

# Harlem Child Development Center



## THE VIRGINIA AND LEONARD MARX OUTPATIENT CLINIC

Serves families with infants, toddlers, and children through elementary school age. The clinic offers evaluations and treatment planning; parent-child psychotherapy; individual, family, and group therapy; and family guidance.

## These services help children and families overcome such challenges as:

- · Difficult behaviors
- Social/emotional problems
- Sensory integration disorder
- Reactions to family changes of separation
- Divorce
- Illness
- Domestic violence and trauma
- School difficulties and developmental delays

Medicaid and private insurance accepted; sliding scale for uninsured; NYC DOE CPSE evaluation site.

#### THERAPEUTIC NURSERY SCHOOL

For children three to five years of age presenting with developmental delays, communication problems, social/emotional/behavioral difficulties, or attention and learning deficits. A highly structured small group classroom (8:1:2) helps them build self-esteem, develop relationships, and become effective learners. Individualized mandated therapies, including speech and language, occupational, physical, play, and music, are provided. An interdisciplinary team approach, inclusive of the family, promotes best practices for understanding the child's challenges and strengths. NYSED and NYC DOE funded.

## **EARLY CHILDHOOD CONSULTATION**

Specialists in child/family development provide ongoing, on-site consultation to private and public preschools. Consultants observe children, meet with directors and teachers, conduct workshops, and offer parent guidance, including child development referrals for assessment and services when needed.

The Harlem Child Development Center (HCDC) is a nationally recognized division of the Jewish Board of Family and Children's Services that uses a wide variety of therapeutic approaches, services, and programs to help young children and their families. Children may have a range of behavioral, developmental, and emotional difficulties.



# TO LEARN MORE

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