WHERE DO YOU GO FOR HELP?

IF YOU OR YOUR FAMILY IS HAVING PROBLEMS WITH...

- feeling overwhelmed?
- making ends meet?
- having enough food to eat?
- getting family health insurance?
- the safety of you or your child?
- the condition of your housing?
- your child’s development
- your child’s school performance?
- you or your child’s reading skills?
- your child not having after school or summer activities?

YOU ARE NOT ALONE. THERE ARE COMMUNITY RESOURCES THAT CAN HELP!!

Go to www.cap4kids.org/york

MOUNT SINAI MEDICAL CENTER