



Columbus CARE Coalition

CAREgivers' Retreat

ART EXHIBIT

RAFFLE

SWAG BAGS

RESOURCE FAIR

CONNECTION • HEALING • SUPPORT • FOOD • FUN

April 27 • 10:30 a.m.-4:30 p.m.

**Nationwide Children's Hospital
Education Center**

543 S. 18th St. *(Park in the Orange Garage.)*

The Columbus CARE Coalition invites Columbus community caregivers - parents, grandparents, neighbors, friends and activists - to join this free event. We will provide space for healing, building community, and promoting self-care and support for caregivers who are often overlooked and under-supported.

Register at
<https://caregiversretreat2024.eventbrite.com>.

Questions? Contact Liliana at
lvela@columbus.gov.



KEYNOTE SPEAKER:
Dr. Maria Houston

TOPIC:
**Nurturing
Resilience: A
Journey into
Self-Care**

