



## **IF YOU ARE WORRIED ABOUT:**

1. Your child's development, speech or behavior
2. Your child's performance in school
3. Your child "cutting" school, dropping out, or not having alternatives to traditional high schools
4. Your child not having After School Programs or Summer Camp opportunities
5. Your child not having a male mentor
6. Your child (14 years and up) not having summer job opportunities or volunteer opportunities
7. Your family not having enough to eat or running out of food at the end of the month
8. Finding healthy food in your neighborhood (Farmer's Markets)
9. Finding Health Insurance for you or you child
10. Finding safe housing or finding out about programs to become a homeowner
11. Finding Immigration or Refugee services (Immigracion or Servicios a Refugiados)
12. Free Legal Services
13. Literacy resources or help with reading or English as a Second Language
14. Mental Health resources for your child or yourself (including Drug and Alcohol resources)
15. Needing Parenting Classes or resources for Grieving Children
16. Finding Dental Resources in your neighborhood
17. Finding information about smoking cessation in your neighborhood
18. Finding information on Teen Parenting resources
19. Learning about Breast Feeding and local resources
20. Finding out where to find resources for your teenager including: youth violence resources; scholarship information for high schools and colleges; free condoms and STD testing in your neighborhood.

**\*\*\*\*\*ASK YOUR DOCTOR. WE CAN HELP YOU FIND THESE RESOURCES RIGHT IN**



**YOUR NEIGHBORHOOD\*\*\*\*\***