

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)



DO YOU QUALIFY FOR SNAP BENEFITS (FOOD STAMPS?)

SNAP can help put nutritious food on your table. Many working people and some immigrants with children are eligible. A representative will let you know if you may qualify and can help you apply.

For more information on nearby agencies, please see

<https://www1.nyc.gov/site/hra/locations/snap-locations.page>

ELIGIBILITY BY EARNED INCOME AND HOUSEHOLD SIZE - CASH BENEFIT

HOUSEHOLD SIZE	MONTHLY INCOME LIMIT (BEFORE TAXES)	LIMIT FOR HOUSEHOLDS WITH EARNED INCOME	LIMIT FOR HOUSEHOLDS WITH DISABLED, ELDERLY (60+), OR WITH DEPENDANT CARE COSTS	MAX. MONTHLY SNAP BENEFITS
1	\$1,396	\$1,610	\$2,147	\$250
2	\$1,888	\$2,178	\$2,903	\$459
3	\$2,379	\$2,745	\$3,660	\$658
4	\$2,871	\$3,313	\$4,417	\$835
5	\$3,363	\$3,880	\$5,173	\$992
6	\$3,809	\$4,448	\$5,930	\$1,190
Each additional household member	+\$492	+\$568	+\$757	+\$188

Once you are approved for SNAP, your case will be “active” for a certain period -of-time. This is called your “certification period.” Two months prior to the end of the recertification period, you will receive a recertification packet in the mail.

Benefit calculation: For households with net income, the monthly SNAP benefit equals the maximum benefit for that household size minus the household’s expected contribution of 30 percent of its net income. Families with no net income receive the maximum benefit