

# Do You Need Help Paying for Food?

Food Resources in zip 19123 & 19130



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## SNAP Hotline: 215-430-0556

*Call for help with SNAP (food stamps) applications & issues, or find pantries and other nearby food programs.*

[www.phillyfoodfinder.org](http://www.phillyfoodfinder.org)

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### FOR SENIORS:

**Aid for Friends** 215-464-2224,  
[www.aidforfriends.org](http://www.aidforfriends.org).

Delivers nutritious, home-cooked meals to home-bound seniors.

### Philadelphia Corp. for Aging

215-765-9040, [www.pcaphl.org](http://www.pcaphl.org)  
Senior centers, meals, farmers' market vouchers and other services.

### FOR FAMILIES WITH CHILDREN:

**Free Summer Meals (June-August):**  
**1-855-252-MEAL (6325), or text "FOOD"**  
**or "COMIDA" to 877877** for free breakfast, lunch or snacks for kids 18 & under.

### WIC 1-800-743-3300

Moms and kids under 5 can get vouchers to buy healthy foods. Also distributes farmers' market vouchers each summer.

### MOMobile 215-972-0700

Provides formula and other services at eight locations throughout the city.

### FOR PEOPLE WITH ILLNESS:

**MANNA** 215-496-2662  
[www.mannapa.org](http://www.mannapa.org).

Delivers to those at nutritional risk due to illness.

### FOOD PANTRIES

*Call ahead for hours and requirements. Bring ID, proof of address & bags.*

### Helping Hands Rescue Mission

Ph: 215-627-1656; 610 N. 6th St., 19123  
Mon-Thu 9:30am-12:30pm

### Macedonia Mission 267-639-3072

1340 W. Parrish St., 19123  
Serves **men**, call for apt.

### Holy Temple Church

1706 Fairmount Ave. 215-763-2338  
Last Sat: 10am-12pm.

### Friends Neighborhood Guild

215-923-1544  
701 N. 8th St. 19123  
Tues: 9am-12pm

### Baptist Women's Center

215-235-8070  
1428 Poplar St.  
Wed: 11:30am-1:30pm

### Trinity Baptist, 610-644-0932

2702 W. Poplar St., 19130  
3rd Thurs: 9am-2pm, Must Apply First

### United Methodist Neighbors

804 N. Broad St. 215-236-0304  
Tues & Thurs: 10am-12pm

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## LOW-COST GROCERIES

### SHARE Food Program

Get \$50 in groceries for only \$20 + 2 hours of community service. Accepts SNAP. 2901 W. Hunting Park Ave., 215-223-2220, [www.sharefoodprogram.org](http://www.sharefoodprogram.org)

## FRESH FRUITS & VEGGIES

### Farmers Market Nutrition Program

WIC recipients and seniors (60+) can receive \$20 produce vouchers each summer from their WIC office 1-800-743-3300 or Phila. Corp for Aging 215-765-9040

### Philly Food Bucks

For every \$5 spent on food with SNAP/ Access/food stamps, earn a \$2 Philly Food Bucks coupon to buy more produce at participating seasonal farmers' markets June-Nov. including:

- **Common Ground**, Broad & Green, Wed: 3pm-7pm
- **22nd & Fairmount**, Thu 3-7pm

### Other Farmers' Markets

- **Liberty Lands** 3rd & Poplar June-Nov: Sat: 9am-1pm
- **Teens4Good** 8th & Poplar Wed: 3-6pm
- **Girard and 27th** Sat: 10am-1pm

### Farm to Families

Order packages of produce, meat, eggs, and dairy. Accepts SNAP/food stamps. For locations and days, contact *St. Christopher's Hospital* 3601 A St. 215-910-2901

## Fresh for All

[www.philabundance.org](http://www.philabundance.org)

Free fruits & vegetables, year-round, weather permitting. Bring bags. *NE Thu. 10:30-11:30am. Houseman Rec. Center, Summerdale & Godfrey. South Phila: Fri. 1:30-2:30pm. Front & Tasker, under I-95 overpass.*

**SNAP is the new name for food stamps**

### **SNAP FACTS:**

Income limits can change each October.

\*The average benefit amount for one person in Philadelphia is over \$100

\*For adults 60+, medical expenses over \$35 can be counted and can increase benefits.

\*SNAP benefits can be used to buy food-bearing plants and seeds, as well as food items.

\*Benefits can be used at dozens of farmers' markets.

\*Receiving SNAP does not take benefits away from someone else; everyone who is eligible can participate by applying.



Sep 2016

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