

Suggested ways to use the www.cap4kids.org resources

Download the parent handouts and have a centralized area for providers to access the handouts with ease.!

Suggestions on using each handout:

<u>Handout</u>	<u>Suggested use</u>
After School Programs	<ul style="list-style-type: none">- Give to all overweight & obese children and their families to identify after school programs that promote exercise- Give to families who have adolescents at home alone before the parent returns from work- Give to all families in the Spring that are looking for activities for their children for the summer- Give to single parent families for mentoring programs/ role models
Child Abuse	<ul style="list-style-type: none">- Give to the caregivers of victims
Child Care	<ul style="list-style-type: none">- Give to any family that is considering child care- Give to parents who need respite child care- Give to families with affected/effectuated by HIV- Give to families eligible for Head Start
Domestic Violence	<ul style="list-style-type: none">- Give to either screened or suspected victims of domestic violence
Early Intervention	<ul style="list-style-type: none">- Give to parents of children less than 5 years old with developmental delays
Education	<ul style="list-style-type: none">- Give to families considering head start, are teen mothers, whose child has extreme school behavioral problems, ESL students, students needing their GED, Out of School Youth, high achieving students, or whose child is being bullied
Employment	<ul style="list-style-type: none">- Offer to families who are “out of work” and are looking for a job or are looking to improve job readiness skills.. Give to seniors in High School looking to give back to their community. Give to older teens with SHCN transitioning to adulthood.
Nutrition	<ul style="list-style-type: none">- Give to parents unfamiliar with the WIC program, who don't have enough money to pay for food for their families- Give to all breast feeding mothers

- Give to all families with obese children (weight management programs)

Health Insurance

- Give to anyone who is “self pay” or who doesn’t have insurance for their child
- Give to families that need low cost medications

Immigration/Refugee

- Give to all immigrants to the United States
- Give to any primary Spanish speaking families

Housing

- Offer to any family looking for a new home or to families who are having unusual disputes with their landlord
- Give to families possibly eligible for LIHEAP and other energy assistance programs.

Legal Services

- Offer to families who have disputes with the Education of their child
- Give to families who need legal help, but cannot afford it
- Give to families that are being discriminated against based on gender or disability

Literacy

- Give to families that have problems with reading or would like ways to improve their literacy skills

Mental Health

- Give to families who have children or adults with mental health needs or suicidal ideation
- Give to families whose child has been identified as having autistic spectrum disorder

Parenting Resources

- Give to any family who feels “overwhelmed”
- Give to families in need of Parenting classes
- Give to parents whose children have severe asthma; have sickle cell disease; or have a parent who is incarcerated
- Give to relatives who are raising children that aren’t their own
- Give to children who are grieving the loss of a loved one
- Can give to parents who are looking for a pediatric dentist in their community

Pregnancy Resources

- Give to all young pregnant or parenting mothers

- Give to mothers who have Post Partum Depression
- Give to breast feeding mothers

Safety

- Give to every parent
- Give to families whose children are affected by second hand smoking

Shelters

- Give to any family who are or may become homeless
- Give to any runaway youth

Special Needs

- Give to all families with special needs children
- Give to families who need medical transportation
- Give to families who are transitioning their special needs child into a new environment

Teen Resources

- Give to all teenagers
- Give to Out of School Youth
- Give to high achieving teens and teens looking for college resources
- Give to gay, lesbian or transgender youths

Also, on the site are definitions and laws that affect children in Philadelphia. As a health care provider, one **MUST** be familiar with this terminology.

There are also links to various national child advocacy organizations, many of which have free mailing lists.

Included in the site are also sample letters to request multidisciplinary testing in the schools for children who may have a learning disorder, mental retardation, etc. Can print these out for parents and they just have to fill in their child's name and school info.

PLEASE, PLEASE, PLEASE email feedback to help build this vital community resource

