

Do You Need Help Paying for Food?

Food Resources that can help in zips 19122, 19125, 19133 & 19134



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SNAP Hotline: 215-430-0556

*For help with a food stamp application or case,
and to find other nearby food programs.*

www.phillyfoodfinder.org

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FOR SENIORS:

Aid for Friends 215-464-2224,
www.aidforfriends.org
Delivers meals to home-bound seniors.

Philadelphia Corp. for Aging

215-765-9040, www.pcaphl.org
Learn about meal programs, farmers'
market vouchers & other senior services.

FOR FAMILIES WITH CHILDREN:

WIC 1-800-743-3300

Moms & kids under 5 can get vouchers to
buy healthy foods. Also distributes farmers'
market vouchers.

MOMobile 215-972-0700

Provides formula and other services at
eight locations throughout the city.

Summer Meals 1-855-252-MEAL (6325),

www.phillysummermeals.org, or text
"FOOD" or "COMIDA" to 877877 for free
breakfast, lunch & snacks for kids 18 &
under.

FOR PEOPLE WITH ILLNESS:

MANNA 215-496-2662,

www.mannapa.org.
Delivers meals to those at nutritional risk
due to illness.

FRESH FRUITS & VEGETABLES

Farmers' Markets

Powers Park, 19134

Almond & E. Ann St., Thurs: 3-7pm

Philly Food Bucks

www.TheFoodTrust.org

For every \$5 SNAP/food stamp purchase,
earn a \$2 coupon for more produce at 25+
farmers' markets including:

- **Liberty Lands, 19123**
3rd & Poplar, June-Nov: Thu 3-7pm
- **Greensgrow Farms, 19125**
2501 E. Cumberland St. Thu & Sat.
- **13th & Cecil B. Moore, 19122**
Thu: 2-6pm
- **Fairhill Park, 4th and Lehigh**
Tue: 1-5pm
- **Philly Urban Creators, 19133**
11th & Dauphin, Fri: 6pm-close

Farmers' Market Nutrition Program (FMNP) Vouchers

WIC recipients and Seniors (60+) can
receive \$20 produce vouchers each
Summer by contacting WIC: 800-743-3300
or Phila Corp. for Aging 215-765-9040 and
local senior centers.

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Fresh for All

www.philabundance.org

Free fruits & vegetables, year-round, weather permitting. Bring bags.

NE Thu. 10:30-11:30am. Houseman Rec. Center, Summerdale & Godfrey.
South Phila: Fri. 1:30-2:30pm. Front & Tasker, under I-95 overpass.

LOW-COST GROCERIES & PRODUCE

Farm to Families

www.scfchildren.org/farm-to-families-initiative

Order packages of produce, meat, eggs, and dairy. Accepts SNAP/food stamps. St. Christopher's Hospital & other North Philly locations. 215-910-2901

SHARE Food Program

www.sharefoodprogram.org

Get \$50 in groceries for only \$20 + 2 hours of community service. Accepts SNAP. 2901 W. Hunting Park Ave., 215-223-2220

FOOD PANTRIES

Programs can change. Call before visiting to check hours and requirements.

Bright Hope Baptist Church

1601 N. 12th St., 19133. (215) 232-6004
Mon-Thu meal 6pm-7pm, pantry 6:30pm
Referral Required

St. Michael's Lutheran Church

2139 E. Cumberland St, 19125.
(215) 423-0792.
2nd & 4th Thu: 11am-12pm
1st, 3rd, & 5th Thu: 6:15-7:15pm

Take a Sistah to Lunch

Engine 2 Firehouse, 2426 N. 2nd St., 19133. (610) 772-0686
3rd Sat of each month, 11am-1pm

Temple Presbyterian Church

1300 N. 7th Street, 215-232-9777
Wed: 10:30am-2:30pm

Visitation Community Center

2646 Kensington Ave., 19125,
(215) 426-9422
Mon: 8:30am-12:30pm.

Cast Your Cares

2438 Kensington Ave. (215) 634-7445
Tues: 1pm-3pm

Congreso de Latinos Unidos

216 W. Somerset St.
(215) 763-8870
Mon-Thurs: 10am-12pm

SNAP FACTS:

*SNAP is the new name for food stamps

*Income limits can change each October.

*The average benefit amount in Philadelphia is \$130.

*For adults 60+, medical expenses over \$35 can be counted and can increase benefits.

* Seniors and disabled households may be eligible for a 2-page application that approves benefits for 3 years.

*SNAP benefits can be used to buy food-bearing plants and seeds, as well as food items.

*Benefits can be used at dozens of farmers' markets.

*Receiving SNAP does not take benefits away from someone else; anyone who is eligible can participate by applying.

Oct 2016



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