

HELP FINDING FOOD

Types of Resources		
Food Pantries: provide food packages, meals, and other services	SNAP: provides a benefit card to help families buy nutritious food	WIC: provides nutritional support and food to women, infants, and children

NEW YORK COMMON PANTRY

nycommonpantry.org // (917) 720-9700

Choice Pantry Program: You can choose a 4-day supply of groceries every 14 days for each family member in your household. It includes fresh fruits and vegetables, proteins, grains, and dairy. Order online to save time!

Make an appointment to become a client. Walk-ins are also welcome. Bring a photo ID for ALL household members. Eligibility for SNAP, WIC, and other programs can be assessed at your first visit.

Hours: MON-SAT 9AM-6PM | SUN/HOLIDAY 2PM-6PM

LOCATIONS:

Manhattan: 8 East 109th Street, NY, NY 10029
(between 5th and Madison)

Bronx: 1290 Hoe Avenue, Bronx, NY 10459
(between Hoe and Vysen)

LSA FAMILY HEALTH SERVICES (for East Harlem families)

littlesistersfamily.org // (646) 672-5200

Call or make an appointment online before visiting the choice pantry. Bring photo ID, proof of address for all household members, and birth certificates for all children. Eligibility for SNAP, WIC, and other programs can be assessed at your first visit.

LOCATION:

333 East 115th Street (Btw. 1st/2nd Avenues)






AUNT BERTHA WEBSITE: FIND FOOD PANTRIES NEAR YOU!

www.auntbertha.com







Aunt Bertha lists free and reduced cost direct social services and makes it easy to connect to them. Type your zip code and find the nearest organization to you.

Text "SOGOOD" to 877-877 to find details about farmers markets near you, including if they accept EBT/SNAP


FOOD PANTRIES IN MANHATTAN

Name	Address	Transportation	Contact Information	Hours of Operation	Languages Offered	COVID-19 Policies
Food Bank for NYC Community Kitchen	Harlem 252 W. 116 St., 10026	 116 St	212 566 7855 foodbanknyc.org	Mon – Thurs: 9am - 3pm, Fri: 9am – 6 pm	English, Spanish	2 meals per day per household, only cold meals. Give out food until supplies run out starting at 11 am. If a person has a microwave and fridge they can have the food. Should bring ID, but no questions asked really if there is food in the pantry
Iris House West Side	Harlem 2348 Adam Clayton Powell Blvd., 10030	 135 St M2 Adam C Powell Blvd/W 137 St	646 548 0100 irishouse.org	Pantry Thurs: 1pm - 2pm Bagged Lunch (Grab & Go) Tues – Fri: 12pm - 1:30pm	English, Spanish, Creole, French	Normally client has to register first, but no one is being turned away. Must bring an ID Lunch from 12-11: Tuesdays-Fridays
Catholic Charities - Rusty Staub Central Harlem Food Pantry	Harlem 34 West 134th St., 10037	 135 St M7, M102 Malcolm X Blvd/W 132 St	212 862 6401 x425	Wed 9:30am-11:30pm. ID and proof of address required for registration. Emergency food available by appointment over the phone.	English, Spanish	Bags in the front of the building on Wednesdays Must be ID
St. John's Bread of Life	Chelsea 213 West 30th St., 10001	 34 St/Penn St 34 St/Herald Sq M7, M20 7 Av/W 31 St	212 564 9070 christinthecity.nyc/food-pantries	Wed 12pm-2pm *Must live between 14th St. and 60 St. ID and proof of address for all household members required*	English, Spanish, Mandarin	Fewer people at a time, enter in the front, leave through the side door
National Council of Jewish Women	Upper West Side 241 West 72nd Street, 10023	 72nd St M5, M57, M72 W 72 St/Broadway	212 687 5030 ncjw.org	Mon 9:30am - 2pm *Photo ID and proof of address for all household members required first time*	English only	Prepacked bags at the door, arrive at normal times
Rauschenbusch Metro Ministries - Metro Baptist Church	Hell's Kitchen 410 W. 40th St, 10018	M11, M34A(SBS) 9 Av & W 40 St	212 594 4464 rmmnyc.org	Sat 10am - 11:30am *no pantry 5th Sat. One visit per month. ID and proof of address for all household members required*	English, Spanish, Prewritten resources in Mandarin	Used to be client choice, currently you must wait outside and they hand out bags of non perishables and produced, stocked for households for 2-3. NO NEED FOR ID FOR COVID

FOOD PANTRIES IN MANHATTAN

Name	Address	Transportation	Contact Information	Hours of Operation	Languages Offered	COVID-19 Policies
The Father's Heart Ministries	East Village 543-545 East 11th Street, 10009	 1st Ave M14A(SBS) Ave A/E 11 St	212 375 1765 fathersheartnyc.org	Tue 6pm - 6:30pm (for KidZone attendees) Sat 10am - 11am (except 1st Sat)	Not known	Food pantry open Saturday April 25 from 830am-1130am **Call in advance to get FP hours**
Jewish Community Council of Washington Heights - Inwood	Fort George 121 Bennett Ave. #11A, 10033	 181st St Bx7, M100 Broadway/W 187 St	212 568 5450 jccwashingtonheights.org	Tue – Thu: 11am - 1pm *Photo ID and proof of address required, clients must live in Inwood-Washington Heights. New clients must register between 12:30pm-1pm on Tue, Wed, or Thu. Each family unit can receive one food package per month. Kosher*	English, Spanish, Russian	Closed for COVID-19
Momentum Project at Middle Collegiate Church	East Village 50 E. 7th St., 10003	 Astor Place M103 Cooper Sq E & E 6 St M15 1 Avenue & East 4 Street	212 477 0666 middlechurch.org	2nd and 4th Mon: 11:30am-1pm, 5:30pm-6:30pm. *For dates: Call or visit website*	Not known	Closed for COVID-19
Upper Manhattan Mental Health Center	Harlem 1727 Amsterdam Ave., 10031	 145 St	212 694 9200 MLBowen.Org	Tue (seniors only 58+): 1:30pm - 4pm Wed, Thu (families and singles): 1:30pm - 4pm *ID required, emergency food available Mon-Fri 9am-5pm. Can come once a month (seniors twice)*	Spanish, English	Closed for COVID-19
St. Francis of Assisi	Chelsea 139 W. 31st St., 10001	 34 St/Penn St 34 St/Herald Sq M7, M20 7 Av/W 31 St	212 736 8500 stfrancisnyc.org	Fri - Sat: 9am - 11am. *Must register by calling 212-471-4246*	Not known	Closed for COVID-19
Church of the Annunciation	Manhattanville 88 Convent Ave., 10027	 125th Street M11, M100, M101 Amsterdam Av/W 129 St	212 234 1919 theannunciation.net	Tue 10:30am-11:30am	English, Spanish	Closed for COVID-19










FOOD PANTRIES IN BRONX

Name	Address	Transportation	Contact Information	Hours of Operation	Languages Offered	COVID-19 Policies
The Hope Line	Foxhurst & Crotona Park 884 E. 163rd St., 10459	 Intervale Ave Bx6 E 163 St/Westchester Av	718 402 1212 TheHopeLine.Org	Wed and Thurs: call for hours *By Appointment Only* *Must be Bronx resident, provide photo ID & proof of address*	English, Spanish, French	Scheduling food pantry appointments only on Mondays between 9:30am to 5:00pm
Creston Avenue Baptist Church	Fordham Heights 114 E. 188th St., 10468	 Fordham Road Station Bx12 E Fordham Rd/Jerome Ave	718 367 1754	Mon, Wed, Fri: 12pm-2pm Photo ID and proof of address (or letter from an agency if homeless). Can come once/month.	English, Spanish	Soup kitchen closed until further notice
United Bronx Parents Food Pantry	Melrose 603 Prospect Ave, 10455	 Prospect Ave Bx17, Bx6 Prospect Av/E 163 St	347 996 1879 networks.whyhunger.org/or ganization/view/5014	Wed & Fr: 10am-12pm Wed: for last names A-M Fri for last names N-Z *ID required and bring cart/bags*	English, Spanish	Members can show up twice/week (instead of once/week) Goes by first last name on the ID card
Jewish Community Council of Pelham Parkway	Pelham Parkway 2157 Holland Avenue, 10462	 Pelham Parkway Bx12, Bx39 Pelham Pkwy/White Plains Rd	718 792 4744 jccpelhamparkway.org	Thurs: 9am- 1pm Closed on major Jewish Holidays *ID preferred*	English, Spanish, Russian, Albanian	No more signatures, not asking for ID
Redeemed Christian Church of God	Concourse 1005 Morris Avenue, 10456	 161 Street/Yankee Stadium	646-208-2098 rccgchapelofrestoration.org	Tues: 3pm - 5pm	English, Spanish	Social distancing
Inspirational Food Pantry	Morrisania 1211 Brook Ave., 10456	 167th Street Bx35, Bx41 E 167 St/Webster Av	347 272 0596 IGAonline.org	Sat: 11am-1pm *Photo ID required*	English, Spanish	May reopen at the end of April
Heights Pantry/ Bronxworks, Inc.	Morris Heights 200 W. Tremont Ave., 3rd Fl, 10453	Bx18 W Tremont Av/Loring Pl S	718 299 0300 bronxworks.org/food- pantries	Fri: (1st & 3rd of the month): 8am - 9am 1st Fri: first 80 in the community only 3rd Fri: first 80 in the community who are 60 years+ *Tickets passed around 7:30am, pantry bags distributed at 9am*	Unknown	Closed until further notice for COVID-19

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Catholic Charities Bronx Center	Melrose 402 E 152 St., 10455	2 5 3 Av/149 St Bx15, Bx21 3 Av/E 152 St	718 292 9090	Wed: 5pm - 7pm for working families Thurs & Fri: 10am - 12pm *ID and proof of address required*	Unknown	Closed until further notice for COVID-19
St. Paul's Evangelical Lutheran Church	Parkchester 1891 McGraw Avenue, 10462	6 Parkchester Bx39 White Plains Rd/Wood Av	718 822 4535 bronxstpauls.org	Fri: 8am - 10am *Requires photo ID and proof of address on first visit. Birth certificate for all children preferred*	Unknown	Closed until further notice for COVID-19
Fellowship Covenant Church	Castle Hill 720 Castle Hill Ave., 10473	6 Castle Hill Avenue Station <i>then transfer to</i> Bx22 Castle Hill Av/Virgil Pl	718 829 2116	Wed: 10am - 11:30am *Photo ID required, can come in once/month. Call on Tues before for Wed pick-up*	Unknown	Closed until further notice for COVID-19
Every Day is a Miracle - Fordham Road	Fordham Heights 2427 Morris Avenue, 10468	4 D Fordham Road Station Bx1, Bx2, BxM4 Grand Concourse/E Fordham Rd	347 618 1162	Fri: 11am - 1pm *ID required*	English, Spanish	Closed for coronavirus, however people should call in advance to double check (may open soon)
Every Day is a Miracle - Westchester Square	Westchester Sq 2626 East Tremont Avenue, 10461	6 Westchester Sq/E Tremont Av Bx4a, B40, Bx42 E Tremont Av/St Raymonds Av	347 618 1162	Fri: 11am - 1pm *ID required*	English, Spanish	Closed for coronavirus, however people should call in advance to double check (may open soon)

FOOD PANTRIES IN BROOKLYN

Name	Address	Transportation	Contact Information	Hours of Operation	Languages Offered	COVID-19 Policies
Blessed Sacrament Church	Cypress Hills 198 Euclid Ave., 11208	 Crescent St	718 827 1200	Wed: 9:30am - 11am **ID preferred. Call first to confirm. All food is non-perishable. Come early to get a number and line up* *	English, Spanish	Not operating at weekly basis. **Call ahead to check for the hours**
Iglesia Cristiana Pentecostal La Hermosa	Cypress Hills 3161 Fulton St., 11208	 Norwood Ave	718 909 4525	Every other Wed: 11am - 1pm. **ID required for registration. Call first to confirm**	English, Spanish	Customers have to come with masks, must keep 6 feet distance, we provide food to them
Sunset Park Emergency Food Program / The Center for Family Life	Sunset Park 443-39th St., 11220	 36 Street Station B63 5 Av/39 St B30, B70 4 Av/39 St	718 492 3585 sco.org/featured-programs/center-for-family-life/	Tue: 10am-1pm Wed & Thurs: 11am - 1pm **ID required**	English, Spanish	COVID Hours: Fri: 10-1, now serve people 40 a day
Salt and Sea Mission	Gravesend 2417 Stillwell Ave., 11223	 Bay 50 St Station	917 873 9261 coalitionforthehomeless.org/resources/salt-and-sea-mission/	Tue & Thurs: 11am-1pm Sun: 9am-12pm **ID and proof of residence required**	English, Spanish, Russian, Chinese, Mandarin, Polish, Italian	If first time, come with a picture/ID & working cell number. Lines are long. Should bring their own bag/shopping cart.
First Presbyterian Church Pantry	Brooklyn Heights 124 Henry Street, 11201	 Clark St  High Street/Brooklyn Bridge Station	718-624-3770 FPC.church	Thurs: 10:00 AM	English, Chinese	Not really open, but has a basket of free food at the front
Siloam Presbyterian Church Food Pantry	Bed-Stuy 260 Jefferson Avenue, 11216	 Nostrand Av B26 Halsey St/Marcy Av	718 789 7050	Wed: 9:30am - 11am, first come first served **Photo ID required**	English, Spanish, Creole	Open business as usual
Beyond Hunger Food Pantry/CAMBA Inc	Flatbush 21 Snyder Ave, 11226	 Church Av	718 282 3082	Tue, Thu: 10am-1pm	English, Spanish, Creole	Open only for pickup. Call in advance for hours and days.
AOG Food Pantry Program	Flatbush 2170 Bedford Ave., 11226	 Church Av B49 Bedford Av/Linden Blvd	718 974 0107	Fri: 12pm-2pm. **Brooklyn residents only, ID required. Please bring your own bags or cart**	Not known	Closed until further notice for COVID-19

FOOD PANTRIES IN BROOKLYN

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Hope City Empowerment Center	Prospect Heights 650 Washington Ave., 11238	B49 Washington Av/Dean St B65 Bergen St/Washington Av	718 857 5698	Every other Fri: 9am - 11am	Not known	Closed until further notice for COVID-19
St John's Bread and Life	Bed-Stuy 795 Lexington Ave., 11221	B47 Ralph Av/Broadway B46 Malcolm X Blvd/Greene Av	718-574-0058 breadandlife.org	Mon - Thurs: 8:00am - 12:00pm Fri: 9:00am - 12:00pm Extended Hours Tues and Thurs: 3:00pm - 6:30pm **Photo ID for you and each additional member of the household. See website for full list of acceptable forms of ID**	Not known	Open, but will only provide pre-packaged food only

FOOD PANTRIES IN QUEENS

Name	Address	Transportation	Contact Information	Hours of Operation	Languages Offered	COVID-19 Policies
Blessed Virgin Mary/St. Mary's Church Winfield	Maspeth 70-31 48th Ave, 11377	Q60 Queens Blvd/72 St	718 672 4848 stmarysofwinfield.com	Thur: 9:00am-12:00pm	English, Spanish	Open, must bring ID
First Baptist Church	East Elmhurst 100-10 Astoria Blvd., 11369	Q19, Q49 Astoria Blvd/100 St Q23 101 St/31 Av	718 446 0200	Sat: 12:00pm-2:00pm Soup Kitchen closed in July and August (food pantry still open) *No ID required*	English	No change
Salvation Army Astoria Food Pantry	Astoria 45-18 Broadway, 11103	E M R 46 Street Station	718 721 9046	Wed: 9:30am-11:30am *I.D. and proof of address required*	English, Spanish	By appointment only, must call in advance on Tuesdays-Fridays from 10- 2pm. Should bring own carts
Hour Children Food Pantry	Long Island City 36-11 12th St. between 36th & 37th Ave., 11106	N W 36th Avenue F 21 St-Queensbridge St Q69 21 St/36 Av	718 482 8226 hourchildren.org/our-food- pantry/	Mon: 2pm-4pm; Tue: 10:30am- 12:30pm; Thu: 3pm-5pm. Call before going. Photo ID and proof of address required first visit. Bring your own bag.	English, Spanish	No change
Elmcor Youth & Adult Activities Inc	Corona 33-16 108th Street, 11368	Q48 108 St/34 Av	718 651 0096 elmcor.org	Wed: 12-4 for appointment only and 1pm for new enrollees. Must bring ID. Bring your own bag.	English, Spanish	ID not required but should be brought. Hours are the same.
Brooks Memorial United Methodist Church	Jamaica 143-22 109th Ave., 11435	E J Z Sutphin Blvd - Archer Av - JFK Station Then transfer to Q60 108 Av/Sutphin Blvd	718 658 8822 brooksmemorialumc.com	Thurs: 1pm - 2pm	English	Hours changed to: Thurs 11am - 1pm , no ID required, food is prebagged