



CAP4Kids

**One Website.
Free and Low-Cost Resources.**

Jobs and Transportation

Food and Housing

Childcare and Camps

Mental Health

And so much more!

CAP4Kids.org/Columbus



NATIONWIDE CHILDREN'S®
When your child needs a hospital, everything matters.



**Children's
Practicing
Pediatricians**



Free Hotlines

Central Ohio Poison Center Hotline (24-Hour)
(800) 222-1222

National Suicide Hotline (24-Hour)
Call or text 988

LSS 211 Central Ohio (24-Hour)
211 or (614) 221-2255

Huckleberry House Runaway Helpline (24-Hour)
(614) 294-5553

Franklin County Mental Health Crisis Hotline (24-Hour)
Adults (Netcare): (614) 276-2273
Youth (Nationwide Children's Hospital): (614) 722-1800

Crisis Text Line
Text 'HOME' to 741-741

Ohio Tobacco Quit Line
(800) 784-8669

Food Line
(614) 341-2282

Emergency Shelter / Homeless Hotline (24-Hour)
(614) 274-7000

SARNCO Rape & Assault Helpline (24-Hour)
(614) 267-7020 or (800) 656-4673

LSS CHOICES for Victims of Domestic Violence (24-Hour)
(614) 224-4663 or (800) 799-7233

Step One Pregnancy Care Hotline Central Ohio
(614) 721-0009

Postpartum Support International Helpline
(800) 944-4773

CAP4Kids.org/Columbus

Follow CAP4Kids on Facebook

