

INCLUSION

Inclusion within the Rockford Park District means individuals with disabilities are welcome to participate in all the same recreation programs and activities as their peers. Reasonable accommodations are provided to enable an individual's successful participation in a program.



Available services:

- Consultation on activity modification
- Disability awareness training
- Positive behavior modification support
- Observation and evaluation
- Visual systems and sensory equipment/toys
- Sign language interpreters
- Adapted equipment (sleds, skate walkers, Handcycles, sport wheelchairs)
- Varying levels of staff support



check us out on facebook!

Therapeutic Recreation—Rockford Park District

CONTACT US

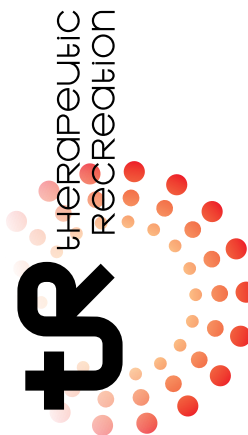
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BOARD OF COMMISSIONERS

Jack L. Armstrong • Douglas J. Brooks • Chuck Brown, Ph.D.
Nate Martin • Tyler Smith

EXECUTIVE DIRECTOR Tim Dimke



tr THERAPEUTIC
RECREATION

Your partners in exploring and experiencing life to its fullest



servicing area
YOUTH, TEENS and
ADULTS WITH DISABILITIES



**ROCKFORD
PARK DISTRICT**

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ABOUT US

The Therapeutic Recreation team of the Rockford Park District is committed to providing community based recreation to promote development, maintenance, and expression of a meaningful leisure lifestyle to individuals with disabilities. We deliver our services promoting and/or providing access, specialty programs, leisure education, skill development, and inclusive opportunities.

Endless benefits of participation:

- Exposure to new recreational and cultural opportunities
- Education and practice of lifelong leisure skills
- Build confidence and self esteem
- Foster independence
- Enhance communication skills
- Develop fundamental play skills
- Expand support network
- Provide emotional and social support
- A fun and safe environment to enhance overall quality of life

INDIVIDUALIZED EDUCATION PLAN (IEP) MEETINGS

Therapeutic Recreation services can be listed as a related service on your child's I.E.P. or student planning meeting. Please invite us to be a part of this process.

SPECIALTY PROGRAMS

The Therapeutic Recreation department of the Rockford Park District offers specialty programs geared for youth, teens, and adults with disability related needs. Programs are offered in a safe, fun, and recreational environment so the focus can remain on the necessary leisure and recreational skills for individuals to enjoy life to the fullest.



We offer:

- Summer Camps
- After School Programs
- Sport Skill Development
- Social Clubs
- Field Trips and Events
- Cultural Arts
- Inclusive Opportunities
- Leisure Education
- Life Skills



PARALYMPIC/ADAPTED SPORTS

Rockford Park District is an official Paralympic Sport Club. Beginner to advance athletes with physical disabilities and visual impairments are invited to participate in the paralympic/adapted sports program at the Rockford Park District. Programs are geared toward introducing players to the wonderful world of sports. Athletes can choose to participate at the level where they are comfortable ... recreational or competitive.



Eligible players include individuals of all ages who ...

- Have mobility needs (may or may not use a wheelchair on a daily basis)
- Are visually impaired
- Have an amputation
- Have a neurological/muscular impairment, such as cerebral palsy, spinal cord injury, spina bifida and others, including those with orthopedic impairments, permanent knee injuries, and leg length discrepancies.

RPD Paralympic/Adapted Sports programs include:

- Sled Hockey
- Wheelchair Basketball
- Cycling
- Track & Field
- Swimming
- Softball
- Tennis
- Golf
- Archery
- Power Soccer
- Boccia
- and more