

Save Money + Eat Healthier

A guide to Food Resources in North Philadelphia Zips 19121 & 19132



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SNAP Hotline: 215-430-0556

Call to apply for or resolve issues with SNAP (food stamps)

For additional food resources visit: phillyfoodfinder.org

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FOR FAMILIES WITH CHILDREN

WIC 800-743-3300

Provides vouchers for healthy foods for kids under 5, new moms, and pregnant women.

Summer Meals Call 855-252-MEAL (6325), text FOOD or COMIDA to 877877, or visit www.phillysummermeals.org for nearby sites for free breakfast, lunch & snacks for kids and teens age 18 & under, June-August.

HOME-DELIVERED FOOD

Philadelphia Corp. for Aging

215-765-9040, www.pcaplh.org

Provides home-delivered and congregate meals, senior farmers market vouchers & other services.

Aid for Friends: 215-464-2224, www.aidforfriends.org. Delivers healthy meals to isolated, home-bound seniors.

MANNA 215-496-2662, www.mannapa.org.

Delivers healthy meals to those at nutritional risk due to serious illnesses.

MONTHLY FOOD PACKAGES

***SHARE Food Program** 215-223-2220

www.sharefoodprogram.org

2901 Hunting Park Ave.

Food packages for \$20-30 + 2 hours of service.

Operates **Nice Roots Farm**, May-Nov, Tue & Thu 3-6pm. Accepts SNAP, FMNP & Philly Food Bucks.

FRUITS AND VEGETABLES

Philly Food Bucks (The Food Trust)

www.thefoodtrust.org/farmers-markets

Earn \$2 toward produce for every \$5 SNAP purchase at 25+ farmers markets*

***33rd & Diamond (Mander Playground)**

Wed 2-6pm, Jun-Nov

***26th & Allegheny**, Wed 1-5pm, Jun-Nov

***Cecil B. Moore Ave. btw. 13th & Broad Sts.**

Thu 2-6pm, Jun-Nov

***Urban Tree Connection**, 21st St and Cecil B.

Moore Ave 1st & 3rd Wed, 11am-3 pm, May-Nov

***Greensgrow Farms & SNAP Box**, 2501 E.

Cumberland St, Seasonal farmers' market, CSA, nursery and SNAP Box Program \$6.50/week Jul-Oct

Double Dollars: Fair Food Farmstand, Reading

Terminal, 12th & Arch Sts., 215-386-5211,

Matches every \$5 spent w/SNAP, \$10 max/week.

Fresh for All www.philabundance.org

Free produce year-round, weather permitting.

Bring bags.

- **Northeast:** Summerdale and Godfrey Ave. Thursday: 10:30am-11:30am
- **South Phila** Front & Tasker (under I-95 overpass) Friday 1:30-2:30pm

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**FOOD PANTRIES
& SOUP KITCHENS**

Call first to confirm location, hours & requirements. Bring ID and proof of address.

Zip 19121

Cornerstone Baptist Church
2117 N. 33rd St., 215-763-8383
2nd Tues: 11am-1pm

East Park Revitalization Alliance
1737 N. 31st St., 215-235-6001
Mon & Thurs: 4pm-7pm.

Gibson Memorial Baptist
2159 N. 28th St., 215-605-1501
Wed 6pm-7pm,

Haven Peniel
2301 W. Oxford Ave., 215-765-7119
3rd Tues: 1:30pm-2:30pm

Mt. Olive Holy Temple
1469 N. Broad St., 215-765-3372
Pantry, Tues: 12pm
Meals (women and children only),
Wed: 7:30pm

Take a Sistah to Lunch
1301 N. 28th St. at Thompson
(inside Engine 34 Fire Station)
3rd Sat of each month 12pm-2pm

Wayland Temple Church
2500 W. Cecil B. Moore Ave.,
215-769-0243, 2nd & 4th Sat:
8:30am-10:30am

Zip 19132

Bethel Presbyterian Church
1900 W. York St., 2678470385
Pantry: Thu 12-2pm; Meal: Sat 4-6pm

Deliverance Evangelistic Church
2001 W. Lehigh Ave., 215-226-7600
Tue & Thu 2-5pm

James Spring Memorial Baptist
1845 W. Huntingdon St.,
215-227-4214 Fri: 9:30am-11:30am

First Church Worship Center
2509 N. 30th St., 215-229-3608
Tue 1pm-3pm & Thu 5:30pm-6:30pm
Fresh produce & meat every other
Tuesday @ 2059 Glenwood. Call first

Redeem Baptist Church
2339 N. 31st St., 215-227-7146
1st Wed: 8:30am-1pm
Call 215-430-0556 for referral

*Do you know **SNAP** is the new
name for food stamps?*

SNAP FACTS:

*Income limits can change each
October.

*The average benefit amount in
Philadelphia is over \$100.

*For adults 60+, medical expenses
over \$35 can be counted and can in-
crease benefits.

*SNAP benefits can be used to buy
food-bearing plants and seeds, as
well as food items.

*Benefits can be used at dozens of
farmers' markets.

*Receiving SNAP does not take
benefits away from someone else;
everyone who is eligible
can participate by
applying.



Oct 2016

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