

## 22 CALORIE PER OUNCE RECIPE INSTRUCTIONS:

*Similac Advance with Iron, Enfamil Lipil with Iron, Carnation Good Start, Carnation Follow Up, Carnation Follow Up Soy, Pregestimil, Nutramigin, Alimentum powder, Prosobee Lipil, Enfamil GentleEase, Isomil Advance, Alsoy, Next Step Soy and Next Step milk-based, Similac 2, Isomil 2, Also works with off supermarket brands such as Parent's choice, Albertson's brand etc.*

### USING POWDERED FORMULA:

- 2 ½ scoops powder
- 4 ½ ounces water

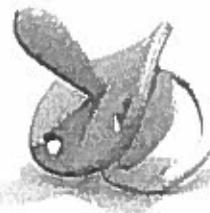
This yields a ~5 ounce bottle.

Make sure water is measured *first* and powder is **ADDED** to water, not the formula in bottle and then water brought up to ounces mark.

### USING LIQUID CONCENTRATE:

- 13 ounce can liquid concentrate
- 10 ½ ounces Water

This yields about 24 ounces of formula.





## 24 CALORIE PER OUNCE RECIPE INSTRUCTIONS:

*Similac Advance with Iron, Enfamil Lipil with Iron, Carnation Good Start, Carnation Follow Up, Carnation Follow Up Soy, Pregestimil, Nutramigin, Alimentum powder, Prosohee Lipil, Enfamil GentleEase, Isomil Advance, Alsoy, Next Step Soy and Next Step milk-based, Similac 2, Isomil 2, Also works with off supermarket brands such as Parent's choice, Albertson's brand etc.*

### USING POWDERED FORMULA:

- 3 scoops formula powder
- 5 ounces of water

This yields a ~6 ounce bottle.

Make sure water is measured *first* and powder is **ADDED** to water, not the formula in bottle and then water brought up to 5 ounces mark.

### USING LIQUID CONCENTRATE:

- 13 ounce can liquid concentrate
- 8 ounces Water

This yields 21 ounces of formula.

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## 24 CALORIE PER OUNCE RECIPE INSTRUCTIONS:

*Using Similac Neosure, Enfacare or other premature powdered formulas which are 22 calories per ounce at standard concentration:*

- 4 scoops powder
- 7 ounces water

This yields an 8 ounce bottle.





## 27 CALORIE PER OUNCE RECIPE INSTRUCTIONS

*Similac Advance with Iron, Enfamil Lipil with Iron, Carnation Good Start, Carnation Follow Up, Carnation Follow Up Soy, Pregestimil, Nutramigin, Alimentum powder, Prosobee Lipil, Enfamil GentleEase, Isomil Advance, Alsoy, Next Step Soy and Next Step milk-based, Similac 2, Isomil 2, Also works with off supermarket brands such as Parent's choice, Albertson's brand etc.*

### USING POWDERED FORMULA:

- 4 scoops powder
- 6 and ½ ounces water

This yields a 7 ½ ounce bottle.

Make sure water is measured *first* and powder is **ADDED** to water, not the formula in bottle and water brought up to ounces mark.

### USING LIQUID CONCENTRATE:

- 13 ounce can liquid concentrate
- 6 ounces Water

This yields 19 ounces of formula.

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## 27 CALORIE PER OUNCE RECIPE INSTRUCTIONS:

*Using Similac Neosure, Enfacare or other premature powdered formulas which are 22 calories per ounce at standard concentration.*

- 4 ½ scoops Powder
- 7 ounces water

Yields an 8 ounce bottle

