

By 4 years

My child...

- can match some objects / colors, can count up to 10 (may use blocks, spoons), can point to numbers
- is using past tense (rolled, handed), can speak clearly (be understood by others), knows 4-8 actions
- will smile/laugh at funny pictures, can play well with other children, realizes when a person is hurt or needs help
- can lace shoes, can buckle a belt, can use a fork (can hold it with her fingers)
- can run, can balance on 1 foot, can cut along a line

By 4 1/2 years

My child...

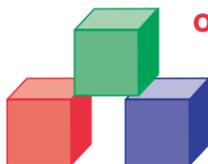
- can repeat 4 numbers, matches things that are related, can pick out which group has "more balls, more cups"
- can tell you why, or can say what made something happen, is using 5-6 word sentences, can name 4 colors
- can share, can take turns, calls attention to what he can do
- can help to serve self, can clean up spills, can dress with no help
- can swing self on swing, can hop well on each foot, can kick large ball with success, can connect dots on paper

By 5 years

My child...

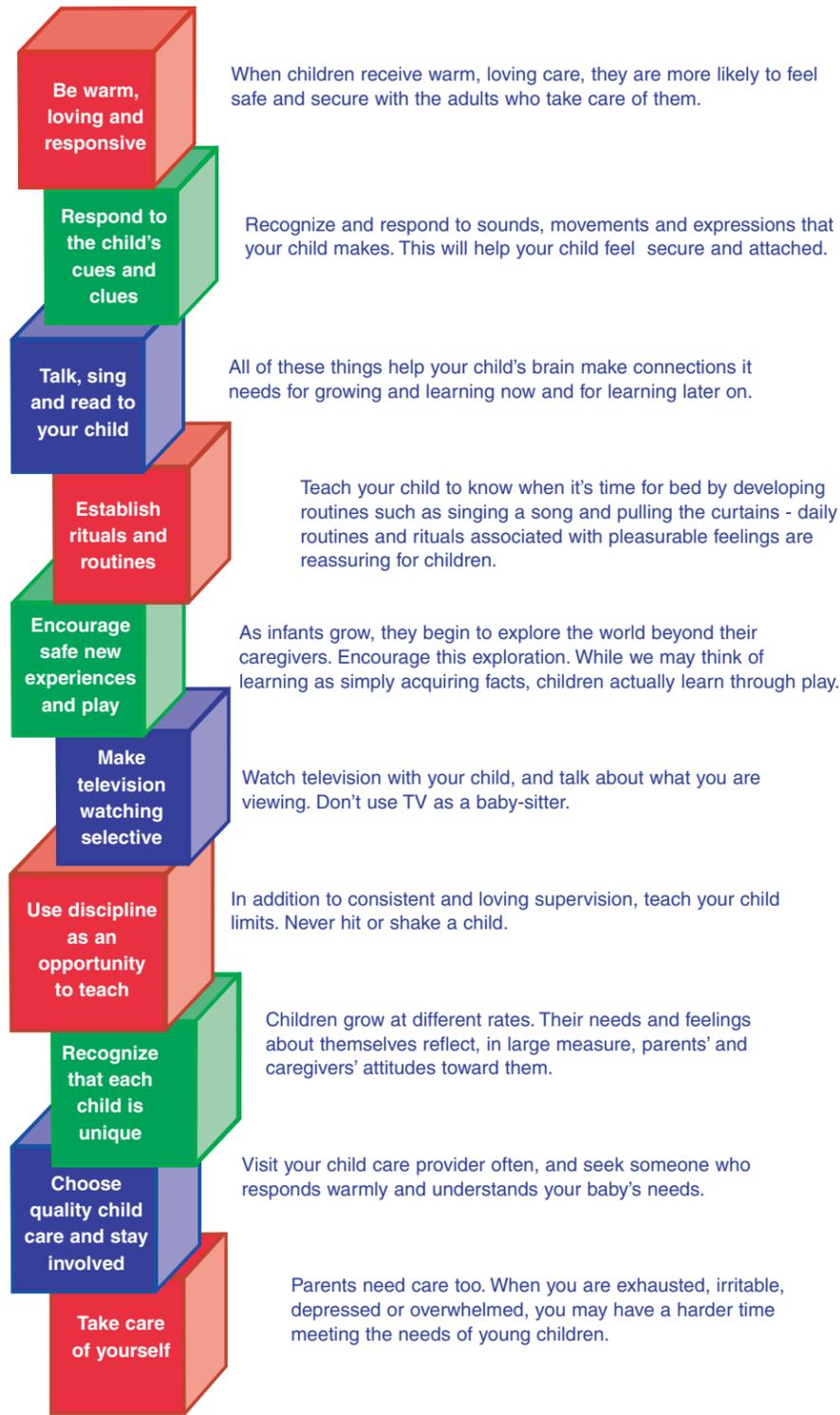
- can name 3 coins, can define 5 words, can count 4 or more things and answer "how many?"
- can talk with others, can match a spoken word to a picture, can tell you what is the same or different (between shapes, toys, pictures on cards)
- can tell you her birthday, can name 2 feelings (happy, sad), can tell you the difference between what is real and what is make-believe
- can put on t-shirt, knows front from back of clothing, can brush his teeth
- can catch a bounced ball, can skip, can march in time to music, can copy a cross (+), can draw a person (stick figure with 3-6 parts such as lines & circles for arms, legs, head, fingers)

If you didn't have a on each line in your child's age group.....or if you have any concerns.....call **ChildLink** or **SEEDS** and talk with one of our child specialists!



Ten Tips

for raising happier, healthier children



"Ten Tips" was developed by the national I Am Your Child campaign. Their goal is to make early childhood development a top priority for our nation.

For more information on what parents and caregivers can do to promote young children's healthy development, visit the I Am Your Child website (www.iamyourchild.org), or write to:

I Am Your Child, P.O. 15605, Beverly Hills, CA 90209

Look inside and see what your child can do!



Every child grows and learns new things at his or her own pace. Children may vary by as much as 6 months in some of the things they are able to do. If you have any concerns about your child's development, call Early Intervention.

ChildLink

& SEEDS

...is your link to EARLY INTERVENTION (EI) services in Philadelphia for infants and children age five or younger.

Funding for Philadelphia EI services is provided through the Philadelphia Department of Behavioral Health /MRS and Elwyn SEEDS (Special Education for Early Developmental Success).

| For EI in Other Counties | For Birth through Two | For Ages Three to Five |
|--------------------------------|-----------------------|--------------------------|
| Philadelphia | 215-731-2110 | 215-222-8054 |
| Bucks County | 215-442-0760 | 800-770-4822 (ext. 1716) |
| Chester County | 610-344-5948 | 610-524-5150 |
| Delaware County | 610-713-2406 | 610-565-0618 (ext. 202) |
| Chester-Upland School District | | 610-447-3500 |
| Montgomery County | 610-277-7176 | 610-539-8550 (ext. 177) |

Available in Other Languages.



1. Look for your child's age group(s).
2. If your child can do at least 2 things listed on a line, put a .
3. Each means your child is doing things typical of his/her age.
4. If you have line(s) with no call ChildLink for a free screening.

Birth - 3 months

My child...

- recognizes me, can turn her head to watch a toy move, can smile
- can make cooing sounds (ooo, aah), will move around at the sound of my voice, can chuckle
- watches the person talking to him, can follow me with his eyes, can show his pleasure or discomfort
- can suck her fingers or fist, can hold on to mom's finger when nursing, or pat the bottle during feeding
- can lift his head, is beginning to roll over on his back, will hold a rattle briefly

3 - 6 months

My child...

- likes to watch her own hands and other things around her, quiets to a familiar voice, can reach for or bang a toy
- can babble (da, ba, mmm), can laugh, will look toward a noise
- can smile if you smile at him, can show displeasure at the loss of a toy, responds more to me than others
- shows interest in trying food other than milk, seems excited when about to be fed, can suck or close lips on spoon to get food
- can bring both hands to middle, can play with her toes, can hold head up, can roll (from back to stomach)

6 - 9 months

My child...

- can roll a ball, will drop a toy and look for it, will repeat actions that make noise
- will stop briefly if told "no", can imitate sounds, when he hears his name may turn head or look at me or smile
- can use a toy to amuse self, can imitate me (wave bye-bye, play "so-big"), may want me to stay close by, will pull back from a stranger
- can use a cup with help, can move things from one hand to other, can feed self (with fingers)
- can sit up, can creep or crawl on belly, bounces on her legs (not stiff-legged), can pull up to stand

9 - 12 months

My child...

- can point at things, likes to bang toys together or on a table, enjoys looking at picture books
- understands a few words besides "mama, dada," will hand a toy to an adult if asked, can imitate sounds (clicking tongue, coughing)
- will repeat actions to get a laugh, gives a hug, plays near other children, enjoys peek-a-boo
- can make chewing movements, is starting to push, poke at and pull things, is drooling less (except when teething)
- is beginning to stand alone, can crawl fast, can take a few steps, can throw a ball or bean bag

12 - 15 months

My child...

- can build a tower of 2-3 blocks or cans, is using more hand motions for what he wants, will pat pictures in books
- can say or is beginning to say several words, makes noises as if she was talking, will try to find things if asked "where's the....?"
- can roll a ball back to me, can imitate things he sees me do, prefers some toys over others
- can help turn pages, can help when I dress her, can use a spoon (with spilling)
- can walk, can climb stairs (on hands and knees), can pick up tiny things like Cheerios (using thumb and finger)

15 - 18 months

My child...

- can name one picture, will find a toy hidden under or behind something, explores drawers/cabinets
- can say 5-6 words, will point to pictures in a book as they are named, can follow simple direction (will point to something, will get a ball)
- likes to carry/hug a stuffed toy, can ask for help (to wind a toy, open a box), seems proud to do things
- can take off her shoes and socks, can put things in a box, can dump them out of the box
- can run (like a toddler, stiff legs), can climb stairs with help, is starting to throw overhand

18 - 21 months

My child...

- can stack 4-6 items/blocks, will point to things if asked ("where's your nose? your eyes?"), calls himself by name,
- can say 6-10 words, is starting to use words like "me, you", can use words to make wants known
- can show affection, is starting to be possessive ("mine"), imitates what other people do
- can keep scribbles on a piece of paper (with supervision), can take off coat, handles cup well
- can kick at a ball, can jump in place, can walk down stairs holding my hand, holds crayon (in fist)

21 - 24 months

My child...

- can build a tower of 6 blocks or cans, can help put things away, can match sounds to animals
- can say several words and be understood, knows more than 20 words, is using 2 words together ("more juice")
- will listen to stories (or play by self) for short time, can be warm and responsive, shows independence ("me do it," "no")
- can use a spoon well, can use a cup and set it down with little spilling, tries to put her own shoes on
- can jump off floor with both feet, can hold a glass in one hand, is beginning to draw using circular motions

By 2 1/2 years

My child...

- enjoys pretend play (feeding doll, pretending a block is a telephone), knows 3 objects ("what do we do with a key, a car?") or 3 body parts by what they do ("what do you see with?")
- can use 3-word sentences ("me go too"), may get upset if not understood, can ask simple questions
- can help put toys away, may move slowly to get something done, can find it hard to wait for things
- can brush teeth with help, can put on simple clothing with help, can wash and dry own hands
- can run well, can walk on tiptoes, can hold a crayon with fingers, can turn pages one at a time

By 3 years

My child...

- can copy actions (blink eyes, pat cheek), can solve problems (gets chair to reach something), knows several sounds (a bell, a dog barking)
- can sing, can be talkative, can put 3-4 words together in short sentences to tell me things
- can play with and enjoys other children, can be shy with strangers, follows rules
- can put on coat, cap or slippers, can use scissors (if supervised), can use fork (holds in fist)
- can do broad jumps (both feet at once), can climb up stairs (using alternating feet), can copy a circle

By 3 1/2 years

My child...

- understands the concept of "two" (2 cookies, 2 trucks), can point to colors, can match shapes
- understands words like "biggest, smallest, softly, loudly", can answer questions, is beginning to understand or use words like "down, up"
- can point to self in photo, asks to do simple household tasks (push broom, wipe table), can tell you that she's happy, sad, afraid, etc.
- can pull on sock, can unbutton small buttons, can unbuckle his belt, can go to toilet alone
- can balance on 1 foot, can trace a diamond shape, can walk down stairs alternating feet (left/right)