Donna's guide

FREE SIT-DOWN MEALS IN MANHATTAN



REAKFAST

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MONDAY

Donna's Guidt Free Sit-down Meals in Manhattan

6:30AM - 7:30AM	Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)
7AM - 8:30AM	St Paul's House 335 West 51st St (1, C, E to 51st St)
7AM - 8:30AM	St Bart's 108 East 51st St (6 to 51st St)
8AM - 8:30AM	NYC Rescue Mission, 90 Lafayette St (A, C, E, N, Q, R, W, 6 to Canal St)
8AM - 9:30AM	NY Common Pantry 8 East 109th St (2, 3, 6 to 110th St)
8AM - 9AM	The Bowery Mission 227 Bowery (F to 2nd Ave)
10:15AM - 11AM	Broadway Community Lunch Program 601 West 114th St (1 to 116th St)

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DINNER

4PM - 6PM

Food Bank for NYC 252 West 116th St (B, C to 116th St)

4:15PM - 5:30PM Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

4:30PM - 6PM The Love Kitchen 3816 9th Ave (1 to 207th St)

4:30PM - 6PM NY Common Pantry 8 East 109th St (2, 3, 6 to 110th St)



10:30AM - 12:30PM

MONDAY

Holy Apostles

296 9th Ave (C, E to 23rd St)

Trinity Services and Food 11AM - 12PM

602 East 9th St (L to 1st Ave)

Salvation Army Harlem Temple 11AM - 12:30PM

540 Lenox Ave (2. 3 to 135th St)

Salvation Army Manhattan Citadel 12PM - 1PM

132 West 14th St (1, 2, 3, F, M to 14th St)

Grand Central Neighborhood 12:15PM - 1:15PM 120 East 32nd St (6 to 33rd St)

The Bowery Mission 1PM - 2PM 227 Bowery (F to 2nd Ave)



5:30PM - 6:30PM

St Bart's

108 East 51st St (6 to 51st St)

NYC Rescue Mission. 90 Lafavette St 6PM - 7PM (A. C. E. N. O. R. W. 6 to Canal St)

The Bowery Mission 6PM - 7PM

227 Bowery (F to 2nd Ave)

All Souls Church 7PM - 8PM

1157 Lexington Ave (6 to 77th St)

REAKFAST

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TUESDAY



6:30AM - 7:30AM 120 East 32nd St (6 to 33rd St)

Grand Central Neighborhood

7:15-8AM

St Peter's, 619 Lexington Ave (E. M to Lexington Ave - 51st St)

8AM - 8:30AM

NYC Rescue Mission, 90 Lafavette St. (A, C, E, N, Q, R, W, 6 to Canal St)

8AM - 9AM

The Bowerv Mission 227 Bowery (F to 2nd Ave)

8AM - 9:30AM

10:30AM - 11:30AM

NY Common Pantry 8 East 109th St (2, 3, 6 to 110th St)

St Joseph's House

36 East 1st St (F to 2nd Ave)



DINNER

4PM - 6PM

Food Bank for NYC 252 West 116th St (B, C to 116th St)

4:15PM - 5:30PM

Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

4:30PM - 5:30PM

West End Collegiate Church 245 West 77th St (1 to 79th St)

4:30PM - 6PM

The Love Kitchen 3816 9th Ave (1 to 207th St)

TUESDAY

Salvation Army Harlem Temple 11AM - 12:30PM

540 Lenox Ave (2, 3 to 135th St)

11:30AM - 12:15PM

Church of St Paul the Apostle 405 West 59th St (1 to 59th St)

Salvation Army Manhattan Citadel 12PM - 1PM

132 West 14th St (1, 2, 3, F, M to 14th St)

12PM - 12:30PM

St James

865 Madison Ave (6 to 68th St)

Grand Central Neighborhood 12:15PM - 1:15PM 120 East 32nd St (6 to 33rd St)

St Luke's

308 West 46th St (A, C, E to 42nd St) The Bowery Mission

1PM - 2PM

1PM - 2PM

227 Bowery (F to 2nd Ave)





5:30PM - 6:30PM

St Bart's

108 East 51st St (6 to 51st St)

6PM - 7PM

NYC Rescue Mission, 90 Lafayette St (A, C, E, N, O, R, W, 6 to Canal St)

6PM - 7PM

The Bowery Mission 227 Bowery (F to 2nd Ave)

WEDNESDAY

Donna's Guide Free Sit-down Meals in Manhattan

6:30AM - 7:30AM

Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

7AM - 8:30AM

St Paul's House 335 West 51st St (1, C, E to 51st St)

7AM - 8:30AM

St Bart's

108 East 51st St (6 to 51st St)

8AM - 8:30AM

8AM - 9AM

NYC Rescue Mission, 90 Lafayette St (A, C, E, N, Q, R, W, 6 to Canal St)

The Bowery Mission

227 Bowery (F to 2nd Ave)

8AM - 9:15AM

NY Common Pantry

8 East 109th St (2, 3, 6 to 110th St) **Broadway Community Lunch Program**

10:15AM - 11AM

601 West 114th St (1 to 116th St)

10:30AM - 11:30AM

St Joseph's House 36 East 1st St (F to 2nd Ave)

6

REAKFAST

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DINNER

Food Bank for NYC

252 West 116th St (B, C to 116th St)

Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

4:15PM - 5:30PM 4:30PM - 6PM

4PM - 6PM

NCJW

241 West 72nd St (1, 2, 3 to 72nd St)

4:30PM - 6PM

The Love Kitchen 3816 9th Ave (1 to 207th St)



WEDNESDAY

10:30AM - 12:30PM Holy Apostles

296 9th Ave (C, E to 23rd St)

Trinity Services and Food

602 East 9th St (L to 1st Ave)

11AM - 12:30PM Salvation Army Harlem Temple

540 Lenox Ave (2. 3 to 135th St)

Salvation Army Manhattan Citadel

12PM - 1PM 132 West 14th St (1, 2, 3, F, M to 14th St)

Temple Shaaray Tefila

250 East 79th St (6 to 77th St)

12:15PM - 1:15PM Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

Broadway Community Lunch Program

12:30PM - 1:30PM 601 West 114th St (1 to 116th St)

12:30PM - 1:30PM
The Bowery Mission
227 Bowery (F to 2nd Ave)

Salem United Methodist Church, 2190 Adam

Clayton Blvd (A, B, C, D, 2, 3 to 125th St)

NY Common Pantry

8 East 109th St (2, 3, 6 to 110th St)

5:30PM - 6:30PM St Bart's 108 East 51st St (6 to 51st St)

4:30PM - 6PM

6PM - 7PM The Bowery Mission 227 Bowery (F to 2nd Ave)

6PM - 7PM NYC Rescue Mission, 90 Lafayette St (A, C, E, N, O, R, W, 6 to Canal St)

6:45PM - 8PM Church of the Epiphany 1393 York Ave (6 to 77th St) 7

DINNER

BREAKFAST

THURSDAY

Donna's Guidt Free Sit-down Meals in Manhattan

6AM - 7:30AM

Central Synagogue

123 East 55th St (6 to 51st St)

6:30AM - 7:30AM

Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

8AM - 8:30AM

NYC Rescue Mission, 90 Lafayette St (A, C, E, N, Q, R, W, 6 to Canal St)

8AM - 9AM

The Bowery Mission 227 Bowery (F to 2nd Ave)

8AM - 9:15AM

NY Common Pantry

8 East 109th St (2, 3, 6 to 110th St)

10:30AM - 11:30AM

36 East 1st St (F to 2nd Ave)



8

DINNER

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4PM - 6PM

Food Bank for NYC 252 West 116th St (B. C to 116th St)

4:15PM - 5:30PM

Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

4:30PM - 6PM

The Love Kitchen 3816 9th Ave (1 to 207th St)

5:30PM - 6:30PM

St Bart's

108 East 51st St (6 to 51st St)



THURSDAY

10:30AM - 12:30PM Holy Apostles

296 9th Ave (C. E to 23rd St)

Trinity Services and Food

602 East 9th St (L to 1st Ave)

Salvation Army Harlem Temple

11AM - 12:30PM 540 Lenox Ave (2, 3 to 135th St)

11:30AM - 12:15PM Church of St Paul the Apostle 405 West 59th St (1 to 59th St)

Salvation Army Manhattan Citadel

12PM - 1PM 132 West 14th St (1, 2, 3, F, M to 14th St)

St George's, 209 East 16th St (4, 5, 6, L, N, O, R to 14th St Union Sq)

Grand Central Neighborhood 12:15PM - 1:15PM 120 East 32nd St (6 to 33rd St)

St Luke's

1PM - 2PM 308 West 46th St (A, C, E to 42nd St)

The Bowery Mission 227 Bowery (F to 2nd Ave)

NYC Rescue Mission, 90 Lafayette St (A, C, E, N, Q, R, W, 6 to Canal St)

The Bowery Mission 227 Bowery (F to 2nd Ave)

Madison Ave Presbyterian 921 Madison Ave (6 to 77th St)

FRIDAY

EAKFAST BR

Central Synagogue 6AM - 7:30AM

123 East 55th St (6 to 51st St)

Grand Central Neighborhood 6:30AM - 7:30AM 120 East 32nd St (6 to 33rd St)

St Paul's House 7AM - 8:30AM

335 West 51st St (1, C, E to 51st St)

NYC Rescue Mission. 90 Lafavette St 8AM - 8:30AM (A, C, E, N, O, R, W, 6 to Canal St)

The Bowerv Mission

8AM - 9:00AM 227 Bowery (F to 2nd Ave)

NY Common Pantry 8AM - 9:15AM

8 East 109th St (2. 3. 6 to 110th St) **Broadway Community Lunch Program**

10:15AM - 11AM 601 West 114th St (1 to 116th St)

St Joseph's House 10:30AM - 11:30AM 36 East 1st St (F to 2nd Ave)

10

DINNER

4PM - 6PM

Food Bank for NYC

252 West 116th St (B, C to 116th St)

Grand Central Neighborhood 4:15PM - 5:30PM

120 East 32nd St (6 to 33rd St)

NY Common Pantry 4:30PM - 6PM

8 East 109th St (2. 3. 6 to 110th St)

The Love Kitchen 4:30PM - 6PM 3816 9th Ave (1 to 207th St)



FRIDAY

10:30AM - 12:30PM Holy Apostles

296 9th Ave (C. E to 23rd St)

Trinity Services and Food

602 East 9th St (L to 1st Ave)

Salvation Army Harlem Temple 540 Lenox Ave (2, 3 to 135th St)

Salvation Army Manhattan Citadel

132 West 14th St (1, 2, 3, F, M to 14th St)

All Souls Church 1157 Lexington Ave (6 to 77th St)

12:15PM - 1:15PM

12:30PM - 1:30PM

12:30PM - 1:30PM

12:30PM - 1:30PM

601 West 114th St (1 to 116th St)

The Bowery Mission

1PM - 2PM 227 Bowery (F to 2nd Ave)

11

5:30PM - 6:30PM

St Bart's

108 East 51st St (6 to 51st St)

6PM - 7PM NYC Rescue Mission, 90 Lafayette St (A, C, E, N, O, R, W, 6 to Canal St)

6PM - 7PM The Bowery Mission

227 Bowery (F to 2nd Ave)

7PM - 8:30PM * St James

865 Madison Ave (6 to 68th St)

^{*} CLOSED July & August.

SATURDAY REAKFAST



6:30AM - 7:30AM

Grand Central Neighborhood 120 East 32nd St (6 to 33rd St)

8AM - 8:30AM

NYC Rescue Mission. 90 Lafavette St (A, C, E, N, Q, R, W, 6 to Canal St)

8AM - 9AM

The Bowery Mission

227 Bowery (F to 2nd Ave)

St Michael's 10AM - 12PM

225 West 99th St (1 to 103rd St)



DINNER

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Grand Central Neighborhood 4:15PM - 5:30PM

120 East 32nd St (6 to 33rd St)

5PM - 6PM

All Saints Episcopal Church 230 East 60th St (4. 5. 6. N. O. R to 59th St)

5:15PM - 6PM

Church of the Holy Trinity 316 East 88th St (4, 5, 6 to 86th St)





SATURDAY

Church of the Village 12PM - 2PM

201 West 13th St (1, 2, 3, F, M to 14th St)

Grand Central Neighborhood. 12:15PM - 1:15PM

120 East 32nd St (6 to 33rd St)

The Bowery Mission 1PM - 2PM

227 Bowery (F to 2nd Ave)

St Joseph's 1PM - 2:30PM 371 6th Ave (A, C, E, B, D, F, M to West 4th St)

Manhattan Church of Christ 1:30PM - 2PM 48 East 80th St (6 to 77th St)

The Village Temple, 33 East 12th St 2:30PM - 3:30PM (4, 5, 6, L, N, Q, R, W to 14th St Union Sa)



St Bart's 5:30PM - 6:30PM

108 East 51st St (6 to 51st St)

NYC Rescue Mission, 90 Lafayette St 6PM - 7PM (A, C, E, N, O, R, W, 6 to Canal St)

The Bowery Mission 6PM - 7PM 227 Bowery (F to 2nd Ave) DIZZM

SUNDAY

Donna's Guidt Free Sit-down Meals in Manhattan

BREAKFAST

Grand Central Neighborhood

120 East 32nd St (6 to 33rd St)

7AM - 8:30AM St Bart's

108 East 51st St (6 to 51st St)

NYC Rescue Mission, 90 Lafayette St (A, C, E, N, Q, R, W, 6 to Canal St)

8AM - 9AM The Bowery Mission

227 Bowery (F to 2nd Ave)

Cathedral Community Cares 1047 Amsterdam Ave (1 to Cathedral Pkwy)



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DINNER

4:15PM - 5:30PM

Grand Central Neighborhood

120 East 32nd St (6 to 33rd St)

4:30PM - 6PM

Christ Church United Methodist 524 Park Ave (4, 5, 6, N, O, R to 59th St)

5:30PM - 6:30PM

St Bart's 108 East 51st St (6 to 51st St)

SUNDAY

NCIW 11:30AM - 12:30PM

241 West 72nd St (1, 2, 3 to 72nd St)

12:15PM - 1:15PM

Grand Central Neighborhood

12:30PM - 1:30PM

120 East 32nd St (6 to 33rd St) Cathedral Community Cares

1047 Amsterdam Ave (1 to Cathedral Pkwv)

12:45PM - 3PM

1PM - 2PM

St Xavier's 55 West 15th St (1, 2, 3, F, M to 14th St)

The Bowery Mission

227 Bowery (F to 2nd Ave)

2PM - 3PM

Blessed Sacrament Church 147 West 70th St (1. 2. 3 to 72nd St)



6PM - 7PM

NYC Rescue Mission. 90 Lafavette St (A, C, E, N, Q, R, W, 6 to Canal St)

6PM - 7PM

The Bowerv Mission 227 Bowery (F to 2nd Ave)

Donna's guide

