Health Related Social Needs Resources

Here are some food, housing, utilities, and transportation resources that may be able to help you and your family!

Resources Related To COVID-19

- CAP4Kids website has updated COVID-19 resources to help with housing, food, unemployment, and more! CAP4Kids.org/Columbus/coronavirus
- For answers to questions like how to prepare and protect your family OR what to do if you think you are sick, visit Coronavirus.gov or Coronavirus.Ohio.gov.

Resources When You Need Help Right Away

- If currently homeless (no safe place to spend the night) - (614) 274-7000. If risk of future homelessness - dial 2-1-1
- Utilities (gas, electric, water) and Transportation - dial 2-1-1
- Emergency Food - (614) 341-2282 (M-F; 8 a.m. to 4 p.m.), text “food” to (614) 702-7772, or dial 2-1-1

Resources To Help At Other Times

- Visit the CAP4Kids website, choose your language, and search for “housing,” “food,” “transportation,” or “utilities” for help. CAP4Kids.org/Columbus
- HandsOn Central Ohio is a free call service that helps people find resources. HandsOnCentralOhio.org or dial 2-1-1 24- hours, 7 days a week
- Contact Ohio Benefits System to manage or apply for benefits such as food and healthcare. Benefits.Ohio.gov or call (844) 640-OHIO (6446) or (614) 233-2000
- Contact your insurance provider, who may help you get to and from medical appointments

Resources Outside of Franklin County or Ohio

- Find your local Ohio Department of Jobs and Family Services office. jfs.ohio.gov OR for other states, usa.gov/benefits
- Contact your local United Way to find resources. UnitedWay.org/find-your-united-way.
- Call your local 2-1-1 organization to find resources. 211.org

Other Community Agencies that May Link You To Help

- Muslim Family Services of Ohio (614) 470-2848 | help@mfsohio.org
- Ohio Hispanic Coalition (614) 840-9934
- Ethiopian Tewahedo Social Services (ETSS) (614) 252-5362 | info@ethiotss.org
- Bhutanese Nepali Community of Columbus (BNCC) (614) 396-8965
- Asian American Community Services (AACS) (614) 220-4023
- Somali Community Association of Ohio (614) 262-4068

If you have other questions or concerns please ask your health care team.