 302-651-4200
- St. Christopher's Hospital (\*\*\*ACCEPTS MA)
  - Department of Neuropsychology- Dr. Grant 215-427-5081
  - Department of Neurology Dr. Hardison and Dr. Legido Phone: 215-427-5470

### <u>Dentists</u>

- Please refer to the CAP4KIDS.ORG website (<u>http://www.cap4kids.org/philadelphia/</u>) where you will find up to date listings for dentists as well as by calling the number on the back of your child's insurance card.
- Elwyn Dental Clinic (accepts MA) 215-895-5533/5666/6108

# Education/Therapy

There are three agencies that provide early intervention and special education services for children in the city of Philadelphia, they are as follows:

• Childlink: Serves children ages 0-3 years

260 South Broad Street, 18<sup>th</sup> floor Philadelphia 19102 Phone: 215-731-2110

- Early intervention services for developmentally at risk preschool children ages 0-3years old, funded by the Dept. of Public Welfare
- Elwyn SEEDS (Special Education for Early Developmental Success):Serves children ages 3-5 years Intake and new referrals: 4025 Chestnut Street: 215-222-8054 Service coordination: 4040 Market Street: 215-921-7164

Service coordination: 4040 Market Street: 215-921-7164

- Early intervention services for children 2yrs 10 months to 5 years old, funded by Dept. of Education, contracts with many providers (for example Ken Crest and SPIN) to offer a variety of services to support the educational needs of children
- o clinicians may refer directly to Joyce Eldridge at <a href="mailto:eldridgej@elwyn.org">eldridgej@elwyn.org</a>
- $\circ$  -Questions about Charter Schools, contact: Michael Andrews 215-400-6086
  - Philadelphia Interagency Coordinating Council (PICC) is a collaborative partnership between families and Philadelphia Early Intervention Providers offering support, information, trainings special events and advocacy for the families of children 0-5 years old. Phone: 215-731-2464 philadelphiaicc.org or philadelphiaicc@yahoo.com (to get on mailing list)
- Philadelphia School District: Serves children ages 5-21 years
  - 440 N. Broad Street Philadelphia, PA 19130, 215-400-4000 <u>www.philasd.org</u> Office of Specialized Instructional Services 215-400-6040/4170 coordinates special education services and supports for children. -Joanne Eggleston: Parent Liason 215-400-6065 jeggleston@philasd.org
    - **The Philadelphia Right to Education Task Force** 215-400-5151 <u>www.philadelphialtf.org</u> This is a parent-led association focused on providing appropriate special education services and programs to students with cognitive disabilities (ie: Autism).
- The Parent Resource Centers: open 7:30-6; ;m-f 215-400-7272/6447 (Main Building)
   8 centers located throughout the city designed to address such things as: student placement, wrap-around, after school programs, supports for multilingual families, information and referrals for mental health supports, and emergency family needs, all services are free
- Parent University 215-400-4180/ James Scott 215-400-6344 (also see <u>www.philasd.org</u>)
   Free workshops and trainings for School District guardians, parents and caregivers including GED, ESL, child development, discipline and behavior, and even home improvement! Contact the office for a complete listing.

#### • Regional Early Childhood Centers-

Provide free developmental screenings, referrals and information for preschoolers and parents about child development call 215-456-5585 to find the center near you.

# Additional Educational Resources/Trainings

#### • The Center for Autism

3905 Ford Road, Suite 6 Philadelphia, PA 19131 and

2801 Grant Avenue, Philadelphia, PA 19114

Phone: 215-878-3400 <u>http://www.thecenterforautism.org/</u> info@thecenterforautism.org

- o Treatment Program for children 2-5 yrs. old (M-F, 9am-2pm); Social Competency Program for children 6-15 yrs. old (M-Th, 5-7pm).
- PATTAN (Pennsylvania Training and Technical Assistance Network) 800-441-3215
  - Offers free ongoing training and resources on all aspects related to education and Autism and is open to parents and professionals. Training events and publications can be accessed at <u>www.pattan.net</u>
  - Early Intervention Technical Assistance (EITA)- Susan Kershman ext. 7248 <u>skershman@pattan.net</u>
  - School age and older Technical Assistance- Donna Salkin ext. 7267 <u>dsalkin@pattan.net</u>
- Pennsylvania's Initiative on Assistive Technology (PIAT) -
  - 800-204-7428 (voice); 866-268-0579 (TTY); <u>ATinfo@temple.edu</u> (email). PIAT offers information and referral about Assistive Technology (AT), device demonstrations, and awareness-level presentations.
  - PIAT operates Pennsylvania's AT Lending Library, a free program that loans AT devices. This program allows you to try a device for a limited time to be sure it meets your needs. PIAT also operates the Recycled and Exchanged Equipment Partnership (REEP) that is a network of programs offering ways for people to obtain, donate, or sell AT equipment. For more information, please contact us or visit our website at <a href="http://disabilities.temple.edu/programs/assistive">http://disabilities.temple.edu/programs/assistive</a>.

0

#### • Pennsylvania's Education for All Coalition <u>www.paeforall.org</u>

Contact Natalie Wieters or Diane Perry at 267-232-0570. Free consultation for schools, programs and families related to supporting inclusion options for children with disabilities.

#### ○ Elwyn Parent Friendly Workshops

Free professional trainings open to families who have children in the 0-5 Early Intervention system. Trainings are held during the day, childcare is NOT available. For complete listing of topics contact Wendy Schmid <u>schmidw@elwyn.org</u> 215-921-7177

#### Bancroft Neurohealth

- o in Haddonfield, NJ 856-429-5637 ext: 371 or 257 <u>www.bancroftneurohealth.org</u>
- $\circ$  Free monthly workshops for families and professionals on a wide range of practical topics

#### • Autism Sharing and Parenting www.autismsharingandparenting.org/

- $\circ$  offers monthly trainings for families and professionals on a variety of topics
- Contact: Renee Henderson 215-413-7106 or nasya06@msn.com
- 0
- Philadelphia Autism Network
  - o Offers monthly trainings for families and professionals on a variety of topics
  - Contact <u>krivitk@elwyn.org</u> for more information
- NHS School 2900 Southampton Road, Philadelphia PA 19154 Phone: 215-671-5155
  - Director is: Laura Bupp |bupp@nhsonline.org www.nhsonline.org
  - $\circ$  A licensed private academic school for children with Autism grades k-12 ages 5-21
- The Nexus School http://thenexusschool.org/

1333 Old Welsh Road, Huntingdon Valley, PA 19006 (215)947-2775 A licensed private academic school for children with Autism grades k-8

# After School Programs

#### • The Center for Autism

3905 Ford Road, Suite 6 Philadelphia, PA 19131 215-878-3400 <u>http://www.thecenterforautism.org/ info@thecenterforautism.org</u> Social Competency Program for children 6-15 yrs. old (M-Th, 5-7pm).

#### • Philadelphia Mental Health Center (PMHC)

- Serenity After School Autism Program located at
- JCC / Klein Branch, 10100 Jamison Ave, Philadelphia 19116
- 215-677-4314 : Anthony Russo, program facilitator ext: 103 or Damaris Torres, Autism Clinical Supervisor ext 100
   For children ages 6-12 with Autism. The goal of the Program is to enhance the potential of each child so that they may function more independently and effectively in their home, school and community. 3:1 child to adult ratio, sports including swimming funded by Medical Assistance only.

#### • The Variety Club

 For children with disabilities ages 6-21 from 3-6 p.m. Located at sites throughout the city (see below) Phone: Kiana Berry or Nichelle HIII 215- 735-0803 for information.

> Bok Technical High School 8th & Mifflin Streets 1901 South 9th Street Philadelphia, Pa. 19148

Furness High School George 1900 South 3rd Street Philadelphia, Pa 19148

Lincoln High School 3201 Ryan Avenue Philadelphia, Pa 19136

Kensington High School 2501 Coral Street Philadelphia, PA 19125

University City High School 3601 Filbert St Philadelphia, Pa 19104 **Carousel House** 

Belmont Avenue & North Concourse Dr West Fairmount Park Philadelphia, Pa. 19131

Washington High School 10175 Bustleton Avenue Philadelphia, Pa. 19116

Widener Memorial 1450 West Olney Avenue Philadelphia, Pa. 19141

**Olney High School** 100 West Duncannon St. Philadelphia, Pa 19120

#### • The Kinney Center of St. Joseph's University

- The After-school Social Skills Program -1 hour classes that meet twice a week, there is a fee for this service
- Contact the Kinney Center at <u>kinneyautism@sju.edu</u> or 610-660-2170
- YMCA http://www.philaymca.org/ has after school programs at the following locations:

Columbia North: 1400 N. Broad St.,19121 - 215-235-6440 Roxborough: 7201 Ridge Ave.,19128 - 215-482-3900 Christian St: 1724 Christian St.,19146 - 215-735-5800

West Philly: 5120 Chestnut St., 19139 - 215-476-2700

The programs offered at all locations are for children of any age - depending on the programs they are interested in. This includes sports, daycare/childcare, after school programs, and summer camps.

### **Information/Resources**

(Elwyn does not endorse any of the groups or agencies listed herein. The purpose of this listing is to provide information about resources in the community only)

- **FIRST SIGNS**-not sure if your child has Autism? Many of the diagnostic tools that professionals use are right here. This organization will also guide you about what to do next for your child http://www.firstsigns.org/screening/index.htm
- Autism Speaks—www.autismspeaks.org 1888-AUTISM2 (1888-288-4762)
  - Look for "First 100 Days Kit" a generic guide for families who have a child with Autism.
  - Families of children who are diagnosed under age 5 can call and receive a free "Toolkit" sent to their home. Available in SPANISH as well!
- Autism Society of America/ Greater Philadelphia Chapter ASA
   <u>www.asaphilly.org</u> <u>asa-info@comcast.net</u> <u>http://asaphilly.org/index.php</u>
   This is a great website for all information about Autism
   24 hour information and support phone line: 610-358-5256
- <u>http://health.groups.yahoo.com/group/asaphilly</u> -- information, resources and current news in the autism community —open to anyone
- <u>http://health.groups.yahoo.com/group/TALKASAPhilly</u> -- specifically for families
- ASCEND Phone: 610-449-6776 <u>www.ascendgroup.org</u> info@ascendgroup.org
  - Support, information, and advocacy for Aspergers Syndrome
- Autism Sharing and Parenting Listserve: <a href="mailto:crocmeill@gmail.com">crocmeill@gmail.com</a> Listserve compiled by Cathy Roccia-Meier gives weekly up- to- date info on local and state Autism events. Sign up so you don't miss anything!
- Special Families Guide Listserve: email to Dr. Robert Naseef at <u>RNaseef@alternativechoices.com</u> This list serve offers monthly bulletins that are very helpful. Also see <u>RNaseef@alternativechoices.com</u> for more information.
- Bureau of Autism Services, PA Department of Public Welfare
   <u>www.autisminpa.org</u> 1-866-497-6898
  - Excellent website re: benefits and legal issues related to Autism in the state such as information about ACT 62, annual Mini Grants and FREE trainings called the Autism Toolkit
- .Next Steps Trainings from CHOP
  - Very low cost one-day trainings held twice a year geared toward newly diagnosed families to increase the knowledge and skills of family members regarding Autism. Presenters include professionals from the fields of developmental and behavioral pediatrics, speech and occupational therapy, education, and special education. There is also a panel of parents who have made the next steps with their children. Participants receive a binder of information to take home and use as a reference. Contact Gail Stein at 267-426-4910 or steing1@email.chop.edu.
- La Salle University LADDER program (LaSalle Autism and Developmental Disabilities Educational Resources) provides conferences and trainings for families and also college and graduate students wanting to specialize in Autism therapies. http://www.lasalle.edu/autismladdercenter/
- About Autism <u>http://autism.about.com/</u>
- University of Penn Autism Resource Guide <u>www.paautism.org</u>

- <u>www.polyxo.com</u>: Not sure what all these different therapies are all about? This is a great website that explains the range of teaching methods for children with Autism. Very informative and parent friendly.
- Albert Einstein Hospital Accessibility for Autism Program 215-456-6083

http://www.einstein.edu/yourhealth/autism/autism-accessibility-program.html

The program provides strategies, training and resources to families of children with autism, as well as to community organizations, so that they can both learn how to prepare for a positive community experience. Check out the Airport Autism Access Program on this website! There are free Social Stories downloads from Carol Gray!

- www.kylestreehouse.org A website for the whole family related to many aspects of Autism, a resource for online support and information, this is not a medical or scientific site
- Special Kids Network

1-800-986-4550 www.helpinpa.state.pa.us

- $\circ$  Provides information, referrals to families with children with special needs in PA
- www.cap4kids.org/philadelphia
  - A comprehensive listing of local resources for families in Philadelphia including camps, childcare and dentists
- Metro Kids/Special Kids

-.

- o <a href="http://metrokids.com/specialkids05/skmainpage05.html">http://metrokids.com/specialkids05/skmainpage05.html</a>
- Delaware Valley Publication that has a wonderful website for Special Needs Kids, including resources, schools, family articles and events for families and siblings

#### • Variety Club's Autism Initiative

Autism Resource Assistance finding and connecting to various resources, receive periodic emails to alert you regarding upcoming workshops, events, etc. autism@varietyphila.org or call Marissa Tabak at 267-261-2113

• **PA Families Inc, PFI** is offers information and resources for Pennsylvania residents who have children with special needs. <u>www.pafamilies.com</u> pafamilies @windstream.net 1800-947-4941

# <u>Research/Treatment</u>

There are thousands of theories and techniques regarding Autism. The following sites may be helpful in exploring the best treatment options for your child. There are many things on the Internet. The following sites can help guide you through making informed decisions about your child's treatments and therapies.

- <u>www.asatonline.org-</u>Association for the Science of Autism Treatment: describes every type of treatment method and the research behind it.
- www.autism-watch.org- A website that helps explain the risks and benefits of many treatments and therapies for Autism
- <u>www.autism-society.org-The</u> website from the Autism Society of America, reviews many questions families have about the causes and treatments of Autism
- <u>www.researchautism.org</u> Organization for Autism Research
- <u>www.paautism.org</u> University of Penn Autism Resource Guide (exclusive to Pennsylvania)
- <u>www.autismsciencefoundation.org</u>
- <u>www.nccam.nih.gov</u> National Center for Complimentary and Alternative Medicines
- <u>www.nimh.nih.gov</u>
- <u>www.cdc.gov/ncbddd/autism</u>
- <u>www.polyxo.com</u> this is a very family friendly website that explains the "nitty gritty of treatments and therapies such as "floorime" and "ABA"

Local opportunities for your child to participate in current research may be found by contacting:

- University of Pennsylvania: <u>autism@mail.med.upenn.edu</u> to find out about the latest research that U. Penn is doing go to : http://paautism.org/research.html
- CAR: The Center for Autism Research at CHOP http://www.centerforautismresearch.com 1-866-570-6524 or autism@email.chop.edu

CAR also offers lecture series from prominent scientists and clinicians that are open to the public, this and many other resources can be found on their website

Dr. James Coplan's book, <u>Making Sense of Autism</u> is extremely useful in helping to understand "what the future holds" for your child in his chapter "The Natural History of ASD". This book also has an excellent review of current treatments and explains them in a practical and easy to understand manner.

## Family Supports / Groups

(Please refer to comprehensive listing of areas support groups on the Philadelphia Variety Club webpage under Programs For Children/Autism Initiative at http://www.varietyphila.org/)

- Philadelphia Autism Network— \*\*Free, childcare, no registration
  - Contact: Karen Krivit 267-784-2009 or krivitk@elwyn.org
  - Meets once a month, free open to all: presentations on many issues related to Autism.
- Parents of Autistic Children—West Philadelphia \*\*Free, no registration
  - Contact: Roberta Belamy 215-472-2764 or <u>rbell1@verizon.net</u> (that's three 'L's and the # 1!
- Surviving and Thriving After Diagnosis: <u>www.survivingthriving.com</u>
  - Contact: Sonia Voynow 215-247-5832 , groups for parents and grandparents!

SPEC (Special Parents of Exceptional Children) for families of children with ALL disabilities

Contact: Jean McCoubry 215-248-5930 @ jfmccou@aol.com

- $\circ$  Monthly on Saturdays at Chestnut Hill Library , \*\*Free, no need to register, light food
- Autism Sharing and Parenting--
  - www.autismsharingandparenting.org/ \*\*Free Childcare, no need to register
  - Contact: Renee Henderson- 215-413-7106 @ <u>Nasya06@msn.com</u>
  - $\circ$  Meets: Meets once a month, rotating locations between Center City and Wynnfield
- heARTS for Autism has a monthly support group for parents at the Norcom Center contact: <u>www.HeartsforAutism.org</u> or <u>robin@heartsforautism.org</u> or 267-231-7585 \*\*\*\*Free
- Variety Club's Autism Initiative
  - Autism Parent Network Meetings: workshops on various topics such as dealing with stress, current research in autism, transition to adulthood, assistive technology, and more. Meets every other month either at Variety Club Camp or at various locations in Philadelphia. To find out more, please send an e-mail to autism@varietyphila.org or call Marissa Tabak at 267-261-2113.
- Best Nest Special Needs Parent Support Group -- Germantown
  - Contact Lois Wilson @ 215-546-8060 meets monthly
- Penn Early Childhood Center/Fairmount Center- 5548 Chestnut Street, 19139
  - Contact Damina Durham @ 215-471-3320ext 106 or ddurham@fssinc.org
- UCP Sibling Group -- Contact Jodi Miscannon at 215-248-7605 ucpjodi@aol.com \*\*Free
- CHOP Sibshops-- Contact Lenore Stern at 215-590-7443 or stern@email.chop.edu
- Jewish Family and Children's Services 10125 Verree Road, Philadelphia 19116 Parent and Grandparent Support groups, open to the whole community Contact: Lisa Ney <u>Iney@jfcsphilly.org</u> (267)256-2269

# **Family and Sibling Supports**

- Parent to Parent 1888-727-2700 www.parenttoparent.org
  - A free phone or email support system connecting parents who have children with similar disabilities with each other within their community, a great resource for families who feel alone and can't get out. Services available in Spanish and Chinese!!!

#### • Families First

Contact: Cathy Roccia-Meier Training Coordinator 215-204-1772 cathyrm@temple.edu Institute on Disabilities,Temple University - Available in English and Spanish.

- FREE community based empowerment training for families with children who receive Early Intervention Services in Philadelphia. Workshops cover Special Eduction services, rules, regulations, transitioning to Kindergarten, resources, networking and more.
- Alternative Choices Drs. Cindy Ariel and Robert Naseef and staff
  - o 319 Vine Street, 19106, 215-592-1333 <u>www.alternativechoices.com</u>
  - Special Families Resource Center: guidance on navigating the system, treatment options, and understanding the diagnosis
- FACES (Families for Autistic Children Education & Support)
  - o 609-412-3750 <u>www.faces-autismsupport.org</u> <u>facesgroup@comcast.net</u>
  - o support for families in the South Jersey and Philadelphia. Trainings as well as fun activities for families, sign up for their list serve
- Surviving and Thriving After Diagnosis: Sonia Voynow, LCSW
  - o 114 Forrest Avenue, Narberth PA 19072(215)247-5832 <u>www.survivingthriving.com</u>
  - o support for individuals, couples, families, (special GRANDPARENTS GROUPS) and groups run by therapist who has a child with ASD
- www.AutismSiblings.org -- Offers wonderful on- line support and information for kids and families
- Sibling support Project <a href="http://www.siblingsupport.org">http://www.siblingsupport.org</a> Workshops, online support for youth and adult siblings of all disabilities, includes mentor matching program, resources, and a dynamic website!
- Jewish Family and Chidlren's Service

10125 Veree Road, Philadelphia 19116 <u>www.jfcsphilly.org</u> - Lisa Ney , Director of Special Needs <u>Iney@jfcsphilly.org</u> 267-256-2269 Services for the general community including: <u>Intensive case management</u> for children and adults with special needs <u>Care coordination and consultation</u> to assist families navigate the complex system of special needs programs and services

- Grand Central, Inc. Kinship Care Resource Center 1211 Chestnut Street, Suite 200, Philadelphia PA 19107 - 215-557-1554 ALL SERVICES ARE FREE (Support and case management for any relative caring for another's child, specializing in grandparents. Also has a fantastic support group meeting twice a month!)
- <u>STOMP</u> Specialized Training of Military Parents (information and support for military families with children with special needs) <u>http://stompproject.org</u> 1800-5-PARENT
- Variety Club Special Events for children with autism and their families. Fee is waived, there is a small cost <u>per family</u> instead. Venues are open just for families that register through Variety for the event. Special accommodations are made to the venues for individuals with autism. Resource fairs also take place at the events. Please check the website for the schedule and to register:www.varietyphila.org. If you do not have access to the internet, please call our main office at (215) 735-0803 for a paper registration form.
- **PACT** (Southwest chapter of the New Jersey Autism Society of America) <u>http://www.solvingthepuzzle.com</u> a great website for families about Autism as well as some regional events
- Turning Points for Children 215-875-3400, Louise Livowitz

# **Supports for Asian Families**

#### • SEAMAAC: Southeast Asian Mutual Assistant Associations Coalition

- 1711 South Broad Street 215-467-0690 www.seamaac.org
- o multi service center offering social supports and activities for many Asian families
- Interculteral Family Services ifsi@ifsinc.org
  - 4225 Chestnut Street Philadelphia, PA 19104 (215) 386-1298
  - o 2317 South 23<sup>rd</sup> Street Philadelphia PA 19145(215)468-4673
  - Multi-service Center offering social supports for many Asian families
- Cambodian Association of Greater Philadelphia 2416 South 7<sup>th</sup> Street 19148 215-389-0748 and 5412 North 5<sup>th</sup> Street, 19120 215-324-4070 -supports, resources, case management

### **Supports for Latino Families**

- HUNE (Hispanos Unidos Para Ninos Excepcionals)
   2200 N. 2nd St Philadelphia, PA 19133
   Contact: Yovana Bustamante 215-425-6203 Hotline: 215-425-5112 www.huneinc.org
  - Provide advocacy and support for Latino families with children with disabilities
- PIN of PA: Bilingual Support Group for Families of Children with Behavior Problems
  - Contact: Héctor M. Lugardo at 215-751-1800 Ext. 239, Michelle Sánchez, Ext 353 or Becky Español, Ext 214 Hotline: 215-751-1800 ext.513
  - Meets at the Free Library of Philadelphia, Lillian Marrero Branch, 601 W. Lehigh Ave, Philadelphia, Pa 19133 from 10:00am-12:00pm
- Abriendo Caminos A Los Latinos Con Familias Excepcionales
   Support group for any family member or friend of a person with a disability.
   Contact: Ana Pacheco 215-744-5014 Ana Padilla 267-237-4580
   apacheco@visionforequality.org
- El Autism, hoja informativa de NICHCY. <u>www.nichcy.org/pubs/spanish/fs1stxt.htm</u>. This is a general definition of Autism/PDD
- AutismOnline <u>www.autismonline.org/bookspan.htm</u> Spanish books related to ASD, PECS, etc.
- www.nlm.nih.gov/medlineplus/spanish/ency/article/001526.htm
- <u>www.exploringautism.org/spanish/</u>
  - Los Trastornos Del Espectro De Autismo De la A a la Z: Toda la Informacion Que Quiere By Barbara T Doyle and Emily Doyle Iland
  - Programa de Pañal ~ page 24

# **Special Family Supports**

#### • HIP Health Intervention Program

- Provides home visiting and other support to families with children who have special health care needs. HIP teams may include nurses, social workers and parent professionals. Services include: advocacy and referral, service system negotiation, case management and counseling. (FAMILIES CAN NOT HAVE AN OPEN CASE WITH DHS) FREE!
- Two partner agencies provide HIP services:
  - LaSalle Neighborhood Nursing Center

     (215) 951-5034 (Northwest Philadelphia and parts of North and Northeast Philadelphia)
  - Resources for Children's Health
     (215) 985-2541 (South Philadelphia, West and Southwest Philadelphia, Center City and parts of North and Northeast)
- Family Partnership Programs
  - Provides short term intensive in-home social service supports for families (FAMILIES CAN NOT HAVE AN OPEN CASE WITH DHS) FREE!
  - o Family Support Services 215-438-9890 Steve Eisher
  - YSI (Youth Services, Inc.) 215-848-6200 ext: 1027, Leslie Rinehart
  - o Caring People Alliance 215-386-4075, Ms. Hall
  - o Turning Points for Children 215-875-3400, Louise Livowitz
  - **Parent Support Training Programs** are available and free throughout the city. Many of them provide transportation, evening classes and meals....contact: Michele Preston at 215-683-4082 for referral information.

#### • Cradles To Crayons (C2C) 215.836.0958 http://philadelphia.cradlestocrayons.org

Provides FREE clothing, school supplies, shoes, coats, bedding and other material goods for low-income and homeless children from birth to 12. C2C does not work directly with families, requests must go through social workers, health care workers, teachers, and people in similar positions, who place orders for children's items on behalf of families they support. Agencies must register with C2C. Follow the guidelines listed on the website.

### <u>Advocacy</u>

#### $\circ \quad \text{Families First} \\$

Contact: Cathy Roccia-Meier Training Coordinator 215-204-1772 cathyrm@temple.edu Institute on Disabilities, Temple University

 Oversees and conducts FREE community based empowerment training for families with children who receive Early Intervention Services in Philadelphia. Workshops cover the basics of Early Intervention, rules, regulations, transitioning to Kindergarten, resources, networking and more. Available in English and Spanish.

#### • Parents Involved Network (PIN)

1211 Chestnut St. Philadelphia, Pa 19107

215-751-1800 800-688-4226 about@pinofpa.org

 Organization that assists parents or caregivers of children and adolescents with emotional and behavioral disorders. PIN provides information, resources support services and advocacy they have a great website of helpful information, especially about Wrap Around Services

#### • The Arc of Philadelphia

2350 W. Westmoreland Street Philadelphia, Pa 19140 215-229-4550 www.arcpddc.org

• Advocacy organization that provides training, information and referral support to people with disabilities and their families, services available in any language!

#### • Vision For Equality, Inc

718 Arch St. 6N Philadelphia, Pa 19106 215-923-3349 www.visionforequality.org

Advocacy and mentorship for families of children with disabilities also provide trainings on a multitude of topics related to
disabilities. Services also available in SPANISH!!

#### • Disabilities Rights Network of PA

The Philadelphia Building, 1315 Walnut Street, Suite 400, Philadelphia PA 19107-4798 215-238-8070 http://www.drnpa.org/

#### Pennsylvania Health Law Project

Corn Exchange Building Suite 400123 Chestnut St.Philadelphia, PA 191061-800-274-3258215- 625-3663www.phlp.org\*\*Spanish staff available!!

#### • PA Education Law Center

1315 Walnut Street Philadelphia, Pa 19107 1-800-692-7443 (Disabilities Rights Network) www.elc-pa.org elc@elc-pa.org (Information only—For special education info please call Disability Rights Network)

#### • Pennsylvania's Education for All Coalition <u>www.paeforall.org</u>

Free consultation and advocacy for schools, programs and families related to supporting inclusion options for children with disabilities. Contact Natalie Wieters or Diane Perry at 267-232-0570.

# Safety (including Car Seats)

- Autism Safety Toolkit
  - This is a comprehensive guide to help families and caregivers understand how to adapt your child's environment and community to assure they are safe. It can be accessed under the National Autism Association website: <u>http://www.nationalautismassociation.org/safetytoolkit</u>
- Lojack Persons At Risk Safety Net
  - http://www.lojack.com/SafetyNet/Pages/caregivers-guardians-family-members.aspx
- Autism Safety Project is a program of Autism Speaks <u>www.autismspeaks.org</u>
- Autism Society has a webpage devoted to safety issues at home: <u>http://www.autism-society.org/site/PageServer?pagename=research\_safeandsound</u>
- Autism Risk Management ( www.autismriskmanagement.com/) is the website of Dennis Debbaudt the leading global voice on autism training for law enforcement and emergency responders.
- The Children's Hospital of Philadelphia's Community Car Seat Program @ the Kohl's Safety Center:

CHOP 34<sup>th</sup> & Civic Center Boulevard 1<sup>st</sup> Floor, Main Hospital Inside the gift store <u>www.chop.edu/safetyproducts</u> Call 267.426.5000 for an appt.

#### • Loaner Car Seats

The City of Philadelphia has a loaner program for those families on WIC or Medical Assistance. Please call 215.685.9065 for more details. For this program, please call at least 2 months in advance.

• E-Z On Vest (car restraint for older children) website: <u>http://www.ezonpro.com</u> 1800-323-6598

# <u>Childcare/ Preschool</u>

(Elwyn does not endorse any of the groups or agencies listed herein. The purpose of this listing is to provide information about resources in the community only)

- Child Care Information Services (CCIS)
  - This agency helps families locate preschools and childcare in their community as well as assisting with obtaining subsidized childcare (there is a long wait for subsidies at times)
  - o www.philadelphiachildcare.org 1-888-461-KIDS
- Philadelphia School District Regional Early Childhood Centers-provide free developmental screenings, referrals and information for preschoolers and parents about child development call 215-456-5585 to find the center near you.
- Pre-kindergarten Head Start 215-400-4270 http://www.phila.k12.pa.us/offices/earlychild/PrekHeadStart/PrekindHeadStart.html
  - Pre-kindergarten Head Start preschool for three and four year olds; free to eligible low-income families. Head Starts are staffed with Special Needs Coordinators to assist with the educational needs of disabled children in this setting.
- Approved Private Head Start programs:
  - Learning Tree Head Start, contact Carol King 215-748-2422,ext 241 or <u>(King@hslt.org</u>
- Bright Futures Preschools
  - http://www.phila.k12.pa.us/offices/earlychild/FocusonFour/FocusonFours.html
  - Bright Futures PreK's follow the school day and school year schedule and provide education to those children who are three or four years old by September 1<sup>st</sup>. There are 38 programs held in community elementary schools. Not limited to low-income families.
- Frankie's World Una Reese --215-763-0151 1011 Poplar Street , Philadelphia 19123
  - Child care for medically fragile children who have skilled nursing needs www.frankiesworlddaycare.com
  - 7 days a week from 7 a.m.-7 p.m.
- Lauren's House
  - o 1318 West Clearfield Street, Philadelphia, PA 19132 (888) 340-9430
  - o child care for medically or developmentally complicated children up to age 8
  - o <u>www.laurenshouse.com</u> Contact: Beth Hoy, Nurse Administrator

# <u>Respite</u>

#### • Youth Service, Inc. (YSI)—respite for preschoolers

- Free 24 hour emergency care for children ages 0-5 in two family style sites (see below). These centers offer a warm, loving home environment with trained and seasoned staff. Care can be for a few hours or a few days or overnight. Telephone intake process includes proof of your child's immunizations. Free
  - The Sally Watson Center, 5128 Wayne Avenue (Germantown) (215)844-6931
  - Baring House, 3401 Baring Street (West Philly) (215) 386-0251

#### • The Variety Club: Weekend Retreats

 Children and young adults, ages 8 to 21 are invited to participate in "Weekend Retreats" at the Variety Camp & Developmental Center Applications can be accessed by calling (610) 584-4366 x1044. Or 215-735-0803. An interview is scheduled to determine if the resources at Variety meet your child's needs. A non-refundable fee of \$100.00 is due upon acceptance to the program.

#### • Temple University Family Friends www.philafamilyfriends.org

Contact Angelo Hardy, program coordinator at 215-204-3199 aahardy@temple.edu

• National program in which older adults provide in -home support to families of children with special needs, families are matched with volunteers. Free

#### • St. Joseph's University Kinney Center for Autism

- o 5600 City Avenue 19131 610-660-2170 kinneyautism.sju.edu
- "Kids Night Out", one Friday each month, \$20.00 for three hours. Fun activities in a safe and structured environment.

#### • The Friendship Circle

215.574-1765 <u>www.phillyfriendship.com</u>

Weekly in- home respite for Jewish families with children with special needs. Free

#### • Philadelphia Department of Behavioral Health

- o <u>http://www.dbhmrs.org</u>/children-s-services 215-685-4734 or 4747
- three different types of respite are available for children who are receiving services from the Department of Behavioral Health(Medical Assistance is required)
- o Saturday afternoon Respite , Boys and Girls Club Spring Break programs and Wordsworth weekend Respite
- Respite Mini Grant : \$300.00 per child to pay for Wordsworth or to pay an qualifying family member or trusted person of their choosing who meets DBH criteria.

# \*\*\*The DBH Respite Services are not an entitlement and availability is limited and on a first come fist serve basis until June 30<sup>th</sup> 2011 or earlier if funding is exhausted prior to this date.

• Easter Seals of PA 3975 Conshohocken State Road, Philadelphia 19131

recreation@easterseals-sepa.org 215-879-1000ext: 6088/Recreation <u>http://sepa.easterseals.com/site/PageServer?pagename=PASE\_recreation\_programs</u> <u>Saturday Respite Day</u>: *ALL ages*: \$75 from 9 a.m -9 p.m. (every 1<sup>st</sup> Saturday of the month) <u>Respite Weekend Adventures</u>, *ages 16 and up*, 3 times a year (\$550 includes meals, room and board, transportation and activities (every June is a trip to Wildwood, other trips vary)

#### • Home health aides and nursing services

- In exceptional cases where a child with autism has other medical issues or skilled nursing needs and the parent works, some families have been able to obtain home health aide services for their child from a home-nursing agency
  - Bayada Nursing 215-988-9006
  - Infinite Care 215-888-1028 infinitecare2@aol.com
  - Pediatric Services of America-215-887-4009 www.psakids.com
  - PSA Healthcare 215-887-4009 www.psahealthcare.com
  - Rescare Homecare 215-643-1200 267-460-6234 ksauder@rescare.com
  - Visiting Nurse Group 215-829-8888 info@visitingnursegroup.com

## Intellectually Disability Services (Formally Mental Retardation Services)

Supports Coordination Organizations offer a variety of outpatient services for children with either a diagnosis of Mental Retardation of a 50% delay in cognition. If a child qualifies, s/he is eligible for Family Driven Support Funds, which can be used for a variety of things such as respite and camp. A family must apply on behalf of their child through the Central Office intake number and if s/he qualifies, then the family can receive case management services through one of the four centers listed below.

• Philadelphia Office of Intellectual Disabilities OID(Formally Office of Mental Retardation  $\sim$  'OMR')

701 Market Street, Suite 5200, Philadelphia PA 19106

(215) 685-4677 (intake and registration), (215) 685-5900 (main number)

• Local Supports Coordination Offices:

Partnership for Community Supports www.pfcsupports.org 9360 Ashton Road, Suite 102, Philadelphia, PA 19114, 267-350-4500

Quality Progressions www.qualityprogressions.org 125 S. 9th St, 4<sup>th</sup> Fl, Philadelphia, PA 19107 267-765-2000

PHMC/PersonLink 260 S. Broad St, 8th floor Philadelphia, PA 19102 267-295-3800

The Consortium www.consortium-inc.org 5828 B Market Street, Philadelphia, PA 19139 215-472-1707

If you are a parent or family member of a person receiving Mental Retardation Services in Philadelphia and looking to make a connection in your area, please contact the following:

• Vision for Equality at 215-923-3349 Barbara Nattile Ext. 114, Sharon Harper-Young Ext. 132

# **MEDICAL ASSISTANCE AND SSI**

#### • MA for Children with a Disability – Known as PH95

• MA (Medical Assistance) is medical insurance that may cover things that your child's primary insurance does not cover. If your child is disabled you may want to explore obtaining MA benefits for him/her.

#### • What does MA pay for that my private insurance might not cover?

- For a child, MA covers everything that is medically necessary. Among those services are:
  - Wrap-Around Services--Wrap-Around services give children with a mental health diagnosis home or school based behavioral supports and therapy. (see page 25-26)
  - Medical, Nursing and Home Health Aide Services-- MA can pay for medical or therapy equipment, co pays, deductibles, transportation to medical appointments, medical bills not covered by your insurance (from up to 3 months ago) and nursing services that are medically necessary
  - The Diaper Program-- Diapers are paid for by MA when a child continues to need diapers after the age of 3 due to his/her special needs. (see page 24)

MA is a <u>medical insurance program</u>. It is state funded and administered through the PA Department of Public Welfare; HOWEVER, it is NOT WELFARE. Once your child receives MA you will need to recertify his/her case annually, either over the phone or through the mail. If you already have private insurance you can keep it and also obtain MA to supplement your child's coverage.

- Medical Assistance Special Needs Coordinators: <u>Americhoice</u>: 877-844-8844
   <u>Health Partners</u>: Leah French 215-991-4378/ (24 hour number: 4370) Keystone Mercy: Carolyn Macy: 215-937-8881 (24 hour number 800-573-4100)
- Transportation to medical appointments
  - The Medical Assistance Transportation program can provide rides or reimbursement for public transportation or car use for a parent and a child going to or from a medical appointment
  - Call LogistiCare at 1-877-835-7412 or online go to http://www.dpw.state.pa.us/Resources/Documents/Pdf/MATP\_LongBrochure.pdf

#### ...a word about SSI:

SSI, (Supplemental Security Income), is a federally funded program which provides a monthly check **and** Medical Assistance for people who qualify. To qualify you must have:

- a disabling condition PLUS,
- meet the financial cut-off levels. The financial cut-off level for one person is no more than \$2000 in savings and \$800/month in income.

To apply, call 800-772-1213, or log on to <a href="http://www.ssa.gov">http://www.ssa.gov</a>.

### How To Apply for Medical Assistance:

1. Call 1-800-986-KIDS (5437) (This is the "Healthy Kids Help Line") OR 215-560-2900 to have a MA application sent to you. OR YOU CAN DOWNLOAD YOUR OWN APPLICATION ON LINE AT: <u>http://www.dpw.state.pa.us/ucmprd/groups/public/documents/form/s\_001562.pdf</u>

- 2. Fill out the application. Make sure to write "**MA disabled child Category PH95**," across the top of the form. This will alert the caseworker to consider the child for eligibility because of their disability.
- 3. DOCUMENTATION!!!! You will need to provide proof of everything you are saying about your child by providing copies. For example: proof of citizenship (a birth certificate), proof of identity (such as a government issued photo ID (school-issued ID card,) address (a utility bill), disability (medical or psychological evaluation written by a licensed clinician within the last 3 months.), proof of any income in the household, including income received in the child's name, and copies of any unpaid medical bills owed from the last 3 calendar months. -You will also be asked to show proof that you did apply for SSI or were rejected due to income. If you have not already applied for SSI you will be assisted to do this (see above"...a word about SSI")
- Mail application to: (*Make copies for yourself of everything you are sending in case it gets lost.*) Philadelphia County Assistance Office, Philadelphia State Office Building, Room 608 1400 Spring Garden Street, Philadelphia, PA 19130-4088
- 5. The application will be forwarded to your local County Assistance Office. You should hear from them in a letter within 30 days about the status of your application. This letter will contain the name and phone number of the caseworker assigned to your child's application. They may need more information. Keep in mind that the state rule says that you do not need to go to the office at all for an appointment, you can phone, fax or mail information.
- 6. OR you can call PCCY at 215-563-5848 X 17 . PCCY 's Child Health Watch Helpline will take your information on the phone, gather documents from you by mail or fax and send your application in for you.

If you have any problems you can contact:

- Philadelphia Citizens for Children and Youth at 215-563-5848
- The Pennsylvania Health Law Project at 215-625-3663
- Disabilities Rights Network of PA 215-238-8070 http://www.drnpa.org/

### **DIAPERS**

#### The Diaper Program (Only for children over 3)

If you child is three years of age or older and is using diapers still because of a developmental delay or medical reason he/she can receive a case of diapers and wipes delivered to your home on a monthly basis.

#### For Child with Medical Assistance, here is what you can do:

Call your child's health provider (this is usually the number written on the back of your medical card).

- 1. Ask the insurance provider what <u>Durable Medical Equipment</u> Company they contract with in your area and get the name and phone number of that company.
- 2. Call the equipment company and explain that you want to get your child on the diaper program. They will do an intake with you over the phone and then they will ask you to call your doctor and have the doctor fax a prescription for diapers and wipes to them. <u>Get the equipment company's fax number</u>.
- 3. Call your doctor's office and explain that you need to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis.
- 4. Soon you will begin to receive diapers each month. You will need to renew this process each year if your child continues to need them.
- 5. If you do not receive the diapers and wipes please call the Medical Equipment Company to check in with them.

#### For children with Private Insurance in addition to Medical Assistance (i.e. from a parent's job).

- 1. Submit the diaper prescription to the private health plan for payment to the durable medical equipment company.
- 2. The private health plan will deny the payment  $\sim$  ask for the denial in writing.
- 3. Resubmit the claim to the medical assistance plan provider with the written denial from the private health plan.
- 4. The durable medical equipment companies can guide you through the rest of the process.

#### El Programa de Pañal (This is the same information as above but in Spanish)

Si su niño tiene tardanzas del desarrollo y tiene más de 3 años, él o ella pueden recibir pañales gratis por la asistencia médica.

Siga estos pasos:

- Llame el 1-800 número de teléfono al dorso de la tarjeta médica de su niño para averiguar a quién su "Equipo Médico Duradero local" abastecedor es.
- 2. Llame aquel abastecedor, y hable con ellos sobre "el programa de pañal". Ellos le dirán que usted tendrá que conseguir una prescripción del doctor de su niño y ellos le darán el número de fax mandar por fax la prescripción.
- 3. Llame la oficina de doctor de su niño y dígales que su niño necesita al doctor para mandar por fax una prescripción para pañales a la compañía. La prescripción debería declarar el diagnóstico de su niño y debería solicitar un suministro de un 3 mes de pañales con recambios. ¡Asegúrese que el doctor escribe el tamaño de pañal de su niño la prescripción también!
- 4. La farmacia que proporciona estos pañales dispensará automáticamente pañales genéricos a menos que el doctor declare una razón médica de una marca de nombre.
- 5. Usted puede ser aprobado para limpia también.

### **Wraparound**

#### What is Wrap Around?

Wrap Around (aka: BHRS) is a behavioral health support service provided by a team that may consist of a Behavior Specialist Consultant (BSC), a Case Manger and a Therapeutic Support Staff (TSS) Worker. The Wrap Around team helps a child in the location where s/he needs support, for example at school or at home or both. Wrap Around Services do take at least 2-6 months to put into place; they are provided only through CBH contracted providers and paid for only by Medical Assistance. The child must have a psychiatric or psychological evaluation recommending Wrap Around. This child's service is re-assessed every 4 months. Families who have MA can contact a wraparound service provider directly (see agencies listed on page 26) or apply through CBH directly.

\*This service is NOT provided through the Pennsylvania Department of Education.

\*Wrap Around staff are not childcare staff, they must work with a child when a "responsible adult" is present, they do not participate in personal hygiene care such as changing diapers

(If your disabled child needs 1:1 assistance with personal hygiene s/he may qualify for Home Health Aide services , see page 20)

#### • Community Behavioral Health (CBH)

801 Market Street, 7<sup>th</sup> Floor, Philadelphia, PA 19107

1-888-545-2600, <u>www.phila-bhs.org</u>

- CBH is the mental health HMO for any resident of Philadelphia who has Medical Assistance. CBH oversees many programs that private insurances do not pay for such as therapeutic preschools, Wrap-Around services and home-based family therapy
- Families with private insurance can obtain Medical Assistance (in most cases) for their disabled child (see pg 22 for info about MA).
- Website for the Philadelphia Department of Behavioral Health and Mental Retardation Services: <u>http://philadelphia.pa.networkofcare.org/mh/home/index.cfm</u>. Offers a great deal of information about services and resources in Philadelphia
- Special Needs Unit: 215-413-7663

#### • Parents Involved Network (PIN)

1211 Chestnut St. Philadelphia, Pa 19107

215-751-1800 800-688-4226 about@pinofpa.org

 Organization that assists parents or caregivers of children and adolescents with emotional and behavioral disorders. PIN provides information, resources support services and advocacy they have a great website of helpful information, especially about Wrap Around Services

### WRAP-AROUND AGENCIES-Serving Preschool Age (updated for Early Intervention January 2011)

(updated for Early Intervention January 2011)								
AGENCY	CONTACT PERSON	ADDRESS	PHONE #	СІТҮ	ZIP CODE			
АТА	Lyn Weise, referrals	1225 Vine St., 3 <sup>rd</sup> floor	215/405-2100	Philadelphia	19107			
Carson Valley School	Denise Crosby	7500 Germantown Ave	215/753-8111, ext 164	Philadelphia	19119			
Children's Outreach RHD/Childrens' Services	Jessica Feldman, Yvonne Milionis Melissa Deseraux	90 Rochelle Ave.	215/508-3200 Ext: 127	Philadelphia	19128			
Children's Services (Syears old and up)	Mary Southerling	1315 Walnut St.,2 <sup>rd</sup> Floor	215/546-3503	Philadelphia	19107			
Community Council	Nakia Chambers	4900 Wyalusing St.	215/473-7033,x299 (outpt children svs) 267-295.8853(W/A)	Philadelphia	19131			
Children's Crisis Treatment Center	Edith Lopez	1823 Callowhill St.	215-496-0707 Ext: 1152	Philadelphia	19130			
Elwyn (NON-AUTISM)	Charlotte Izard	1 Winding Drive Suite 104	215-578-3101	Philadelphia	19131			
Elwyn (AUTISM ONLY)	Season Apple	3300 Henry Avenue	215-254-2093	Philadelphia	19129			
Foundations of Delaware Valley	Amy Kent	833 E. Butler Ave.(Doylestown) 301 City Ave, (Philly)	215/345.0444*261 610-667-3501	Doylestown/ and Philly	18901/ 19004			
Green Tree School	Zakia Robbins	(located at PSD) 137 W. SchoolHouse Ln	215-346-7253	Philadelphia	19144			
Interac Inc.	Lisa Holzwarth	6122 Ridge Ave.	215-508-6709	Philadelphia	19128			
Juvenile Justice Center	Tamika Williams	100 W. Coulter St. 4 <sup>th</sup> Floor	215/849-2112 Ext.5221	Philadelphia	19144			
MCC(Maternal Child Care) Home Health Care	Patrick Bevenour	800 Clarmont Ave., Suite B	267/525-7000	Bensalem	19020			
PA Mentor	Rose Robbins	10601 Decatur Rd, Suite 400	215/612-8200, ext. 200 or 223	Philadelphia	19154			
Northeast Treatment Center	Jennifer Jung	493 N. 5 <sup>th</sup> Street, Suite E	215/ 408-4993	Philadelphia	19123			
Northern Homes for Children & Family Services	Christine Kershner	5301 Ridge Ave.	215/482-1423 Ext: 1287	Philadelphia	19128			
Institute For Behavior Change	Steve Kossor	848 Kings Highway	610-383-1432	Coatesville serving Phila	19320			
Phila. Mental Health Center (ages 5 and up)	Ade Owodunni	1235 Pine St.	215/735-7068, ext 238	Philadelphia	19107			
Eugenia/Progressions	Maria Jordan( Phila) Caroline Sink(Bucks)	4610 Street Rd Trevose/ or/ 3300 Henry Ave, Phila	215/924-0684/215 364-3299	Trevose/ Philadelphia	19053 19129			

### **Recreation/Arts**

(Elwyn does not endorse any of the groups or agencies listed herein. The purpose of this listing is to provide information about resources in the community only)

- Variety Club
  - o Marissa Tabak Director, Autism Resource Center (267) 261-2113
  - marissatabak@varietyphila.org <u>www.varietyautism.org</u>
  - provides many recreational events for the entire family including Autism Day at Sesame Place, Autism Day at Please Touch Museum ,an exclusive holiday party at the Sheraton in Society Hill, Family Fun Days
- Variety Club Camp Center 2950 Potshop Road, Worcester, PA 19490
  - <u>Saturday Arts Program</u>: ages 6-21. an opportunity for participants to explore all mediums of art including visual art, dancing, music, and theater. Sessions take place every Saturday from 9AM-3PM for 10 weeks. Sessions take place in the Fall, Winter, and Spring. Call Jean Merkl for more information and to find out cost: (610) 584-4366 x1101
  - <u>Teen Club</u>: a social skills program for teens diagnosed with Autism, Asperger's, PDD-NOS ages 12-16. Group meets one night per week for 1 ½ hours for 10-weeks. Sessions take place throughout the year. Space is limited and sessions fill up fast. For more information and to find out cost, please contact Marissa Tabak at (610) 584-4366 x1044 (\*\*\* soon to be in Philly too!)

#### • City of Philadelphia Recreation Department

- <u>http://www.phila.gov/recreation/</u> or call 215-683-3600 (website available in multiple languages)
- After school and weekend activities for children ages 5-13, low cost, fees vary

#### • HeARTS for AUTISM

- www.HeartsforAutism.org or robin@heartsforautism.org or 267-231-7585
  - A wonderful monthly workshop for families with children with Autism to use art as means of expression. Located at the Norcom Center in Northeast Philadelphia with activities for caretakers and siblings as well. Pre-registration is required, the workshop is FREE

#### • Free Library of Philadelphia

- 215-685-5322 or website: www.freelibrary.org
- Many branches throughout the city have free story and craft hours for children, call or look on the website for the closest location/hours FREE

#### • Tops Soccer/Topsports

- FREE-- provides sports and recreations opportunities for children with special needs
- www.MYTOPSPORTS.ORG Steve and Ann Marie Milligan
- 215.579.2656 <u>sa.milligan@verizon.net</u>

#### • Holy Terror Stars

- o http://holyterrorstars.webs.com
- Contact: Cindy Hinchy at 215-331-9876 or Kim Wilson at 215-407-3027 or summermoon713@gmail.com
- Location: Northeast Philadelphia at New Foundations Charter School (Rhawn and Torresdale) all sports, every Friday night, no fee, no age limit, registration, parents take turns providing snacks or drinks, ANY kind of special needs, also need older typical kids as 1:1 mentors for the special needs athletes (preferably 14 years and up)! Lots of additional activities as well such as holiday parties and Phillies games, FREE
- Fox Chases Champions
  - Matt McDonald 215-745-2785 <u>www.foxchasechampions.com</u> <u>phillylec@comcast.net</u>
  - $\circ$  Special needs sports organization in the Northeast FREE

 Vision For Equality puts out a wonderful Resource Guide called, <u>It's Fun to Have Fun in Philadelphia</u> for families with young children in Philadelphia, call 215-923-2239 for a copy.

#### • Smith Memorial Playground

#### 215-765-4325 or www.smithplayhouse.org

• free indoor playhouse located in Fairmount Park for children 5 and under also outdoor playground for children 10 and under with the famous "Giant Slide". Also have story hours and craft hours that are free

#### • Norcom Community Center

10980 Norcom Rd Philadelphia, PA 19154 (215) 613-1070

• Offers all sorts of year round recreational activities for children with special needs

#### • Parent to Child

- Kathryn Snyder, ATR-BC, LPC Director <u>www.parent2child.net</u>
- o 737 Bainbridge Street, Philadelphia, PA19147 215-450-5271
- a parent and child therapy center using art and music therapies to promote growth, development and social skills; parent training and Sibling Club, sliding fee

#### • Farimount Arts Center

- o 2501 Olive Street Philadelphia, PA 19130 215-756-ARTS info@fairmountartcenter.com
- o small group and individual art therapy for special needs children
- Pre-registration meeting required before enrollment
- HappyheARTS Yoga —a family based movement and arts fitness program, community workshops and school based trainings contact robin@happyheartsyoga.com or 267-757-8733 there is a fee for this program

#### • Settlement Music School

Contact : 215 320-2600, smsmusic.org or Mark Bottos at 215-637-2077

• Offers creative arts therapy through dance and music in 4 sites throughout Philadelphia, managed by Kardon

#### • Kardon Institute for Music

10700 Knights Road, Philadelphia PA 19114 215-637-2077

Special Needs contact: Christine Wineberg: at <u>cwineberg@kardoninstitute.org</u>.

• Provides individual music, dance, art therapy sessions for children and adults w/ special needs, tailored to the individual

#### • MusicWorks –

- o 610-449-9669 <u>www.MusicWorksWonders.com</u>
- o 412 East Eagle Road, Havertown, PA 19083-1635 610-449-9669
- $\circ$  a music therapy service provider for children and young adults (21+) with challenges and special needs.

#### • Imagination Land Playground

Hulmeville and State Roads in Bensalem PA 19020

o fully handicapped accessible playground for children with special needs

#### • Little Wonders Child Growth and Development Center

- o 100 West Germantown Pike, East Norriton, PA 19401
- o social skills, therapies and playgroups and camps for special needs children
- o <u>www.littlewonderscenter.com</u> 610-275-KIDS

#### • O'Doodles Toy Shop

<u>www.odoodles.com</u> 8331 Germantown Avenue, 19119 (215)247-7405 offers Autism specific events, see website for activity calendar

#### • Quinn Developmental Services

Ambler PA 215-654-7577 www.BehaviorExcellence.com

• offers gymnastics classes for special needs children

#### • Kix & Giggles Children's Playland

- 9356 Old Bustleton Ave, Philadelphia, Pa 19115 215-677-4140 www.kixandgigles.com
  - Indoor and outdoor play land for ages1-10
  - o On Wednesdays the entry fee is waived for children with disabilities
- Horse Riding
  - Pegasus: 8297 Bustleton Ave, Philadelphia, PA 19152 215-742-1500
  - One Step At a Time: P. O. Box 125, Bristol, PA 215-945-4499
  - Special Equestrians: 2800 Street Rd. PO Box 1001, Warrington, PA 18976 215-918-1001
- Chang's School of Martial Arts
  - KAFA (Karate Adapted for Autism)
  - 499 South Henderson Road , King of Prussia 610-277-2919 info@changsschoolofmartialarts.org.

#### • Boy Scouts for Kids with Special Needs

St. Anselm's Church 12670 Dunks Ferry Road, Philadelphia 19154 (215)637-3535 or Contact: Theresa Gaber at (215)632-1334

- Jewish Family and Children's Services 10125 Verree Road, Philadelphia 19116 Contact: Lisa Ney <u>Iney@jfcsphilly.org</u> (267)256-2269 www.jfcsphilly.org -Social skills groups for Children, Teens and Adults open to the whole community
- Easter Seals of PA 3975 Conshohocken State Road, Philadelphia 19131
   <u>recreation@easterseals-sepa.org</u> 215-879-1000ext: 6088/Recreation
   <u>http://sepa.easterseals.com/site/PageServer?pagename=PASE\_recreation\_programs</u>
   See Website for Camp Information

<u>Saturday Respite Day</u>: *All ages*: \$75 from 9 a.m -9 p.m. (every 1<sup>st</sup> Saturday of the month) <u>Young Adult Social Groups</u>: *ages 12 and up*(every 1<sup>st</sup> and 3<sup>rd</sup> Friday from 6-9 p.m.) \$50 for 4 months <u>Saturday Night Out</u>: *ages 18 and up* costs vary depending on activity every 2<sup>nd</sup> Saturday of the month) brochures on line <u>Respite Weekend Adventures</u>: *ages 16 and up*, 3 times a year (\$550 includes meals, room and board, transportation and activities (every June is a trip to Wildwood, other trips vary)

 YMCA http://www.philaymca.org/ has programs at the following locations: <u>Columbia North</u>: 1400 N. Broad St., 19121 - 215-235-6440 <u>Roxborough</u>: 7201 Ridge Ave., 19128 - 215-482-3900 <u>Christian St</u>: 1724 Christian St., 19146 - 215-735-5800 West Philly: 5120 Chestnut St., 19139 - 215-476-2700

- The City of Philadelphia Summer Program Guide
  - dial "311" <u>http://philly311.phila.gov</u>
  - The Recreation Department: 215-683-3600
  - The Police Athletic League: 215-291-9000
  - Fairmount Park: 215-683-0200
  - Free Library of Philadelphia 215-686-5372

#### • PA Mentor

10601 Decatur Road, Suite 400, Philadelphia, PA 19164

215-612-8200 www.thementornetwork.com \*\*\*FREE(MA only)

- Summer camp for children with ASD ages 5-15. Children must have MA, 2 sites in Northeast, 1 site in South Philly. Register EARLY, this camp fills up fast!
- SPIN, Inc
  - o 10521 Drummond Rd, Philadelphia, Pa 19154 215-698-3060, Laura Colon
  - Integrated summer camp for special needs and typical children ages 5-18.
- Variety Club Developmental Overnight Camp 2950 Potshop Road, Worcester, PA 19490

**Day Camp**: For children and youth with disabilities ages 5-21. Program runs Monday thru Friday throughout the summer. Activities include arts and crafts, swimming, music, sports, theater, nature, etc. 3:1 ratio of campers to staff. Transportation is available, but limited to a pick-up point in Northeast Philadelphia and Bucks County. Before and after hour care is also Siblings are also welcome to attend. For more information and to find out the fees, please call (610) 584-4366.

**Overnight Camp**: For children and youth with disabilities ages 7-21. Participants stay overnight from Sunday to the next Saturday. Airconditioned cabins with full bathrooms. Activities include arts and crafts, music, sports, theater, nature, and swimming. For more information and to find out fees, please call (610) 584-4366.

**Vocational Program:** For youth with disabilities ages 14 and up. Program takes place throughout the summer. Participants learn job skills as they participate in various work-related activities including landscaping, cooking, office duties, camp store, etc. For more information including fees, please contact Jean Merkl at (610) 584-4366 x1101. Space is limited.

#### • Carousel House Special Needs Day Camp

- Belmont Avenue and North Concourse in Fairmount Park
- 215-685-0160/61/62 a two week camp for kids with disabilities starting at age 5

#### • Madeline Moore Summer Camp Grant

- ONLY for children who are receiving services through CBH such as Wrap-Around
- o provides up to \$600/ year for camp available through CBH, 215-685-4737

#### • Expressions

- www.campconcepts.org/expressions 267-258-3974 contact: Stephanie DeSouza
- A day camp for children ages 4-16 with high functioning Autism or Aspergers at the George School in Newtown, PA, there is a fee
  and an interview to attend this camp

#### • Dragonfly Forest

- Residential overnight Summer Camp for ages 7-14, in Wesstown, PA Chester County
- o 610-298-1820 <u>www.dragonflyforest.org</u>

- Camp at Silver Springs Farm
  - <u>camp@silver-springs.org</u> (610) 825-4440 EXT 437 <u>www.silver-springs.org</u> 6 week day camp for children needing special needs supports. Expensive.
- Hopes and Dreams Foundation
   <u>http://www.hopesanddreamsfoundation.org</u>
   215-264-2859 (Bucks County) Art, music and drama program for children with disabilities ages 9 and up \*\*FREE
- Easter Seals of PA 3975 Conshohocken State Road, Philadelphia 19131 recreation@easterseals-sepa.org 215-879-1000ext: 6088/Recreation http://sepa.easterseals.com/site/PageServer?pagename=PASE\_recreation\_programs See Website for Camp Information
- YMCA http://www.philaymca.org/ has programs at the following locations: <u>Columbia North</u>: 1400 N. Broad St., 19121 - 215-235-6440 <u>Roxborough</u>: 7201 Ridge Ave., 19128 - 215-482-3900 <u>Christian St</u>: 1724 Christian St., 19146 - 215-735-5800 <u>West Philly</u>: 5120 Chestnut St., 19139 - 215-476-2700

### **Spirituality**

- Archdiocese of Philadelphia: Pastoral Care for Persons with Disabilities
   <u>http://archphila.org/evangelization/resplife/pcpd/pcpd.htm</u>
   222 N. 17th Street, Philadelphia, PA 19103
   Contact: Janell Lavender, Coordinator 215-587-3530
   jlavende@adphila.org, pcpddeaf@adphila.org
  - The Department for Pastoral Care for Persons with Disabilities provides pastoral resources to parishes and families. The department can assist families with children with Autism and other disabilities to access religious education and integration into their Catholic Parish. The department provides training and resources to parish staffs. <u>www.archphila.org</u>
- Special needs CCD classes
  - o St Matthews Church 3000 Cottman Avenue, Philadelphia PA 19149
  - Contact Deacon Bob Burns at 215-333-0585/3142
- Jewish Family and Children's Services 10125 Verree Road, Philadelphia 19116 Contact: Lisa Ney <u>Iney@jfcsphilly.org</u> (267)256-2269 www.jfcsphilly.org <u>Gam Yahad</u> celebrate Jewish holidays together in a synagogue setting
- Averbach Central Agency for Jewish Education
  - Supports, education and trainings for Jewish preschools and synagogues throughout the 5 county area specific to facilitating inclusion of special needs persons of all ages.
  - Contact: Debbie Gettes, <u>dgettes@acaje.org</u> 215-635-8940

# **Supports for Adults**

#### • ALAW-Autism Living and Working

8 Penn Center, Suite 1600, 1628 John F. Kennedy Blvd, Philadelphia 19103 (267)322-5800 www.autismlivingworking.org alaw@autismlivingworking.org

- ALAW's mission is to help adults with autism form and sustain households, hold jobs, and contribute to community life, through individual supports and accommodations.
- ASAN The Autistic Self Advocacy Network-organization, support, advocacy, focus on teens and education opportunities See website for local chapters: <u>www.autisticadvocacy.org</u>
- Easter Seals of PA 3975 Conshohocken State Road, Philadelphia 19131
   <u>recreation@easterseals-sepa.org</u> 215-879-1000ext: 6088/Recreation
   <u>Saturday Night Out</u>, ages 18 and up, costs vary depending on activity every 2<sup>nd</sup> Saturday of the month) brochures on line
   <u>Respite Weekend Adventures</u>, ages 16 and up, 3 times a year (\$550 includes meals, room and board, transportation and activities (every
   June is a trip to Wildwood, other trips vary)
- Families Of Adults Autism-ASAphilly

A website for families of Adults (age 17 and up) with Autism Spectrum Disorder. This is an environment to learn about the needs of adults with Autism, and other related neurological disorders. To view the details of this listserv: <a href="http://health.groups.yahoo.com/group/FamiliesOfAdultsAutism-ASAphilly/">http://health.groups.yahoo.com/group/FamiliesOfAdultsAutism-ASAphilly/</a>

• GRASP Philadelphia

Contact: <a href="http://www.grasp.org/">http://www.grasp.org/</a> members range in age from 18 to 65 plus Group meets monthly at the Easttown Library in Berwyn, PA from 2 to 4 PM on the second Saturday of each month. <a href="http://health.groups.yahoo.com/group/GRASP">http://health.groups.yahoo.com/group/GRASP</a> Philadelphia</a> PA/

- Jewish Family and Children's Services 10125 Verree Road, Philadelphia 19116 Contact: Lisa Ney <u>Iney@jfcsphilly.org</u> (267)256-2269 www.jfcsphilly.org <u>The Network:</u> monthly community-based culturally enriching outings for high functioning adults. <u>Healthy Relationships and Sexuality:</u> a series of workshops for adults with special needs to address these issues. Both of theses programs are open the general community.
- **PAR Pennsylvania Association of Resources-** connecting people with Autism or Mental Retardation with supports and services in their community <u>par@par.net</u> phone 717-236-2374
- Pennsylvania Department of Public Welfare Bureau of Autism Services
  <a href="http://www.dpw.state.pa.us/foradults/autismservices/index.htm">http://www.dpw.state.pa.us/foradults/autismservices/index.htm</a>
  FREE trainings, supports, services and resources for Adults with Autism and for those who support them. See website for details about programs including the Autism Waiver.
- University of Penn Autism Network Adult Developmental Disorders 3535 Market Street, 2<sup>nd</sup> floor Philadelphia PA 19104 Phone: 215-573-1159, <u>www.med.upenn.edu/add</u>
- <u>www.wrongplanet.net</u> : a forum for adults with Autism

### <u>Grants</u>

- Bureau of Autism Services, PA Department of Public Welfare
  - o <u>www.autisminpa.org</u> 1-866-497-6898
  - Mini grants: Variety club annual memberships, project Lifesaver fees
  - Act 62 (see website details)

#### • Neighborheart Quality of Life Grants

- up to \$500.00 a year for families who care for someone with a developmental disorder or disability with a family income of less than \$30,000 per year-limited availability
- o <u>http://www.neighborheart.org/grants.asp</u>

#### • Hearts and Smiles Foundation

P.O. Box 1253, Southampton, PA 18966 - 215-669-4221 heartsandsmiles@comcast.net

• The mission of Hearts and Smiles is to provide in kind assistance to low income families with special needs in Montgomery, Bucks, Chester, Delaware and Philadelphia Counties with a particular focus on the needs of siblings in these families.

#### • Madeline Moore Summer Camp Grant

Provides up to \$600/ year for camp available through CBH, 215-685-4737 for children who are receiving services through CBH such as Wrap-Around

see this website: www.dbhmrs.org/children-s-services

• Children's Scholarship Fund Philadelphia <u>www.csfphiladelphia.org</u> 215-670-8411

Scholarships for 4 years for children K-8<sup>th</sup> grade to fund private, parochial and other tuition-based community schools. <u>To apply you must</u>: 1. meet low-income guidelines , 2. fill out an application found on the website, 3. complete a one page essay described in the application Applications are due March 1, 2010 for the 2010-2011 school year

#### • SCHWALLIE FAMILY SCHOLARSHIP PROGRAM

#### http://www.researchautism.org/news/otherevents/scholarship.asp

-Overseen by the Organization for Autism Research this scholarship provides \$3,000 for individuals with Autism towards payment for post secondary school.

#### • Cradles To Crayons (C2C)

215.836.0958 http://philadelphia.cradlestocrayons.org

Provides FREE clothing, school supplies, shoes, coats, bedding and other material goods for low-income and homeless children from birth to 12. C2C does not work directly with families; requests must go through social workers, health care workers, teachers, and people in similar positions, who place orders for children's items on behalf of families they support. Agencies must register with C2C. Follow the guidelines listed on the website.